



# Concentrato e gel piastrinico: Indicazioni in ortopedia

D. Dallari

Chirurgia Ortopedica conservativa e Tecniche Innovative  
Istituto Ortopedico Rizzoli  
Bologna



SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Istituti Ortopedici Rizzoli di Bologna  
Istituto di ricovero e cura a carattere scientifico



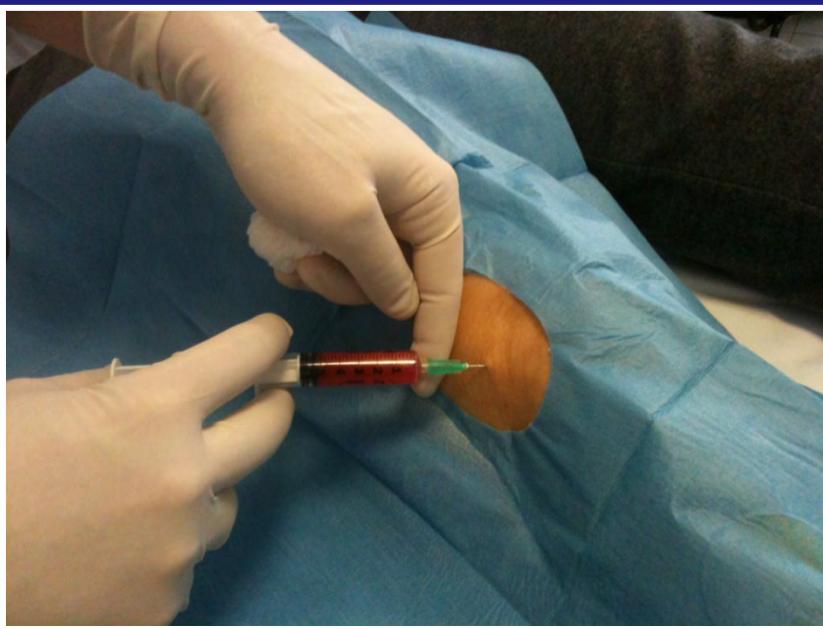
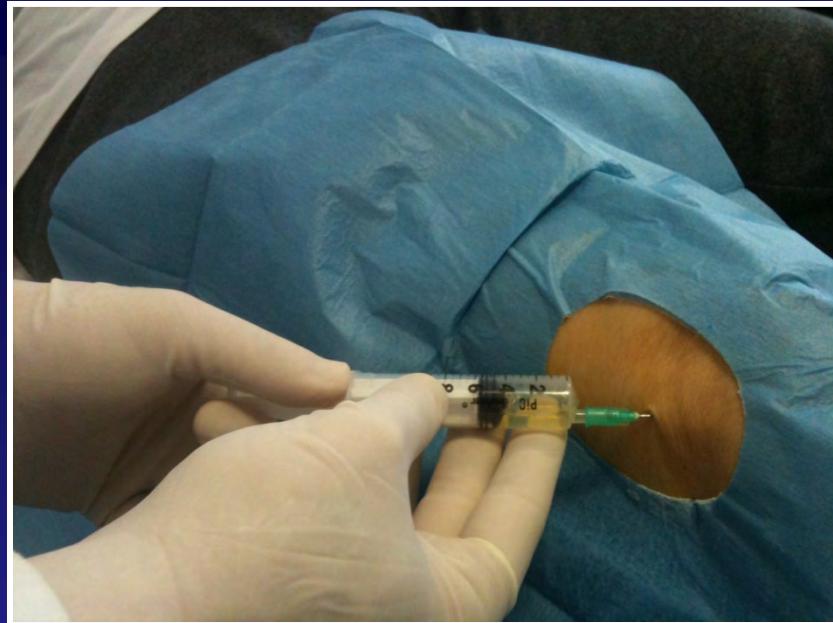
*Santi Michele e Biagio*  
Avvia Mazzini 10 - I.R.C.S.

# Applicazioni Cliniche

- Infiltrazioni intra-articolari per il trattamento delle condropatie e delle artrosi di II grado (anca, ginocchio e caviglia)
- Trattamento delle pseudoartrosi e ritardi di consolidazione, sia in modalità “open” sia come infiltrazione ecoguidata
- Lesioni Osteocondrali
- Osteonecrosi
- Tendinopatie, acute e croniche
- Lesioni tendinee

# TERAPIA INFILTRATIVA INTRA-ARTICOLARE GINOCCHIO

- Dal 2009 trattiamo i pazienti afferenti al protocollo infiltrativo mediante 5 infiltrazioni, le prime 3 a distanza settimanale, le ultime 2 a distanza mensile
- Attualmente trattati oltre 200 pazienti
- Valutazione clinica: Womac score, Vas score, Knee Society score prima del trattamento e dopo, a distanza di 2, 6 e 12 mesi dall'ultima infiltrazione
- Miglioramento clinico soggettivo in oltre l' 85% dei pazienti e obiettivo superiore al 78%



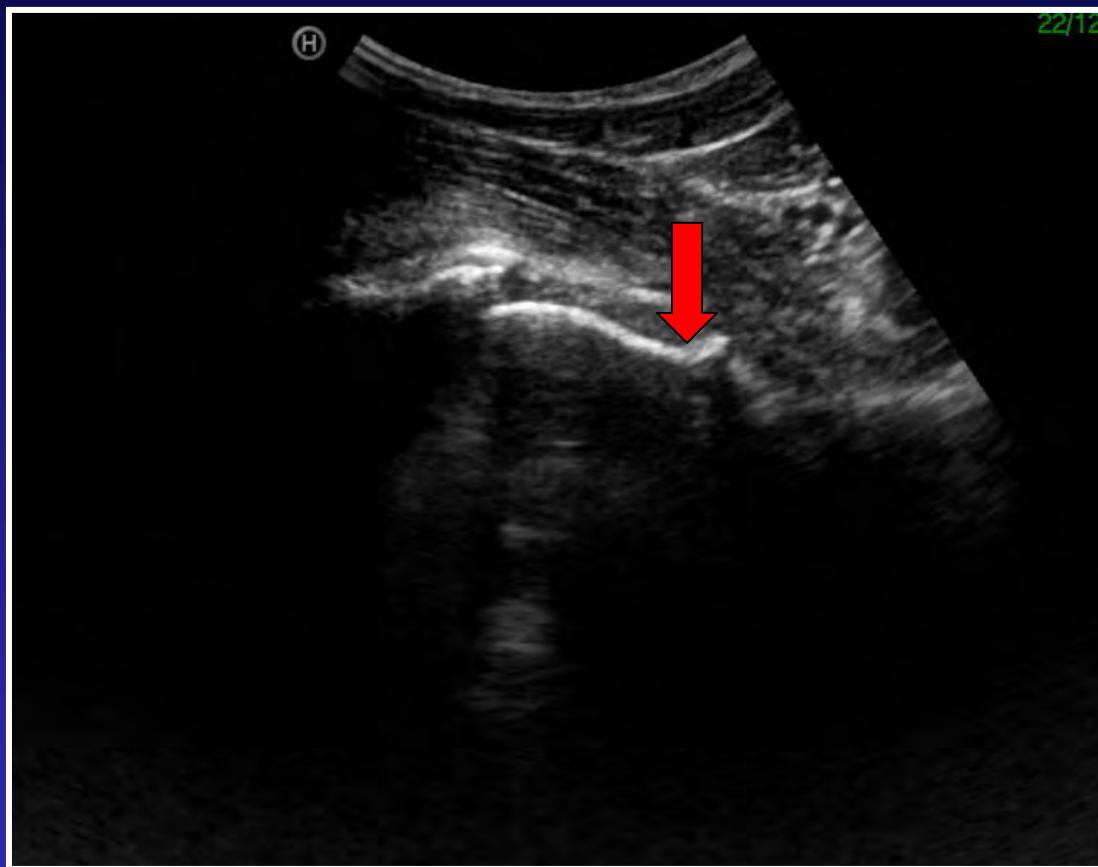
Prelievo del gel piastrinico  
dalla sacca dell'aliquote  
scongelata, esecuzione  
dell'artrocentesi e  
infiltrazione

# TERAPIA INFILTRATIVA INTRA-ARTICOLARE

## ANCA

- Dal 2010 trattiamo i pazienti afferenti a tale protocollo mediante 3 infiltrazioni a distanza settimanale eseguite sotto controllo ecografico;
- Attualmente trattati oltre 100 pazienti
- Valutazione clinica: Womac score, Vas Score ed Harris Hip Score prima del trattamento e dopo il trattamento, a 2, 6 e 12 mesi dall'ultima infiltrazione
- Miglioramento clinico soggettivo in oltre l' 88% dei pazienti e obiettivo superiore al 86%

# Infiltrazione ecoguidata all'anca



# TRATTAMENTO DELLE TENDINOPATIE

Gli studi in vitro hanno dimostrato che il PRP può aumentare la proliferazione delle cellule umane stromali e mesenchimali.

*Lucarelli E, Beccheroni A, Donati D, et al. Platelet-derived growth factors enhance proliferation of human stromal stem cells. Biomaterials 2003;24(18): 3095–100.*

il PRP inibisce la proliferazione macrofagica e la produzione dell' IL-1 entro le 72 ore dall'infiltrazione. Questa differente azione sulle cellule ha un importante ruolo nel meccanismo di guarigione di tendini e muscoli.

*Kawamura S, Ying L, Kim HJ, et al. Macrophages accumulate in the early phase of tendon-bone healing. J Orthop Res 2005;23(6):1425–32*

Atleti con lesione del tendine di Achille guarissero in meno tempo una volta sottoposti a tenoraffia se anche sottoposti a trattamento con gel piastrinico.

Anitua E, Sanchez M, Nurden AT, et al. Reciprocal actions of platelet-secreted TGF-beta1 on the production of VEGF and HGF by human tendon cells. Plast Reconstr Surg 2007;119:950–9



Trattamento infiltrativo per  
tendinosi cronica del gomito.



Trattamento infiltrativo per  
tendinopatia cronica del  
tendine di Achille.

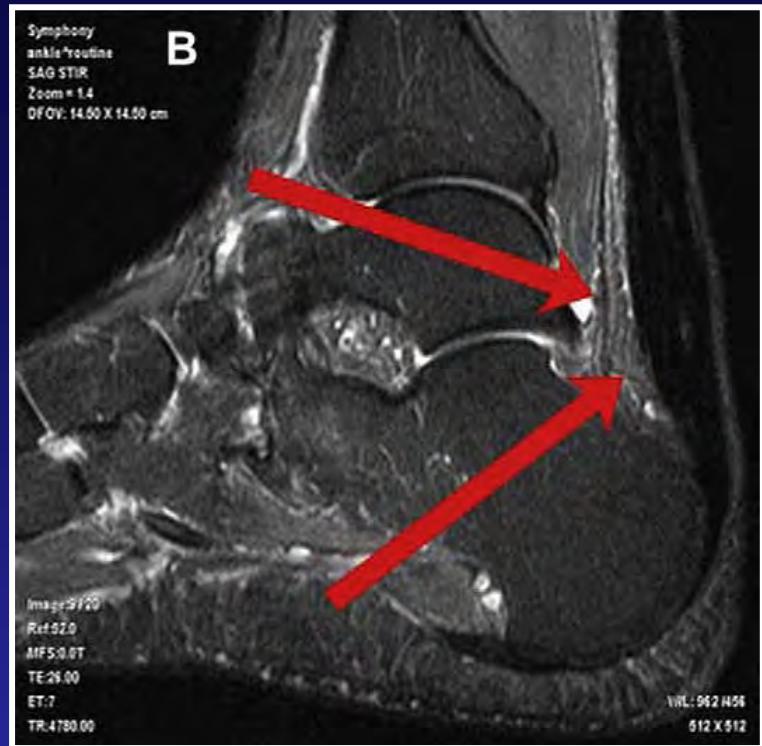
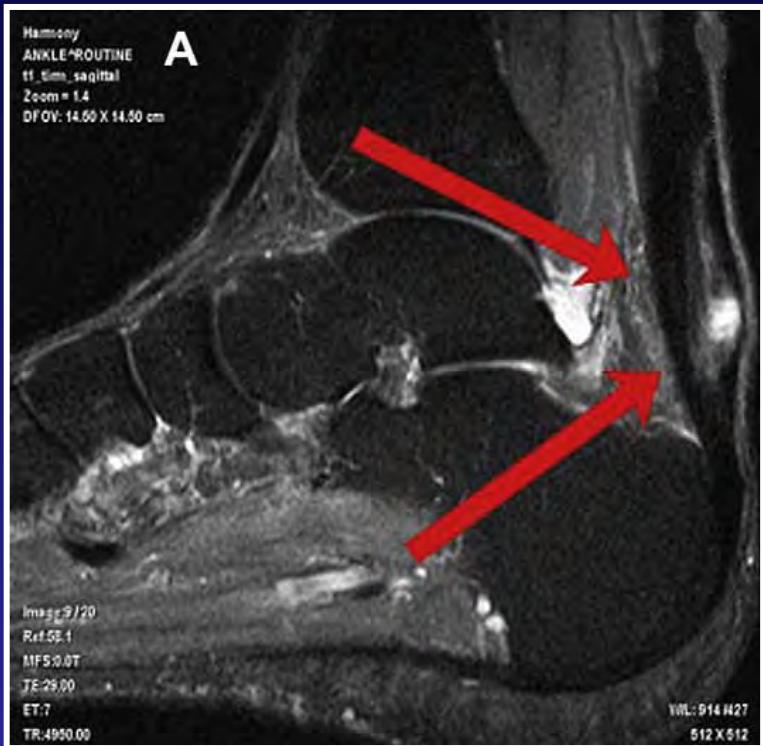


Immagine RM del tendine di Achille prima e dopo il trattamento con PRP:

Nella prima immagine si apprezza una lesione parziale del tendine, nella seconda, a 4 mesi dal trattamento, si apprezza la guarigione pressochè completa.

Opening of  
Rizzoli Orthopedic Institute  
28th June 1896

# **APPLICAZIONI CLINICHE**



# Platelet gel

*Peripheral blood*



*Growth factors*

*PDGF, TGF- $\beta$ , PDGF,  
PDAF, IGF-1*

*Osteo/chondrogenetic and Angiogenetic  
properties*

<i>GF</i>	<i>SOURCE CELL</i>	<i>TARGET</i>	<i>ACTION</i>
PDGF	Platelets, macrophages, monocytes, endothelial cell	Fibroblasts, macrophages, smooth muscle, glial cell	Chemotaxis/mitogenesis in fibroblast/glial/smooth muscle cell; chemotaxis macrophages; regulates collagen synthesis
TGF- $\beta$	Platelets, macrophages, monocytes, T-lymphocytes, neutrophilis	Fibroblasts, marrow stem cells, endothelial cells, epithelial cells, preosteoblasts	Stimulates/inhibits endothelial, fibroblastic, osteoblastic mitogenesis; regulates collagen synthesis andmitogenic effects of other GF; angiogenesis
PDEGF	Platelets, macrophages, monocytes	Fibroblasts, endothelial cells, epithelial cells	Stimulates endothelial chemotaxis, angiogenesis; stimulates mesenchymal mitogenesis
PDAF	Platelets, endothelial cells	Fibroblasts, endothelial cells	Angiogenesis; increases vessel permeability and endothelial cell mitogenesis
IGF-1	Platelets, macrophages, monocytes, osteoblasts	Fibroblasts, osteoblasts, chondrocytes	Stimulates cartilage growth, bone matrix formation and replication of preosteoblasts and osteoblasts; in combination with PDGF enhances wound healing
PF-4	Platelets	Fibroblasts, neutrophilis	Chemotaxis for neutrophils and fibroblasts

# Autologous stromal cells

*Medullary aspirate*



*Osteoprogenitor cells*  
+  
*Growth factors*

*"... selection of an appropriate carrier is crucial...  
... cancellous bone chips or DBM are  
excellent carriers..."*

*Gamradt SC, Clin Orthop 2003*

# Banca dell'Osso



# Banca dell'osso

*corticale*

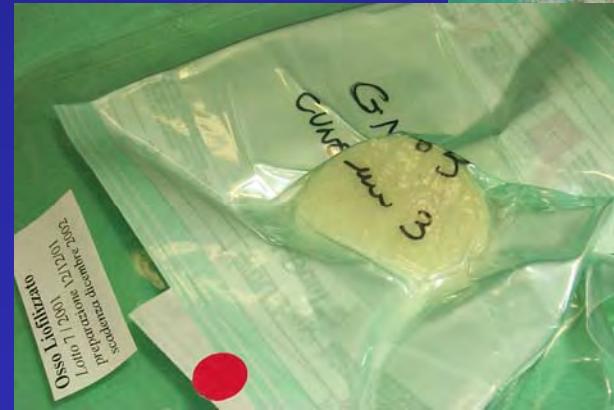
*spongioso*

*osteocondrale*

*morcellizzato*

*liofilizzato*

*DBM*



# **In vivo study on the healing of bone defects treated with bone marrow stromal cells, platelet rich plasma and freeze-dried bone allografts, alone and in combination**

*D.Dallari, M.Fini, C.Stagni, P.Torricelli,  
N.Nicoli Aldini, G.Giavaresi, E.Cenni,  
A.Cenacchi, A.Bassi, R.Giardino,  
PM.Fornasari, A.Giunti*

*J. Orthop. Res. august 2005*

THE JOURNAL OF BONE & JOINT SURGERY



*This is an enhanced PDF from The Journal of Bone and Joint Surgery  
The PDF of the article you requested follows this cover page.*

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## **Enhanced Tibial Osteotomy Healing with Use of Bone Grafts Supplemented with Platelet Gel or Platelet Gel and Bone Marrow Stromal Cells**

D. Dallari, L. Savarino, C. Stagni, E. Cenni, A. Cenacchi, P.M. Fornasari, U. Albisinni, E. Rimondi, N. Baldini and A. Giunti

*J Bone Joint Surg Am.* 2007;89:2413-2420. doi:10.2106/JBJS.F.01026

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# OSTEONECROSIS



SERVIZIO SANITARIO REGIONALE  
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Istituto di Ricovero e Cura a Carattere Scientifico









27/09/2006

Harvest

# Objectives

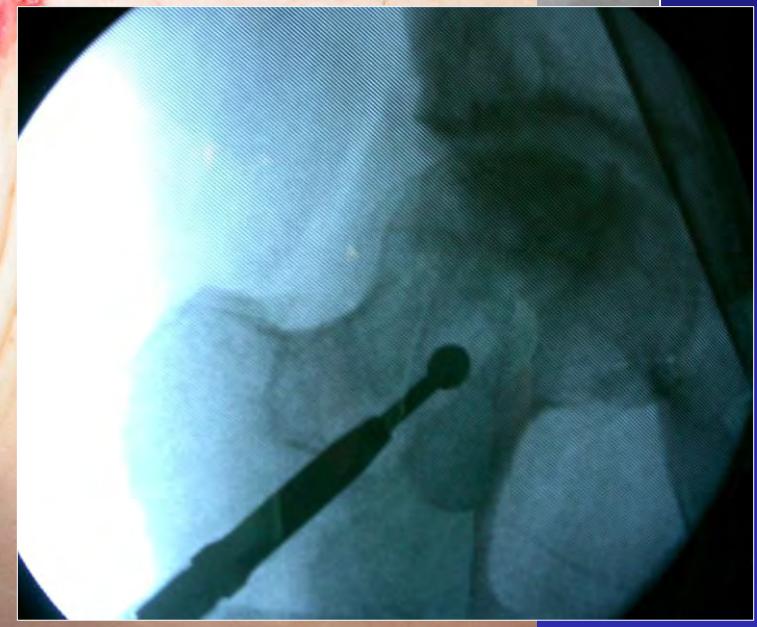
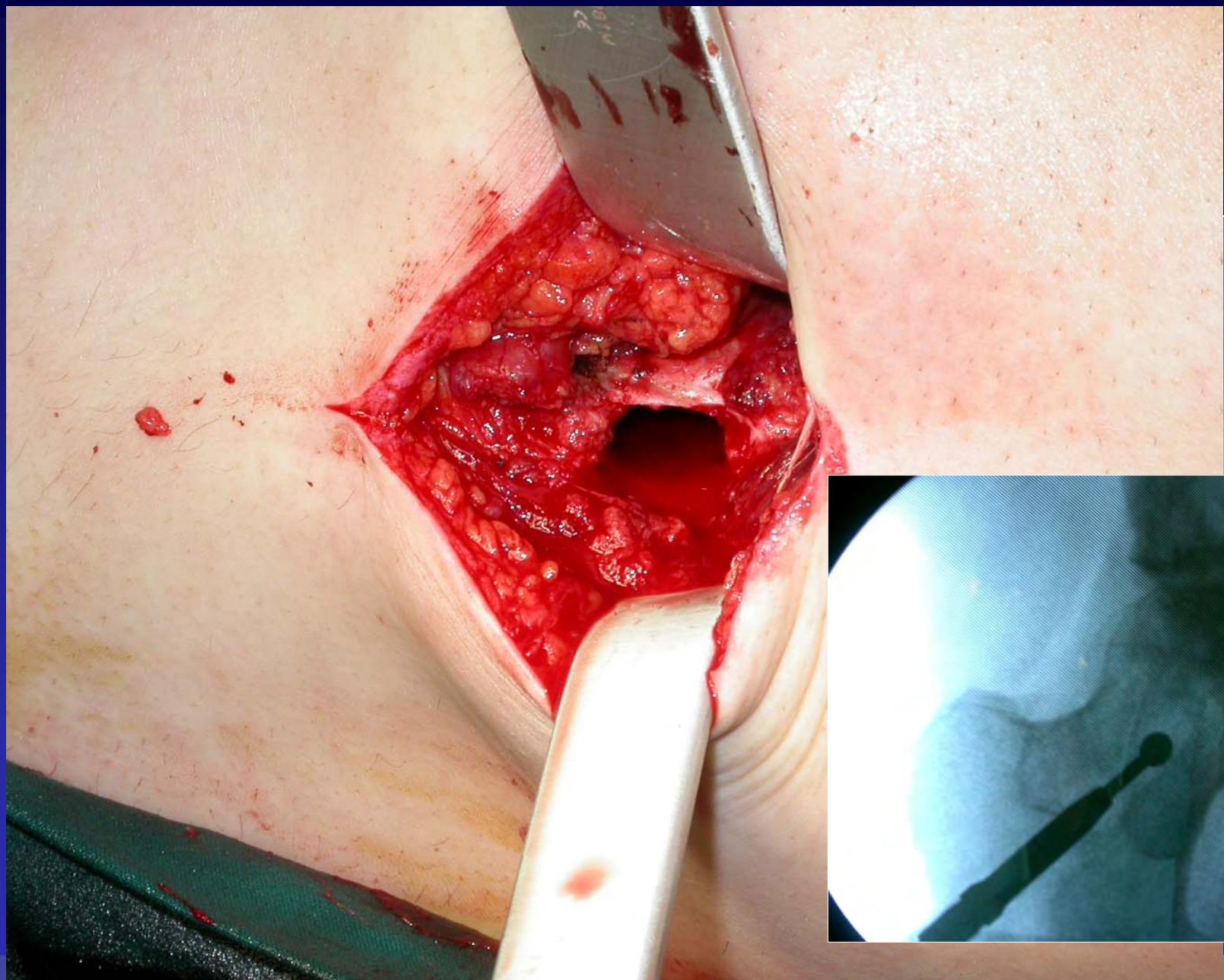
**Stimulate revascularization**

**Stimulate bone regeneration**

**Avoid bone collapse**

# Osteonecrosis

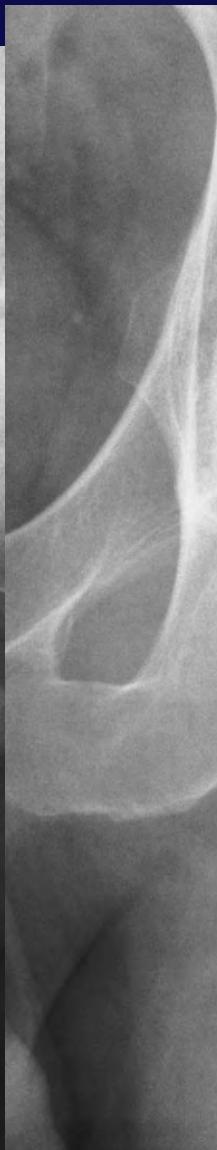
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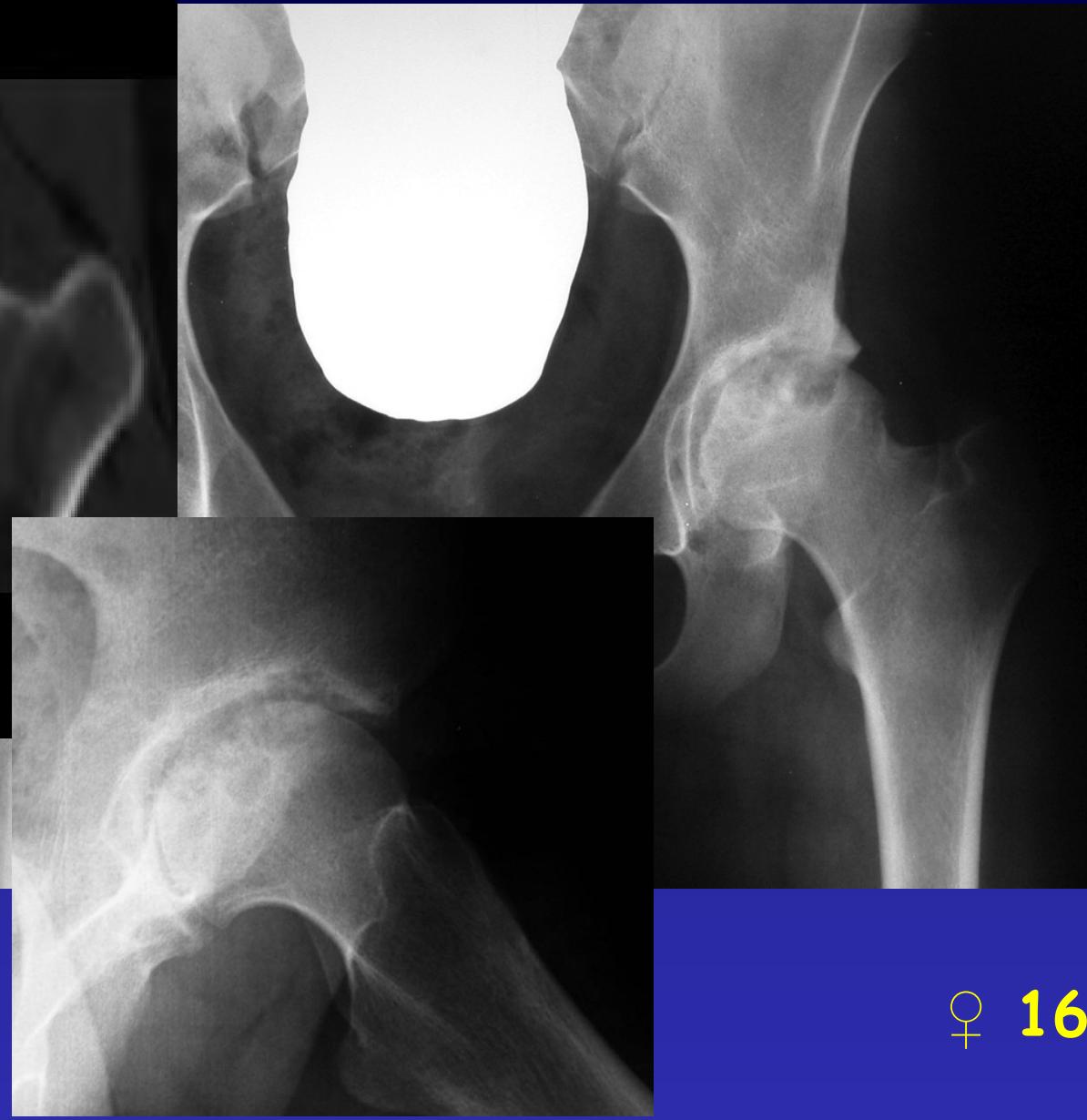




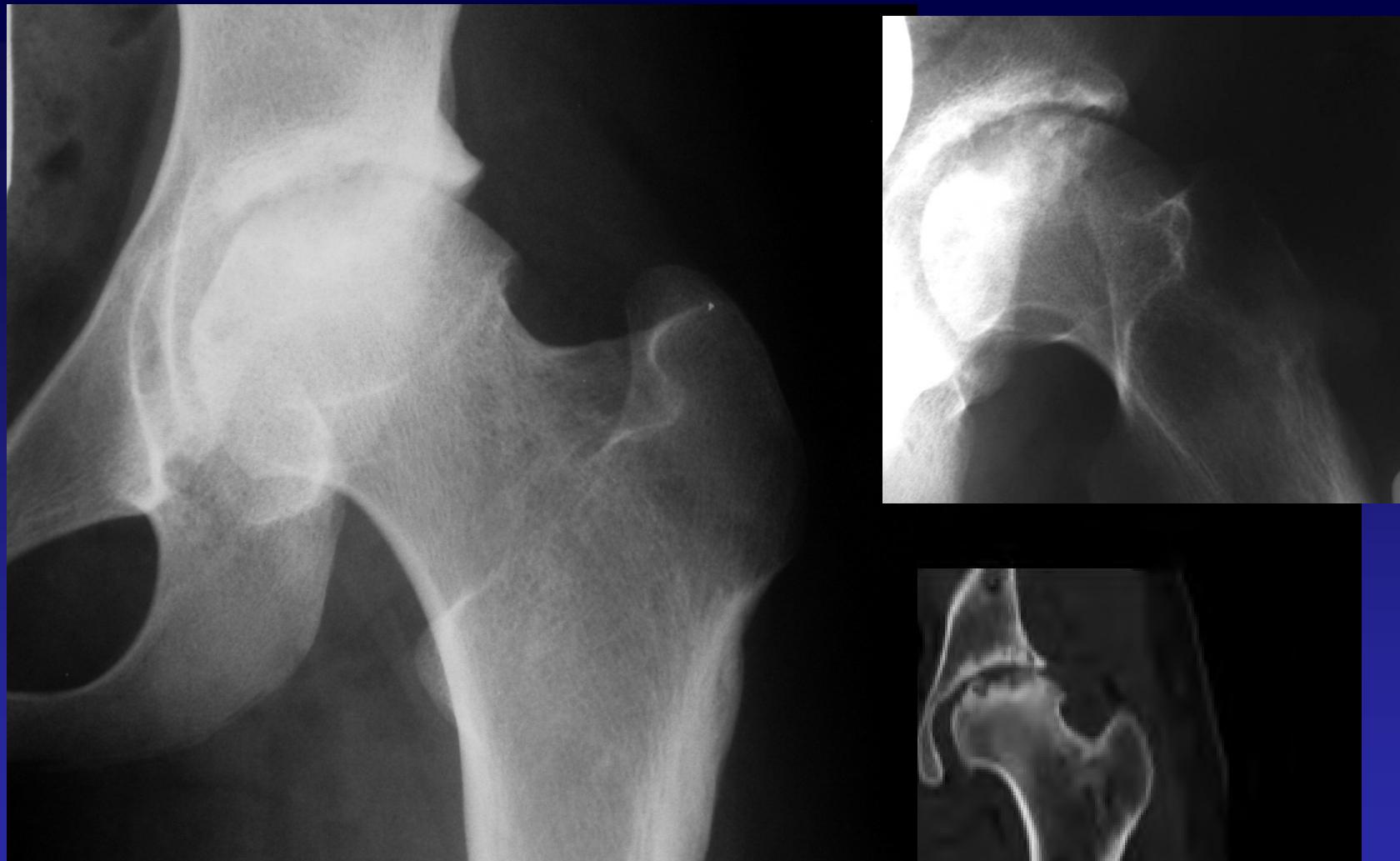
F.U. 1 y







♀ 16 y



10

F.U. 36 mesi

- 51 patients (54 hips)
- Sex: 36 M e 15 F
- Age: 39 (16-61) years
- Mean Follow-up 42 months (24-73)

- Etiology:

14 cases Post-Traumatic ON

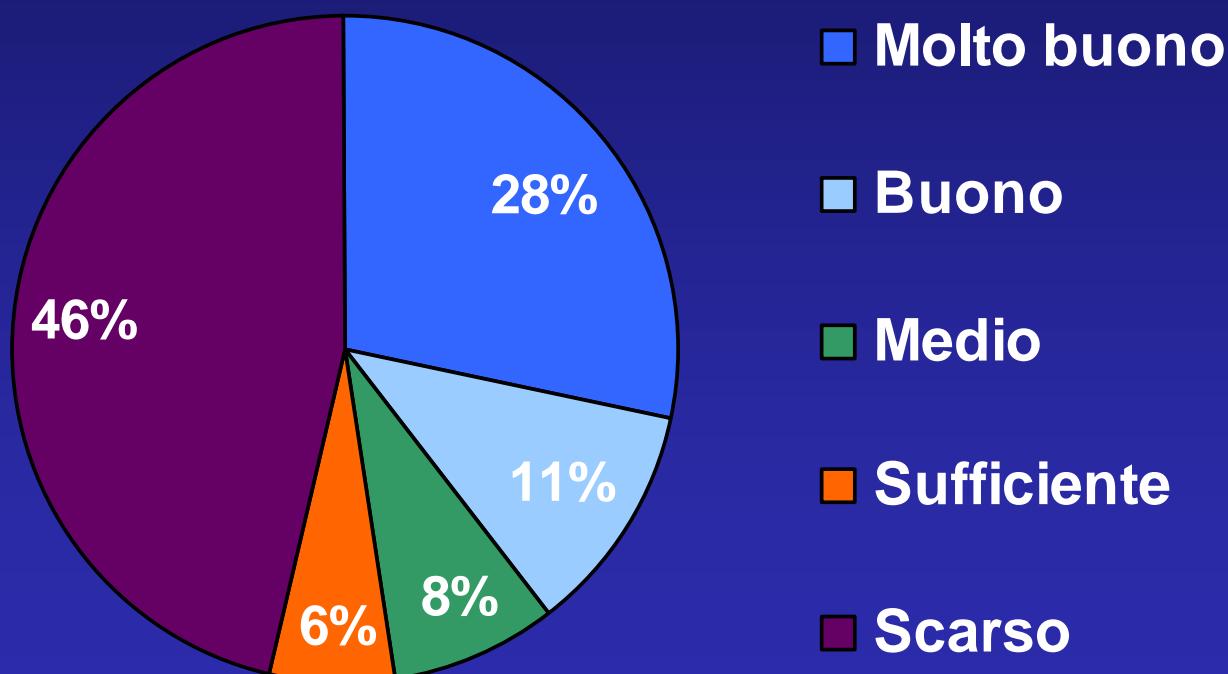
- 10 femoral neck medial fractures
- 4 hip dislocation

37 cases Non-Traumatic ON

- 20 idiopathic
- 14 post steroid therapy
- 3 epiphysiodesis in Slipped Head

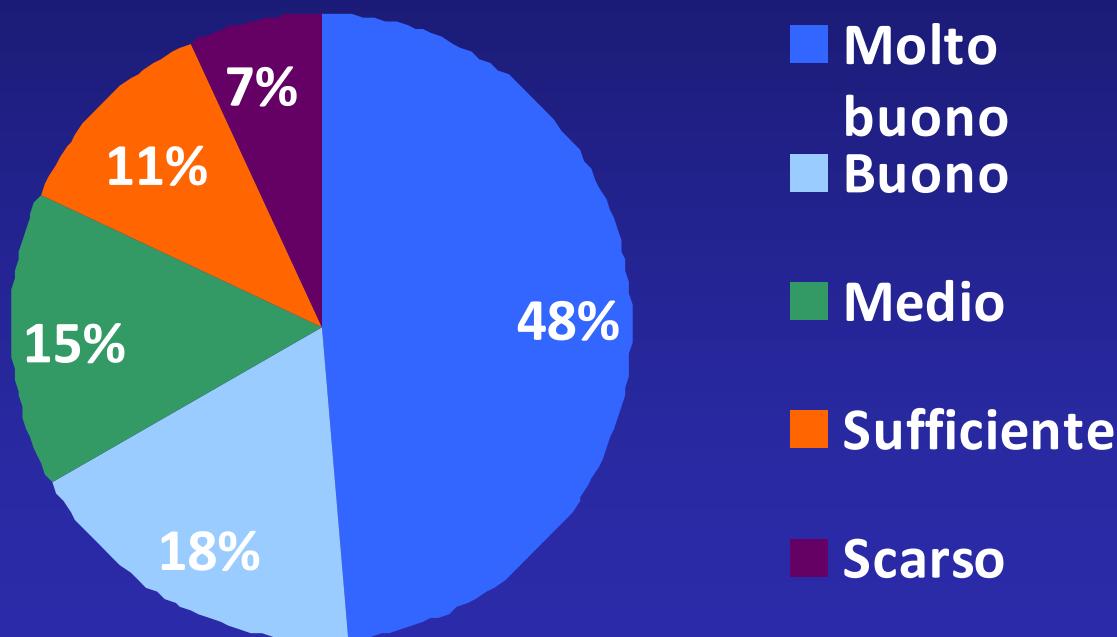
# Clinical Results

Total patients



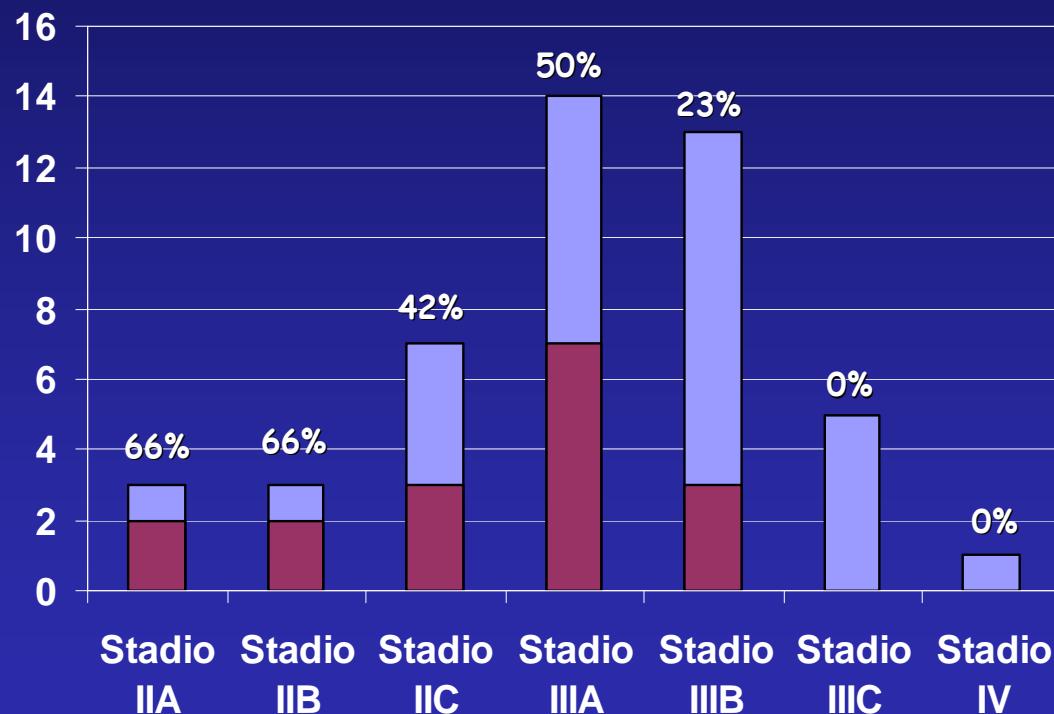
# Clinical Results

Not-prosthesis patients



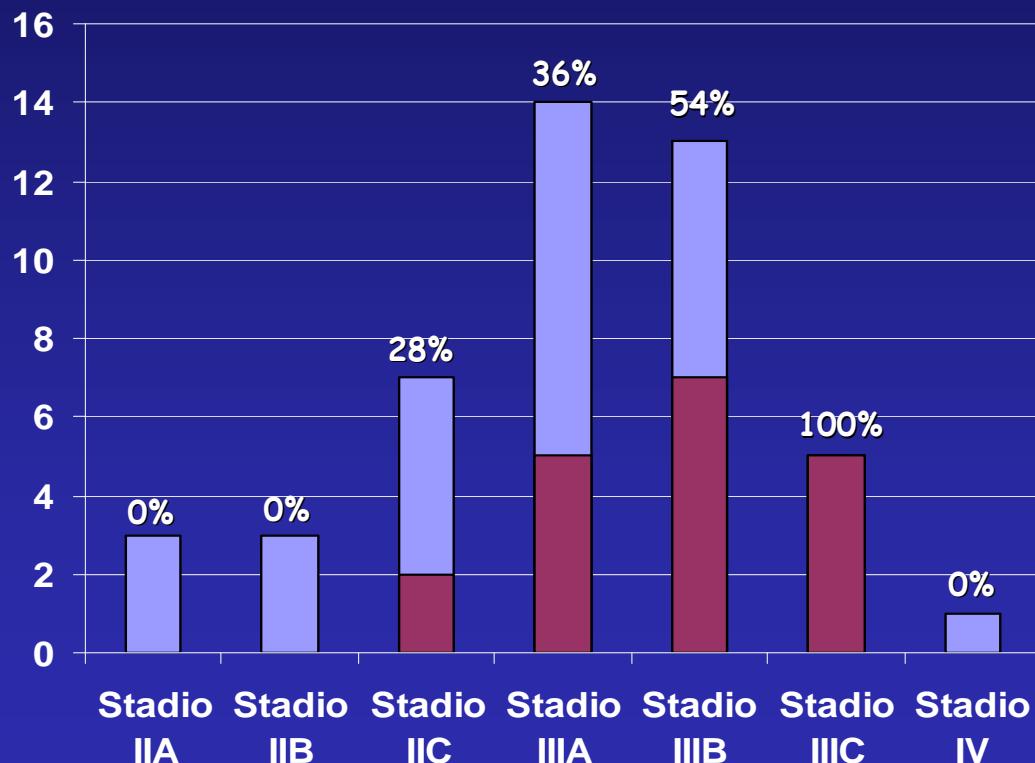
# Clinical Results

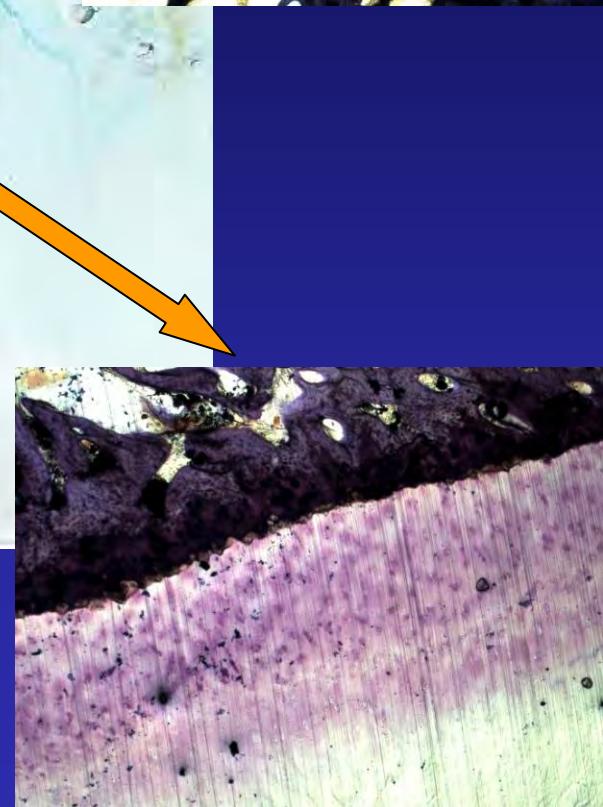
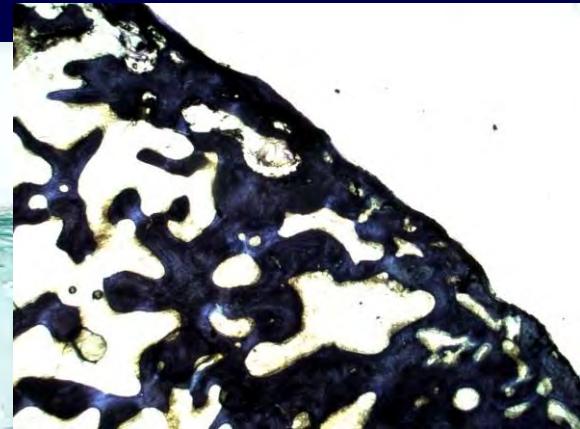
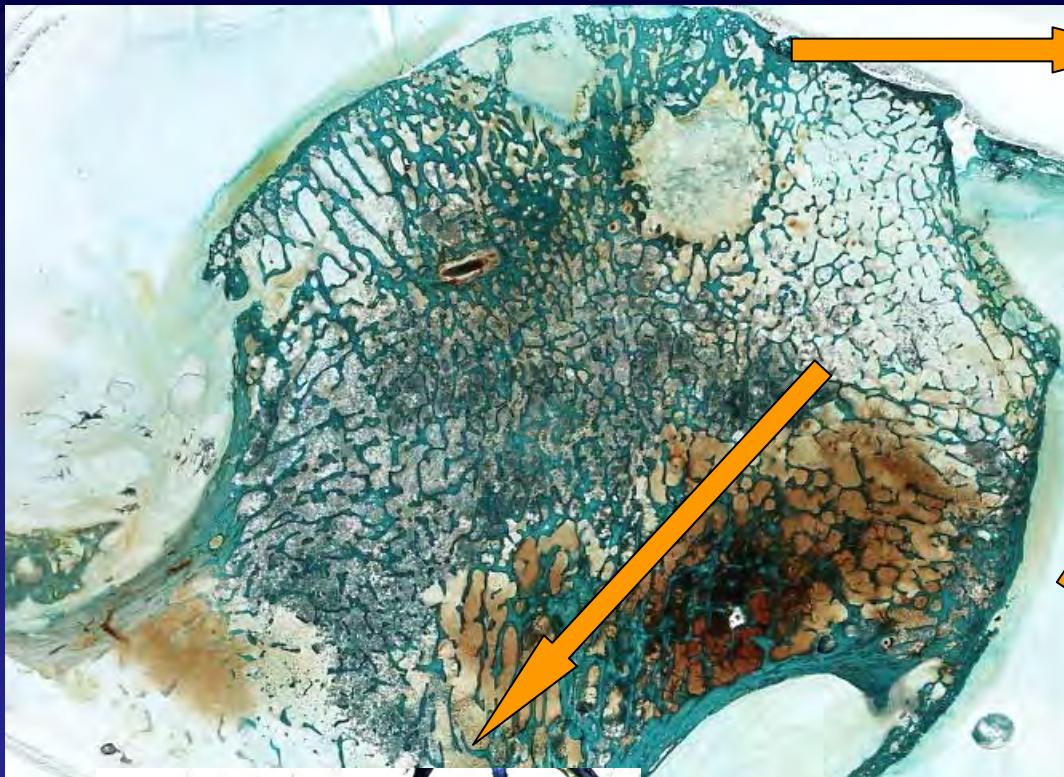
## Total Patients



# Clinical Results

19 failures (prosthesis)  
(mean 26 months)





# Osteonecrosis

## Advanced Stage

**Grade 3b-4 (ARCO)**

**ARTHOPLASTY**



**CONSERVATIVE SURGERY**



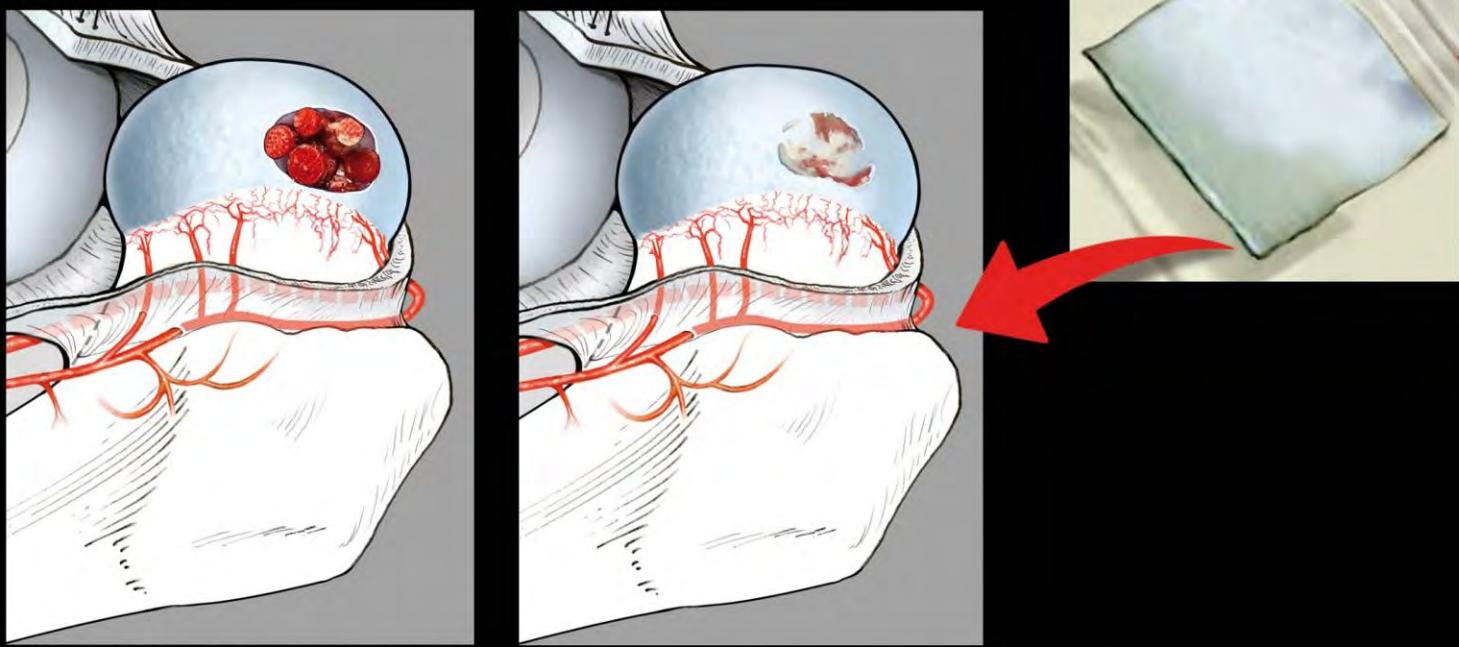
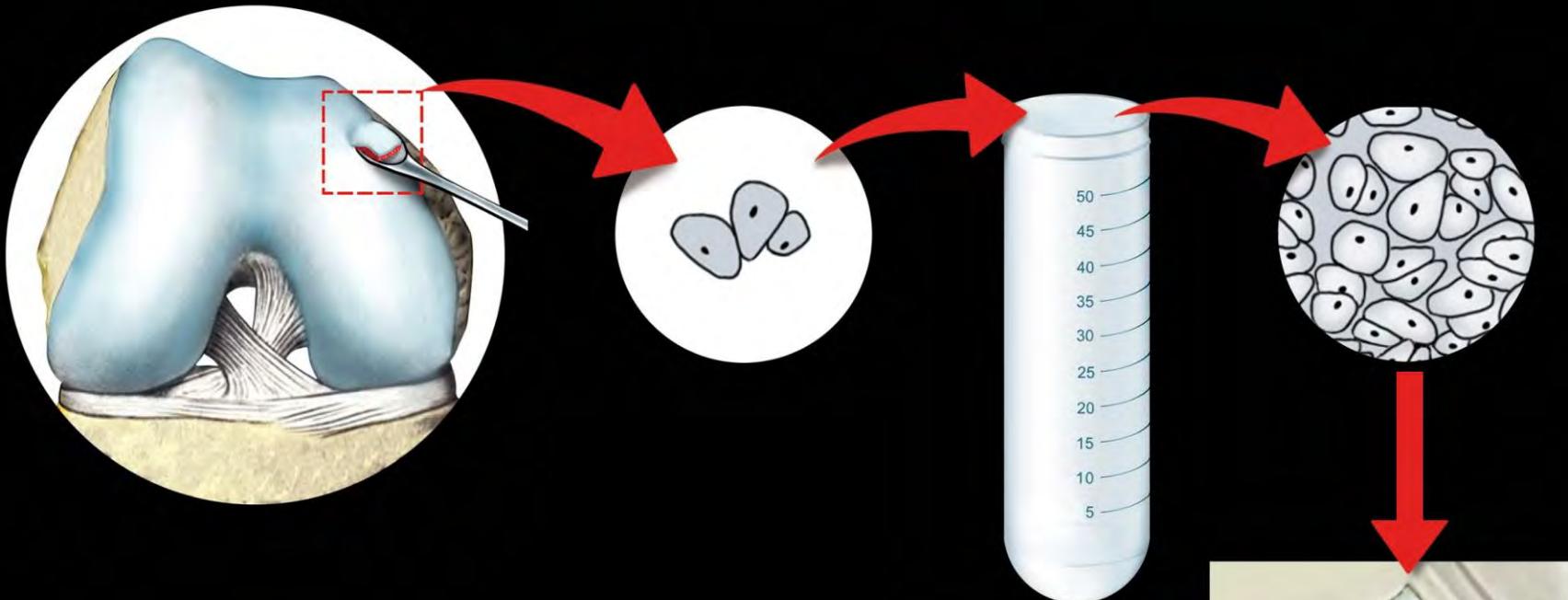
**?**

# Objectives

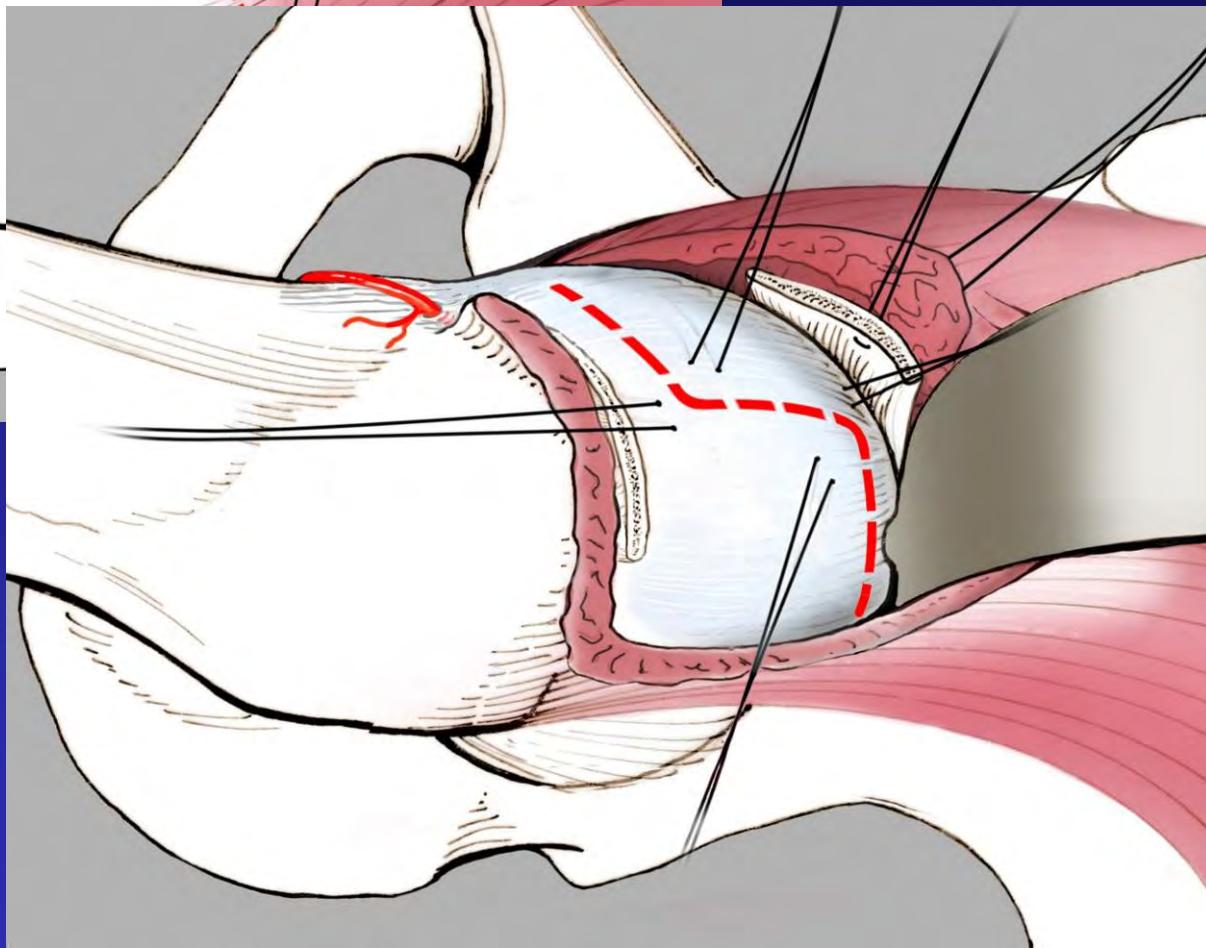
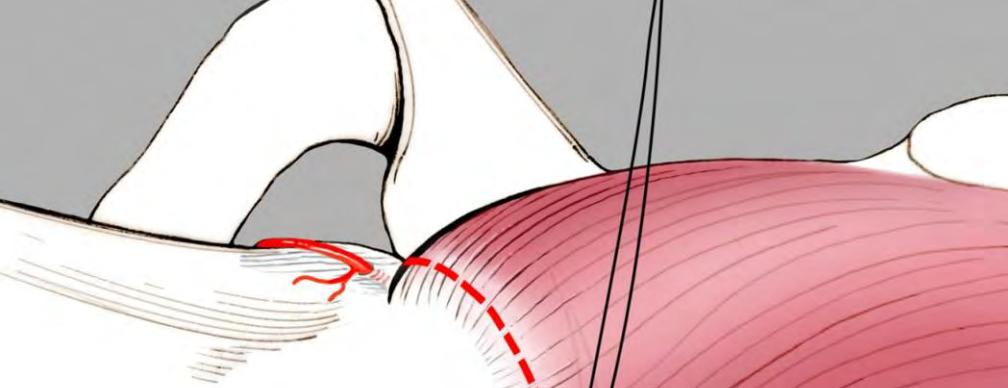
Stimulate revascularization

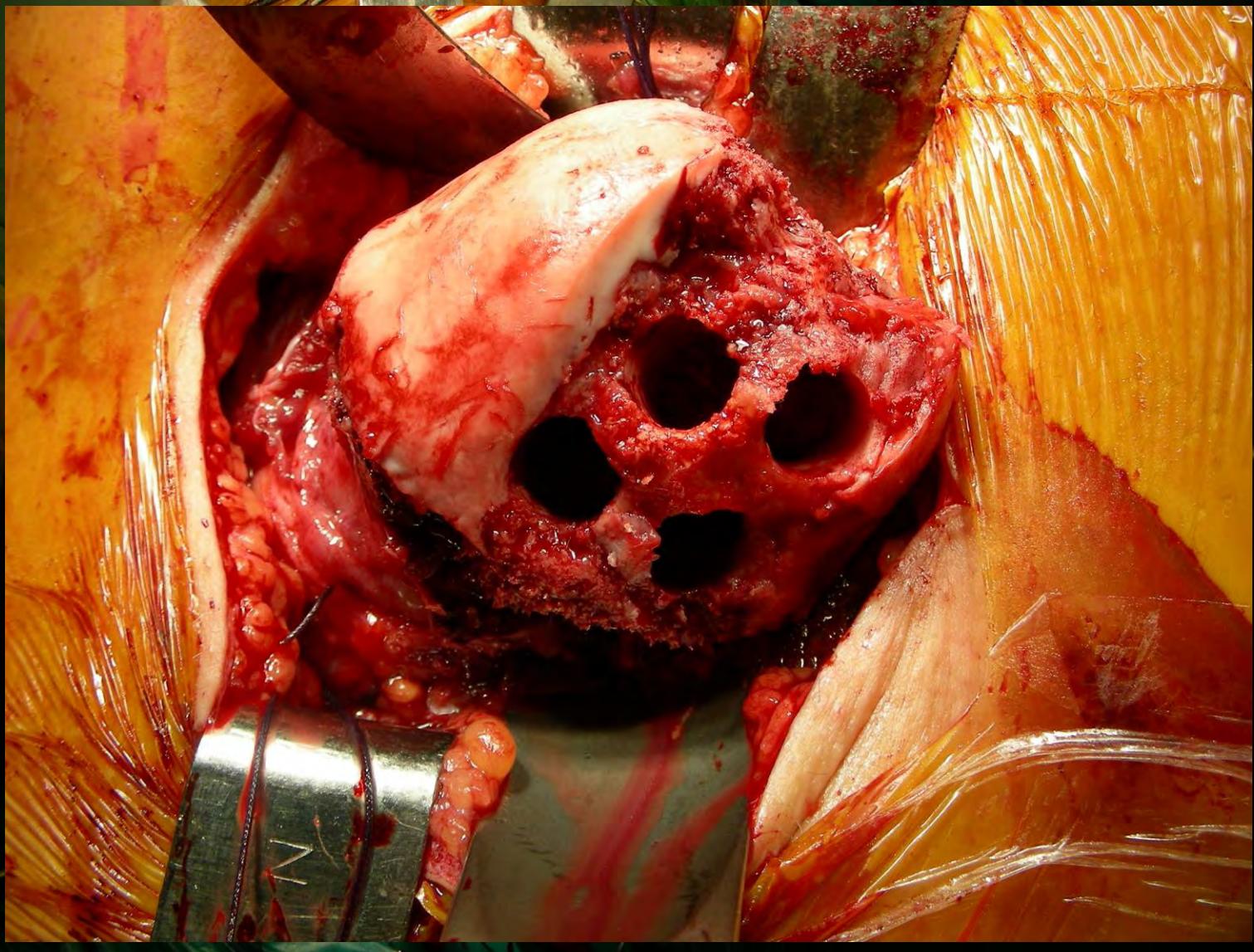
Stimulate bone regeneration

Avoid bone collapse

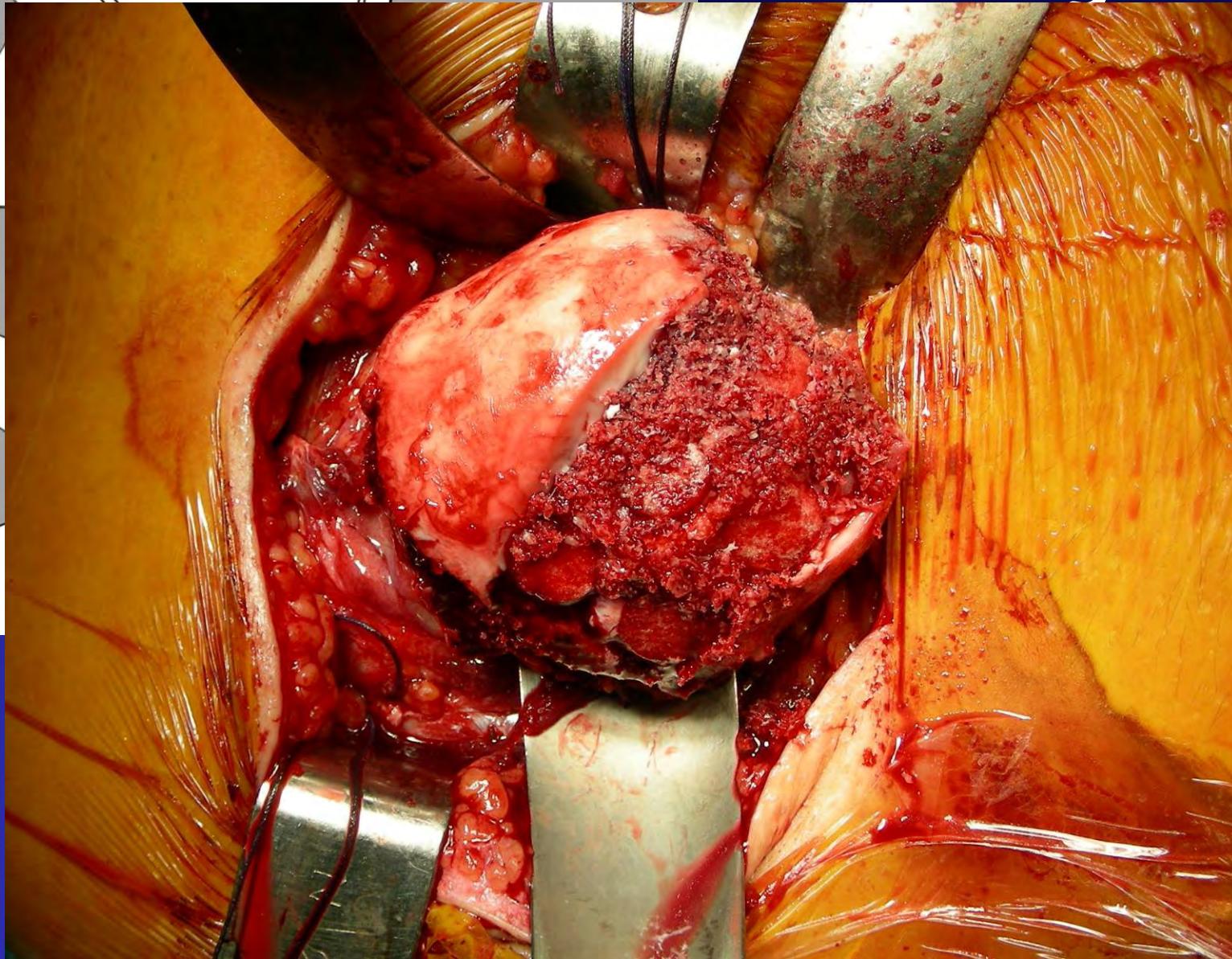


# Surgical Technique

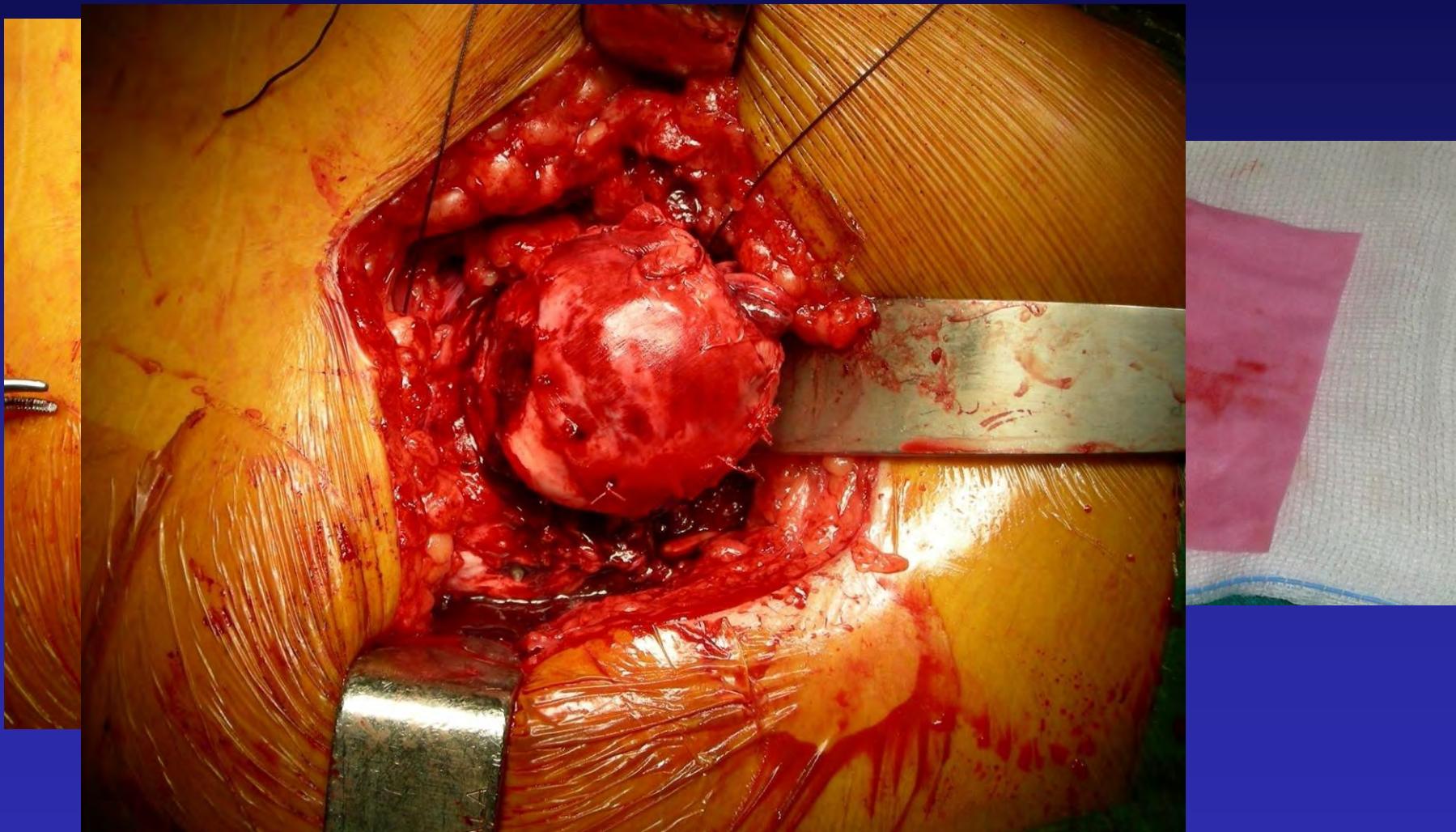




# Surgical



# Surgical Technique



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ziente: SUPINO  
za pos.: AP



♀ 29 γ

(S)

24/4219.1

ziente: FFS

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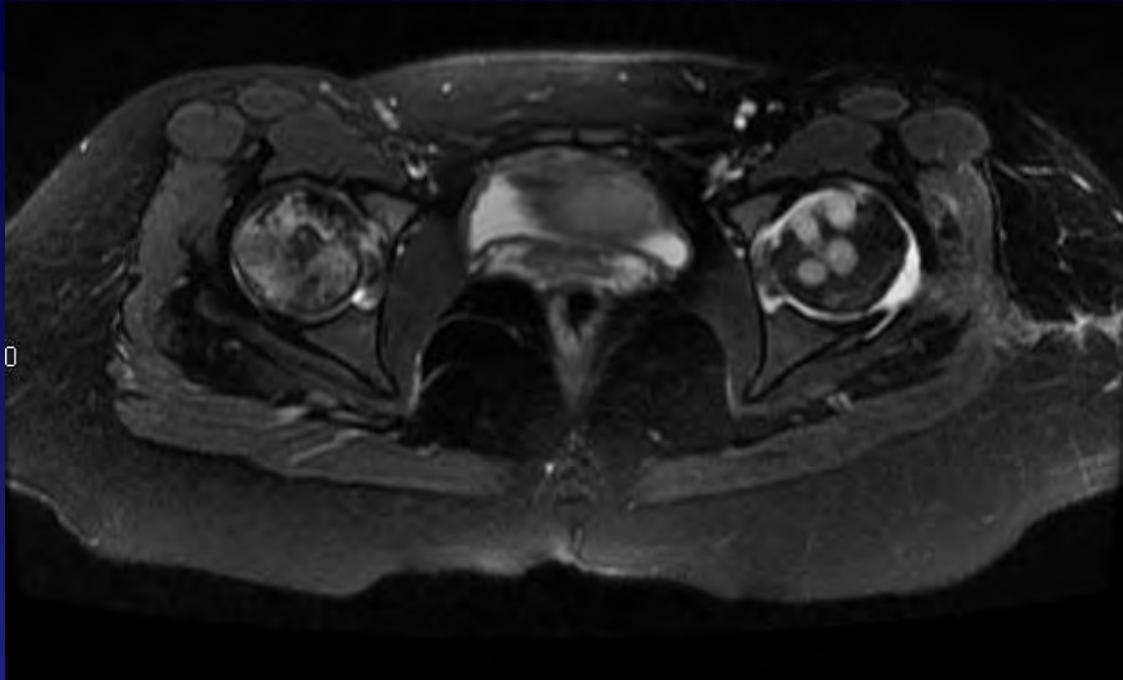
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F.U. 3 mesi



Desc. studio: BACINO



F.U. 3 mesi

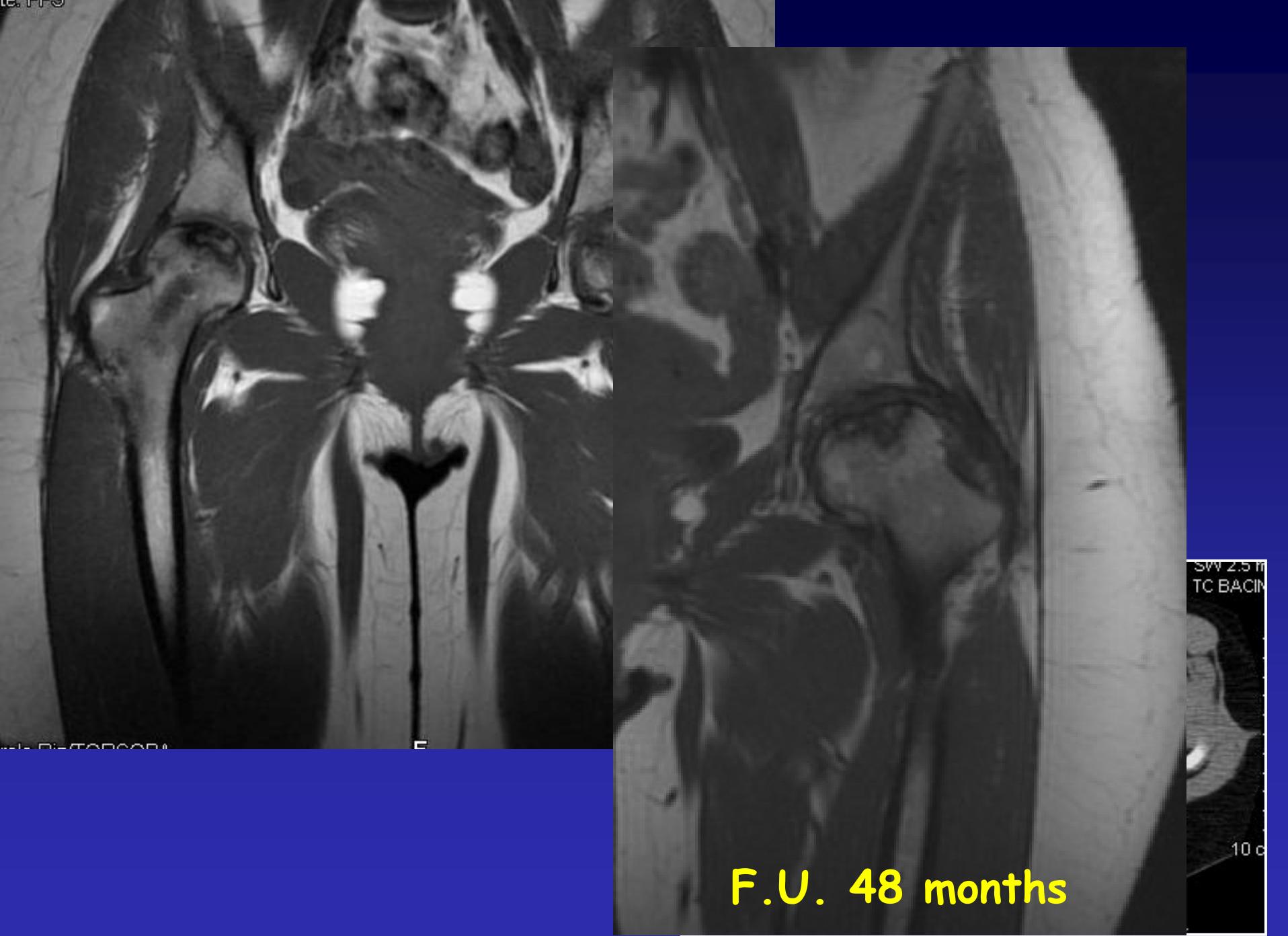
10 cm



(S)



F.U. 12 mesi



F.U. 48 months

1550.1

site: SUPINO

pos.: AP

ATLANTAS



10 cm

♂ 19 γ

D



F.U. 48 months

- 23 patients (25 hips)
- Sex: 20 M e 5 F
- Age: 29 years
- Mean Follow-up 23 months (6-46)

- Etiology:

7 cases Post-Traumatic ON

- 3 Femoral neck medial fractures
- 4 Hip dislocation

18 cases Non-Traumatic ON

- 9 Idiopathic
- 5 Post steroid therapy
- 4 Epiphysiodesis in Slipped Head

# Risultati

Follow up 23 months: Harris Hip Score and Womac Score

HHS POST OPERATIVE	WOMAC POST OPERATIVE
51,41	46,57
HHS POST OPERATIVE	WOMAC POST OPERATIVE
79,42 ↑	21,28 ↓

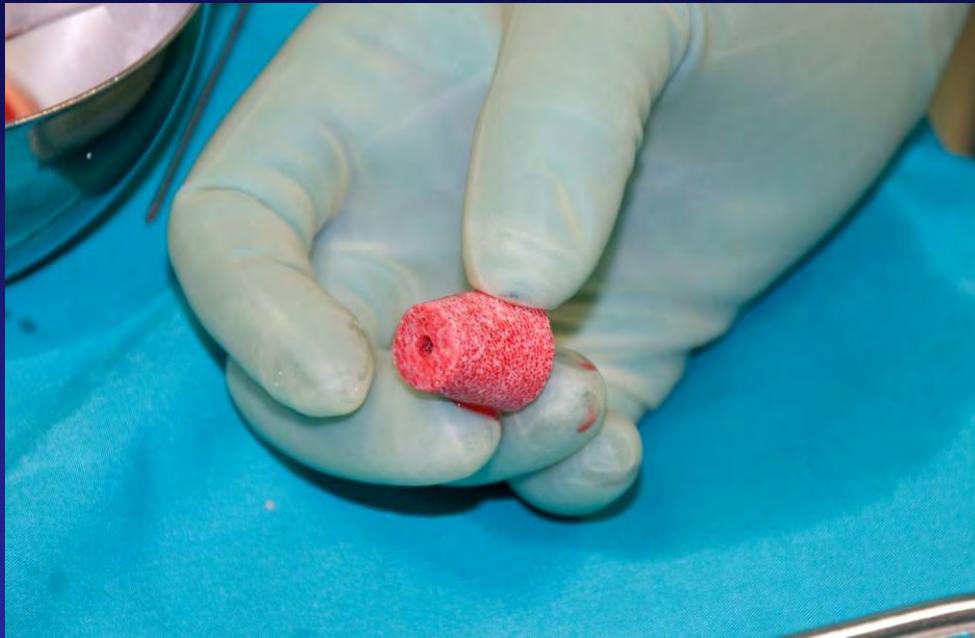
3 failure (prosthesis)

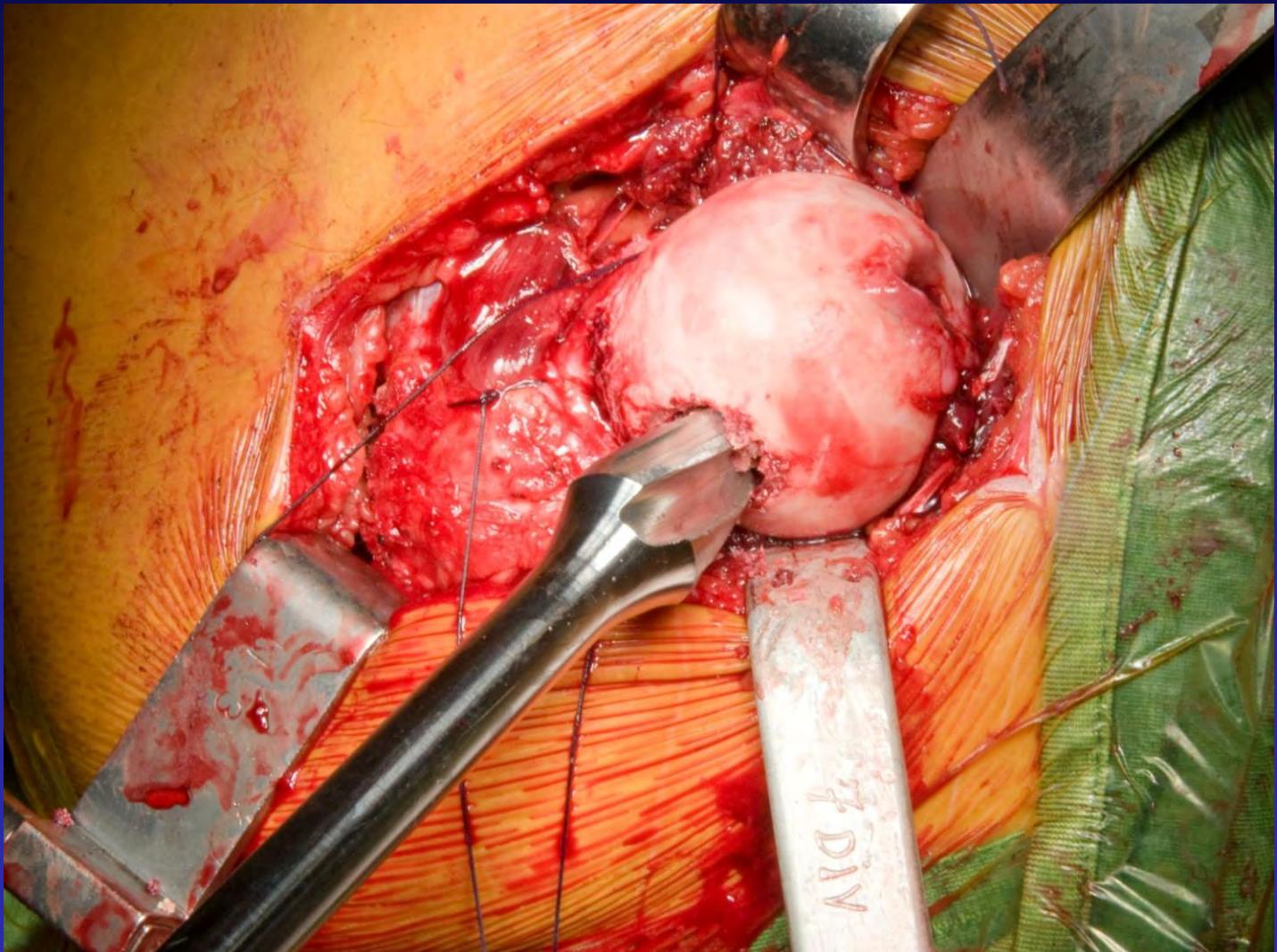
# SCAFFOLD

Easy morphological restoration of  
the femoral head

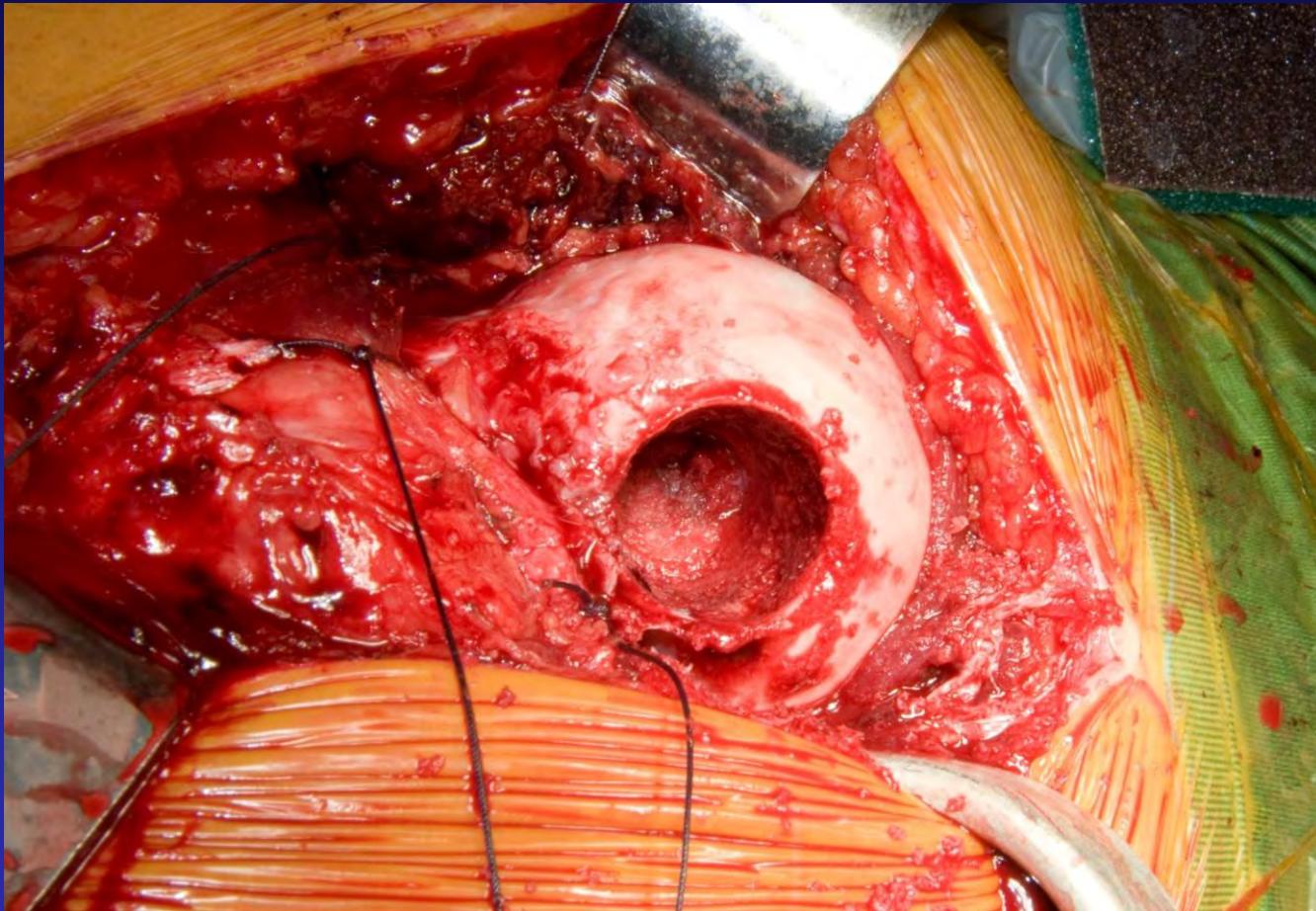
Adequate mechanical strength

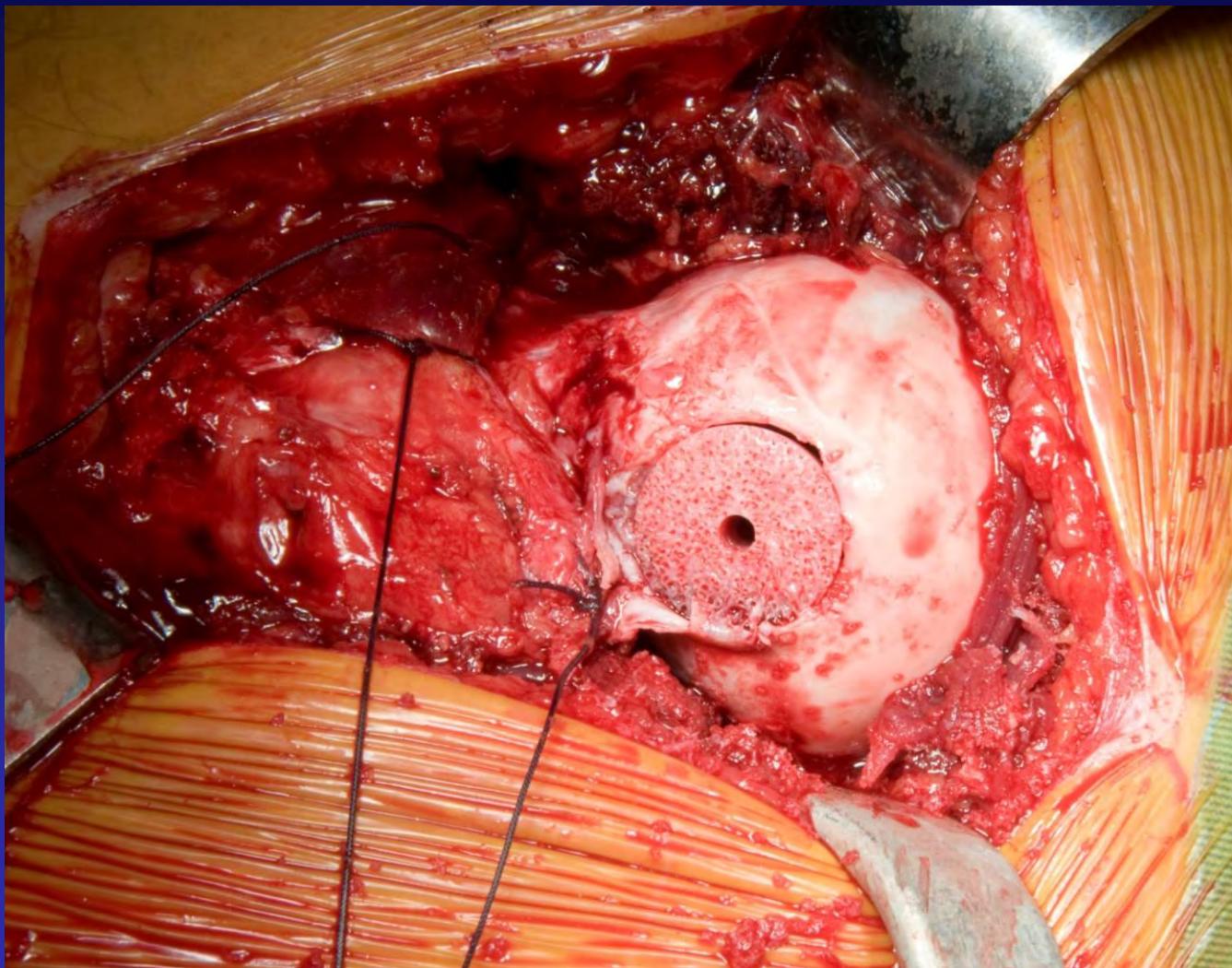
Engineering with hyaline  
cartilaginous tissue

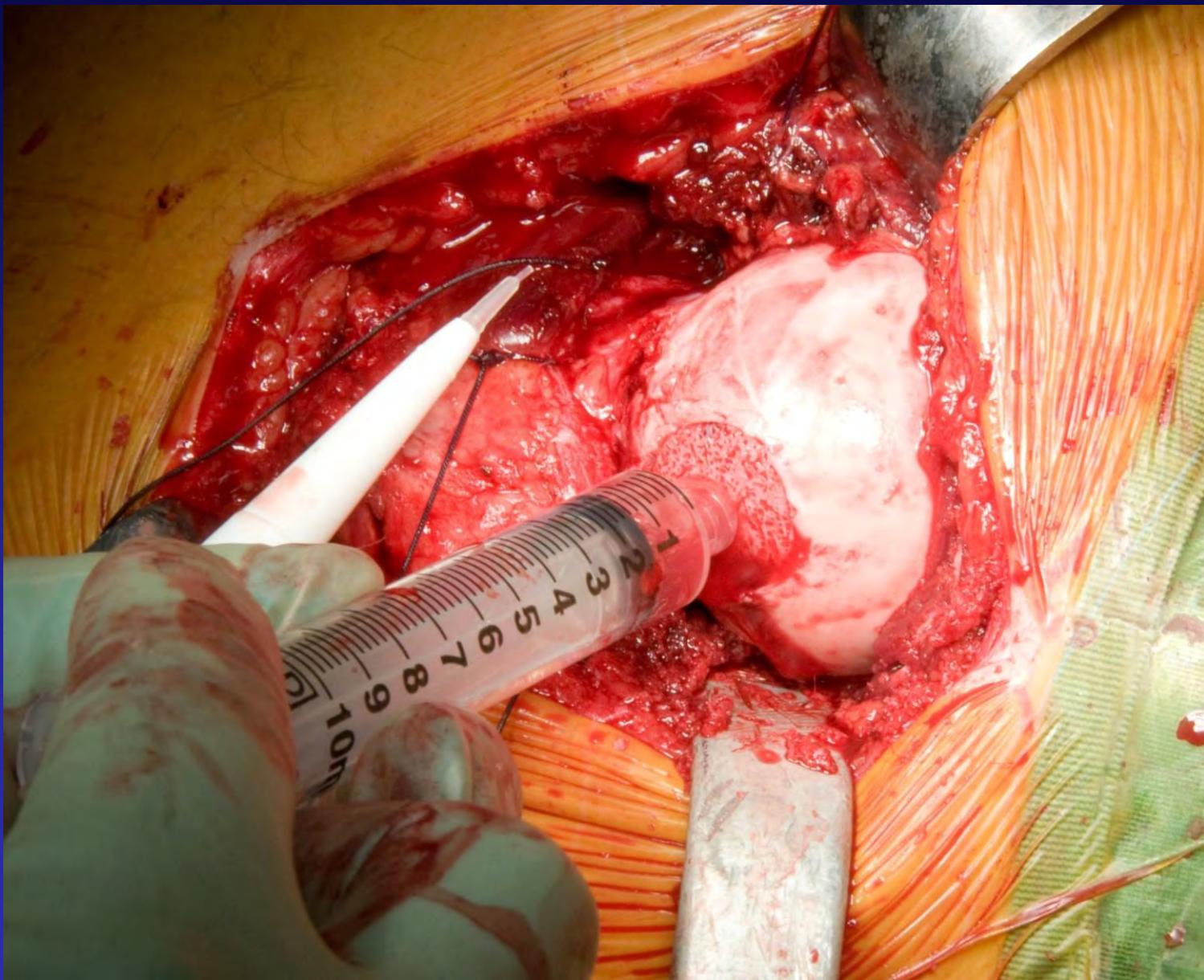


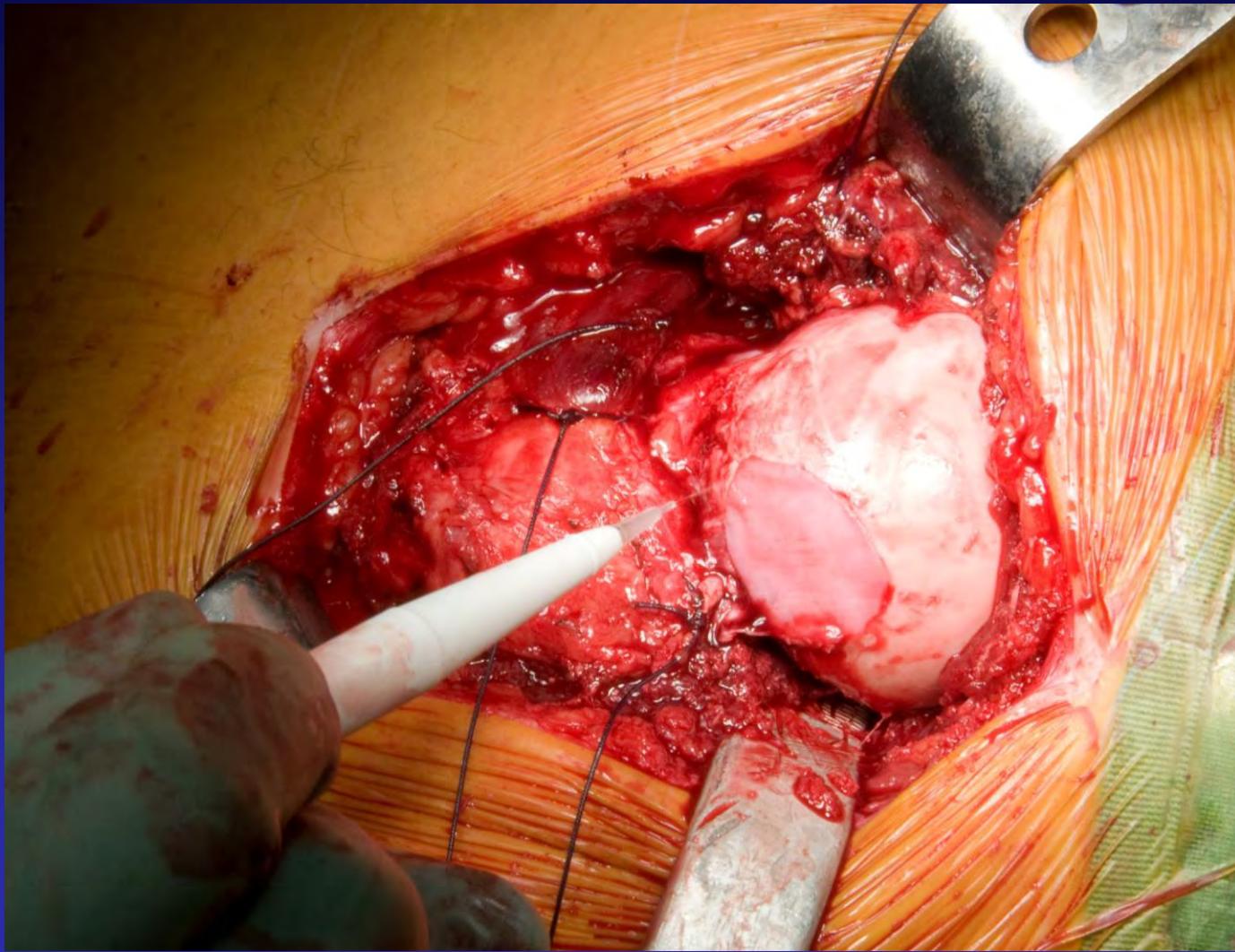


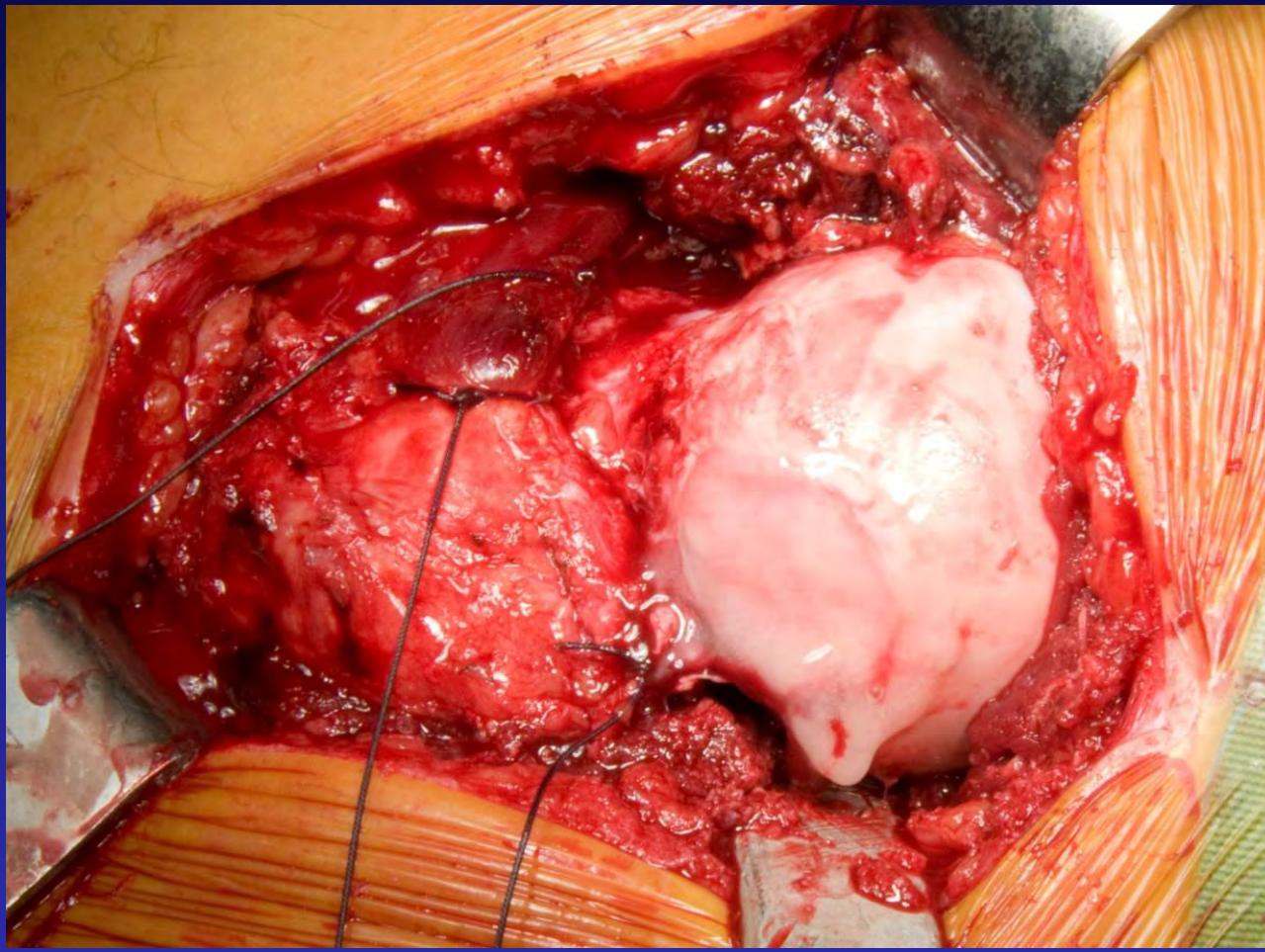








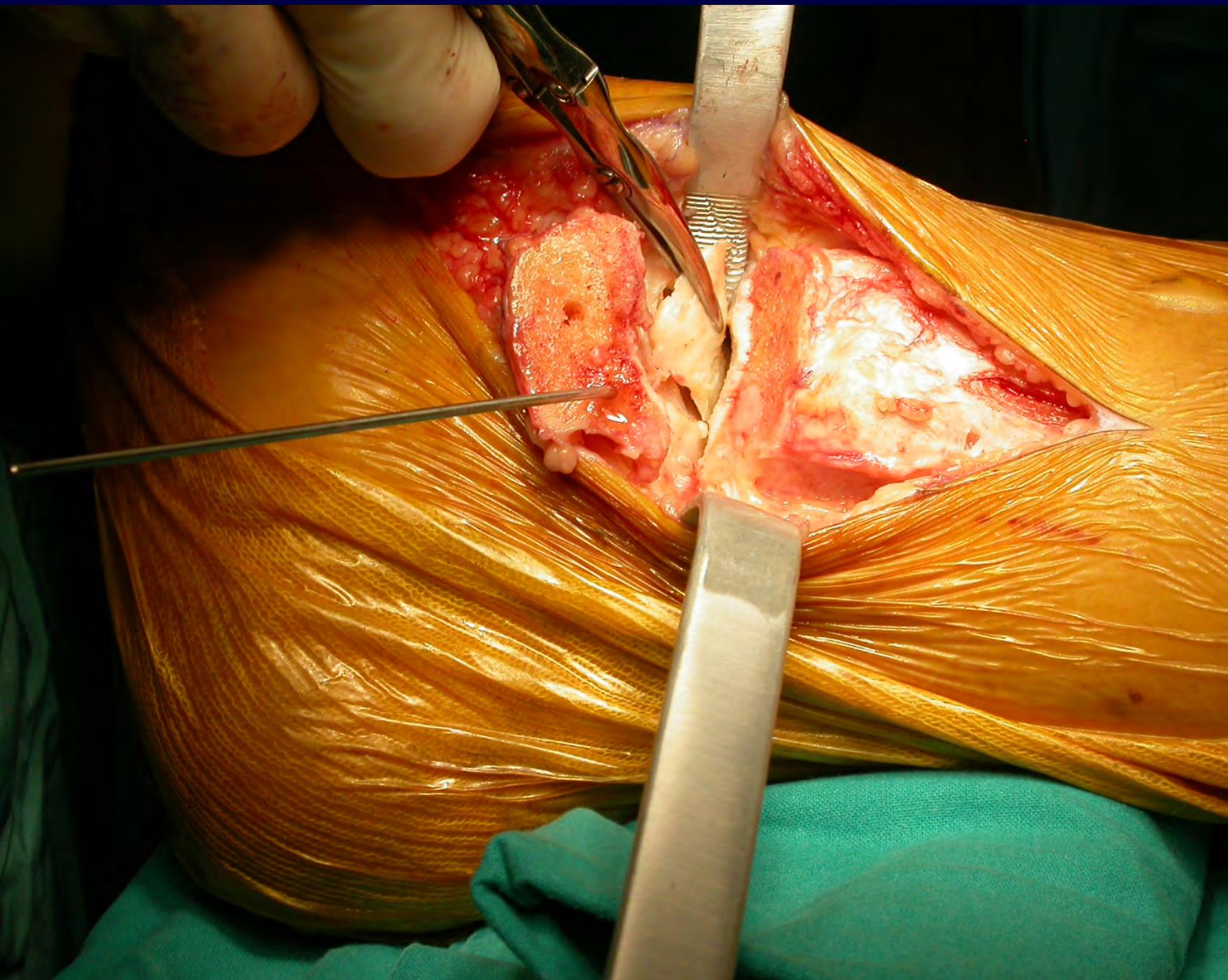


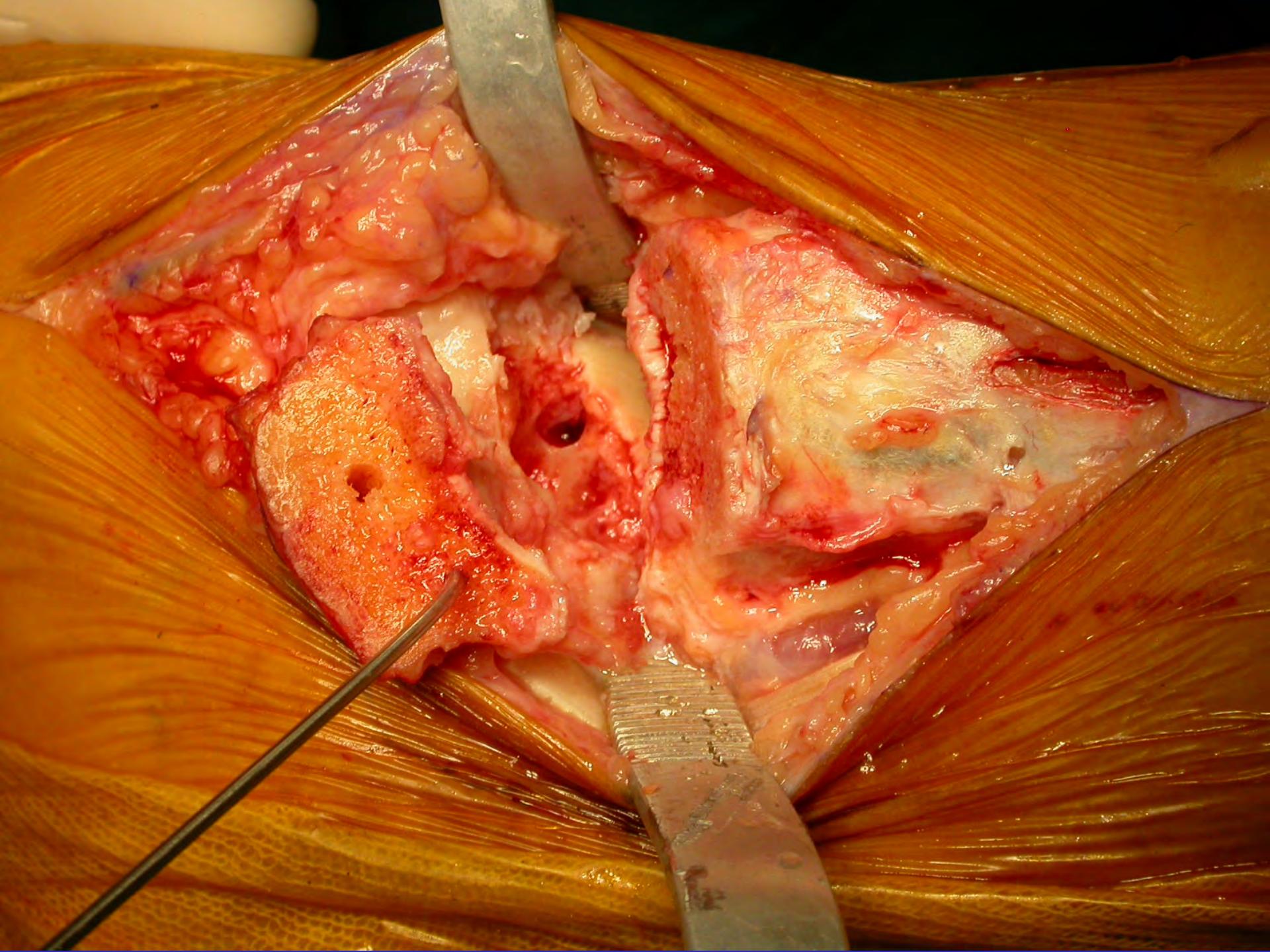


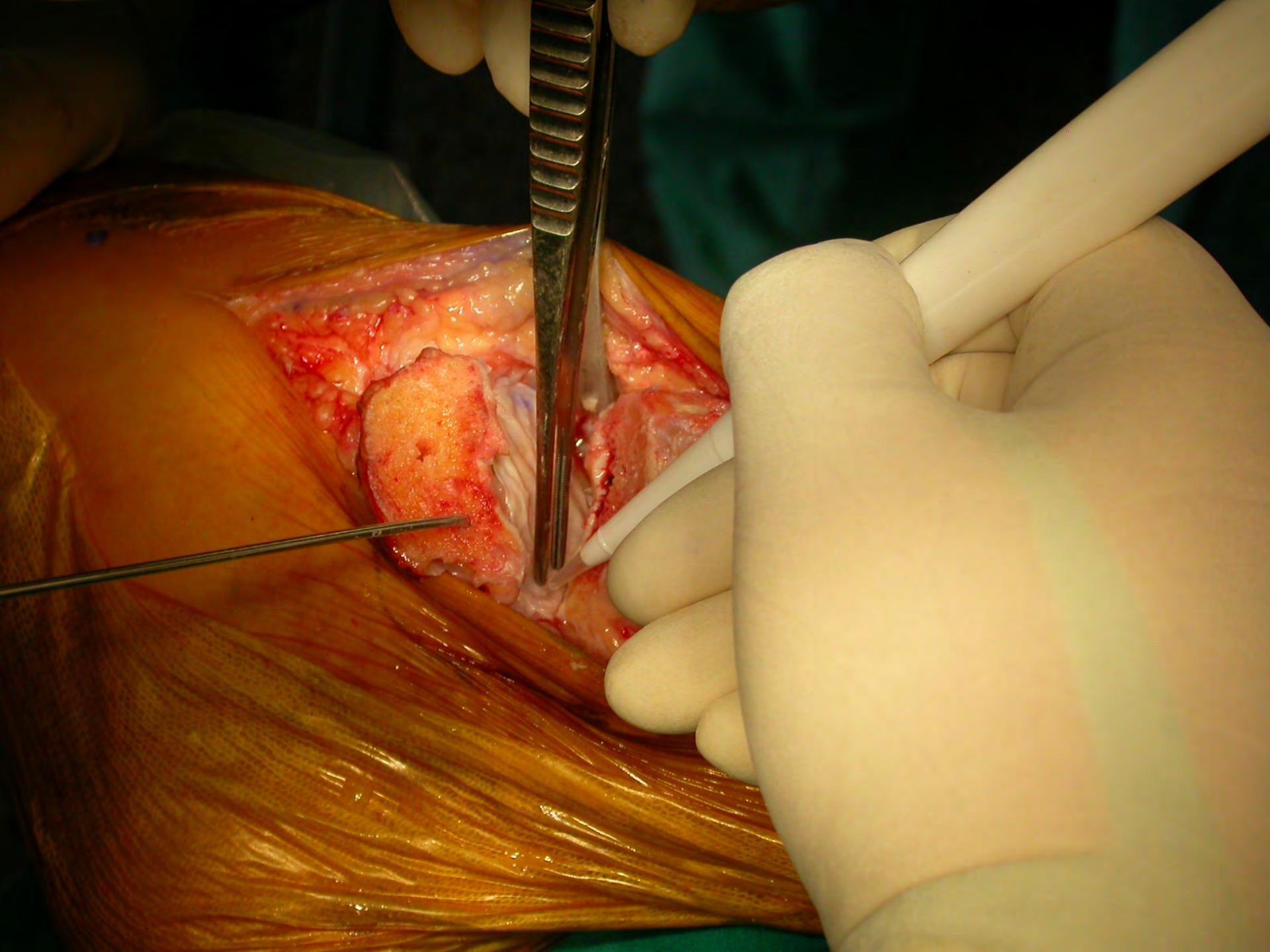
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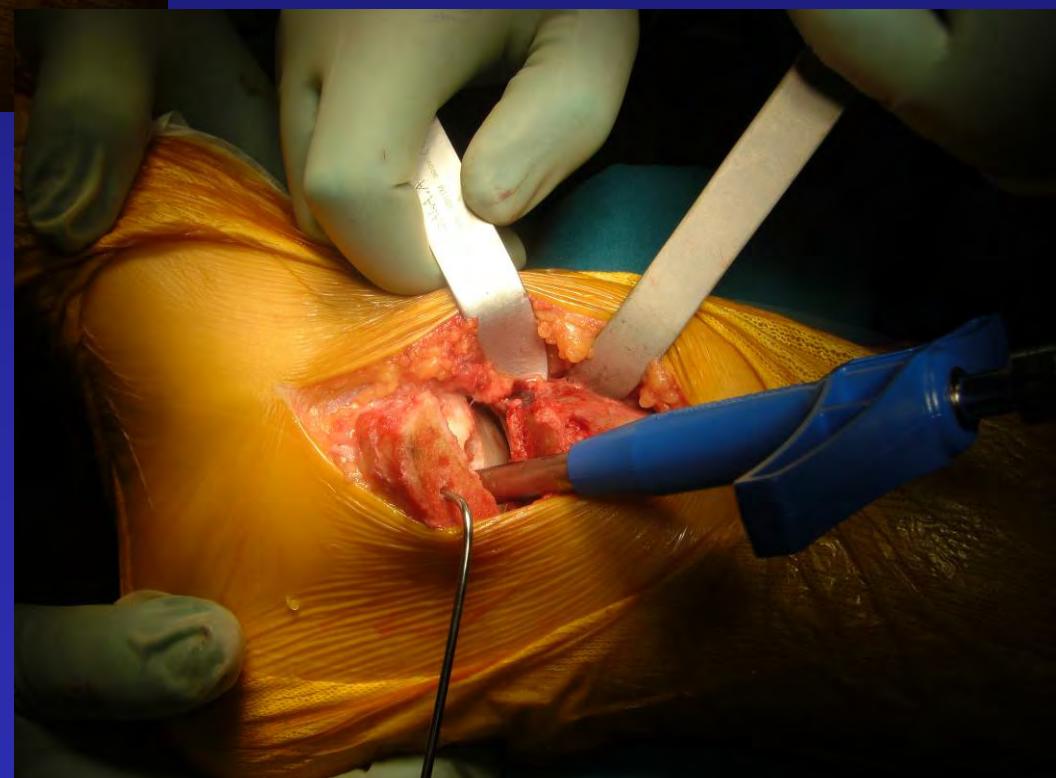
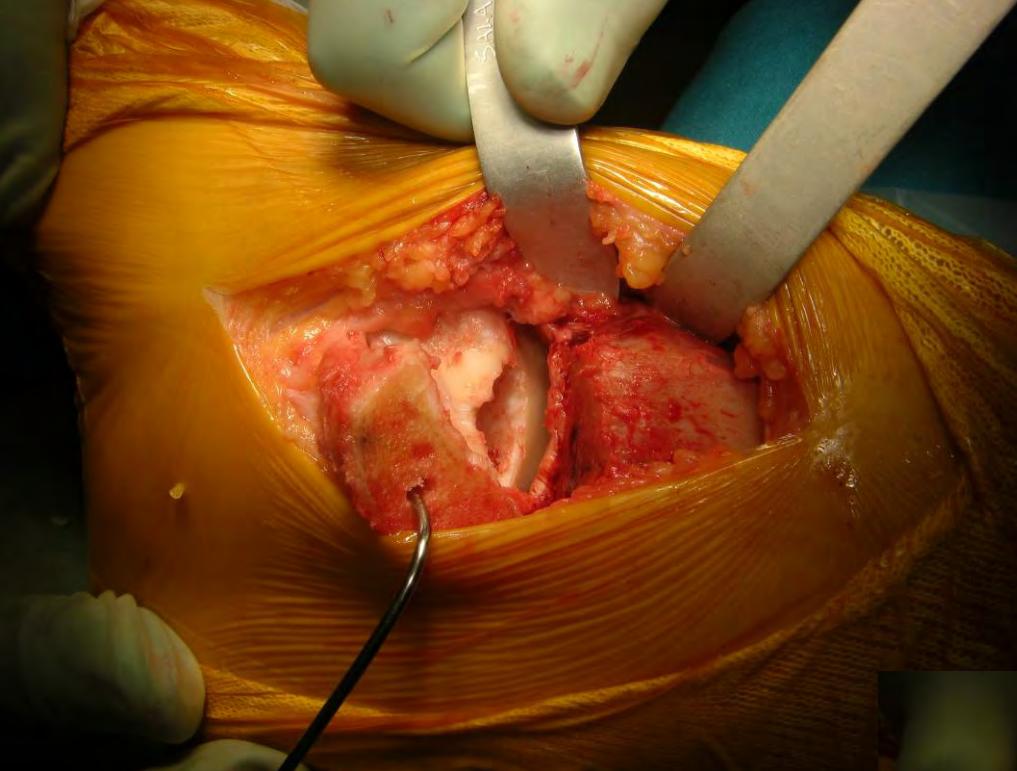


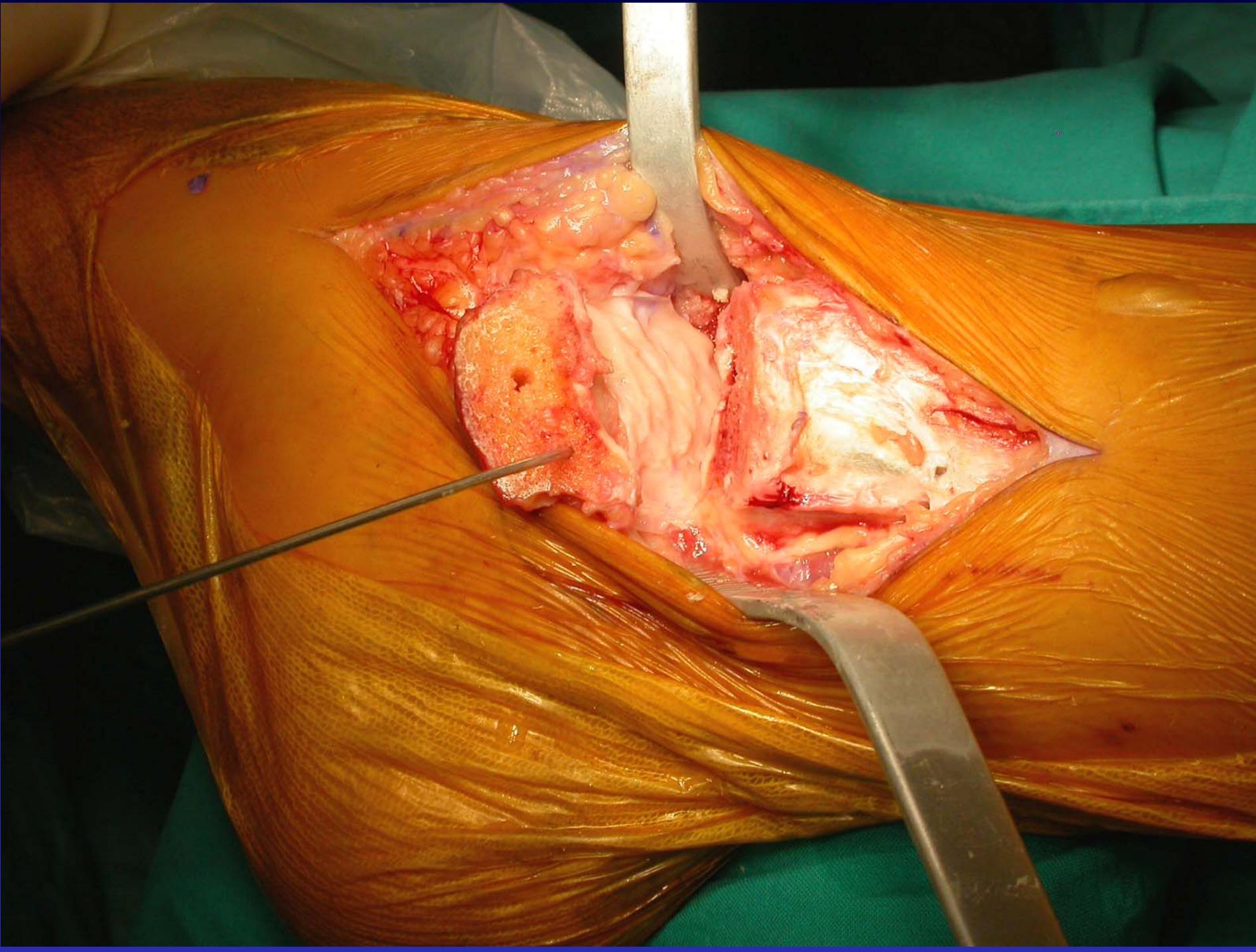
Male, 48 yy













1 anno

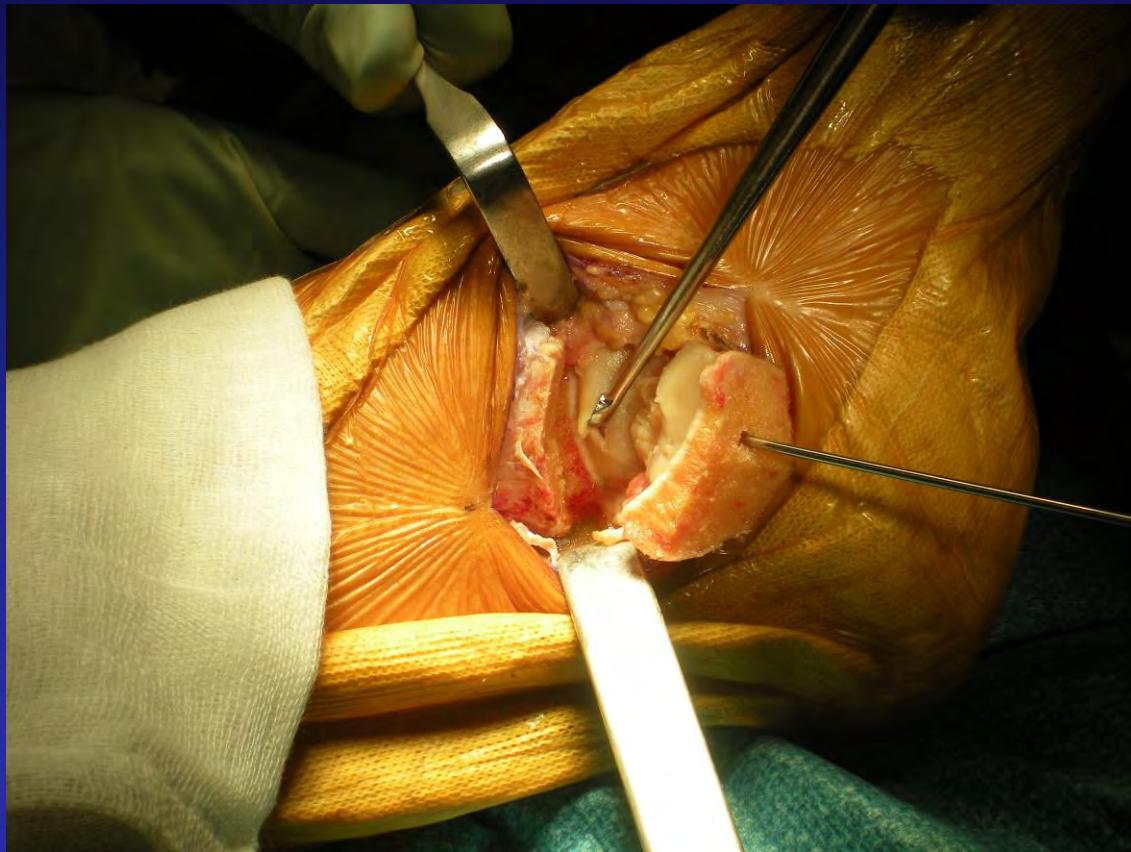


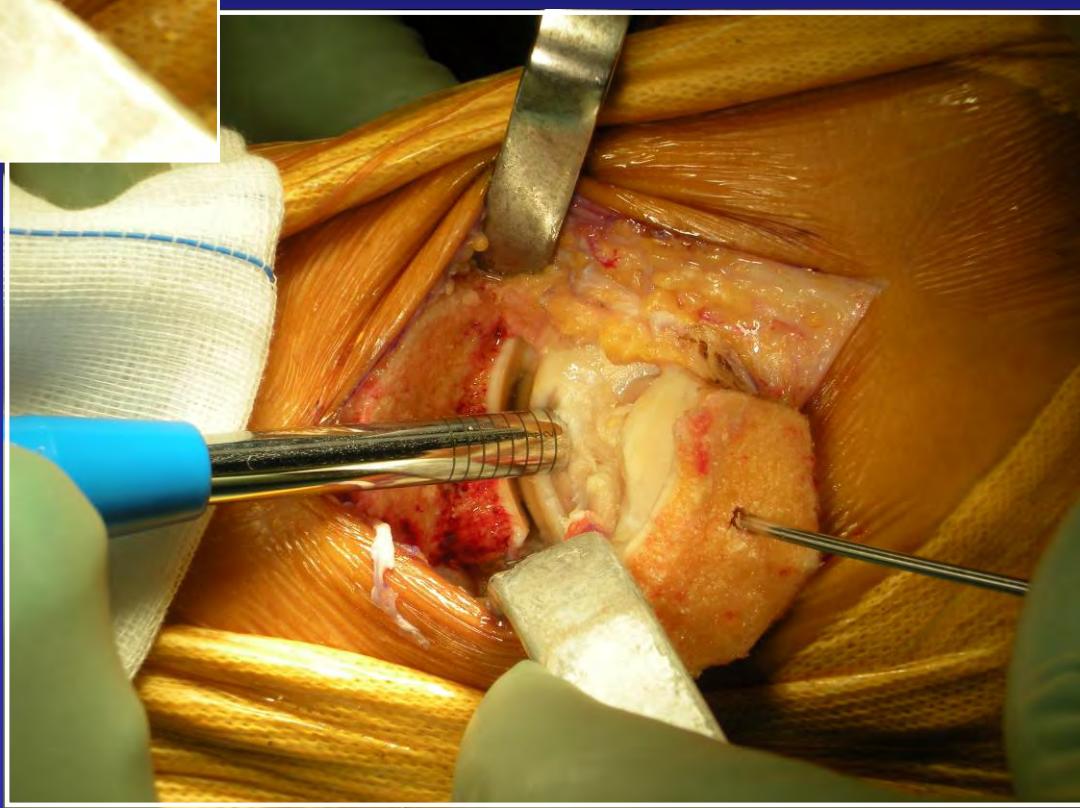
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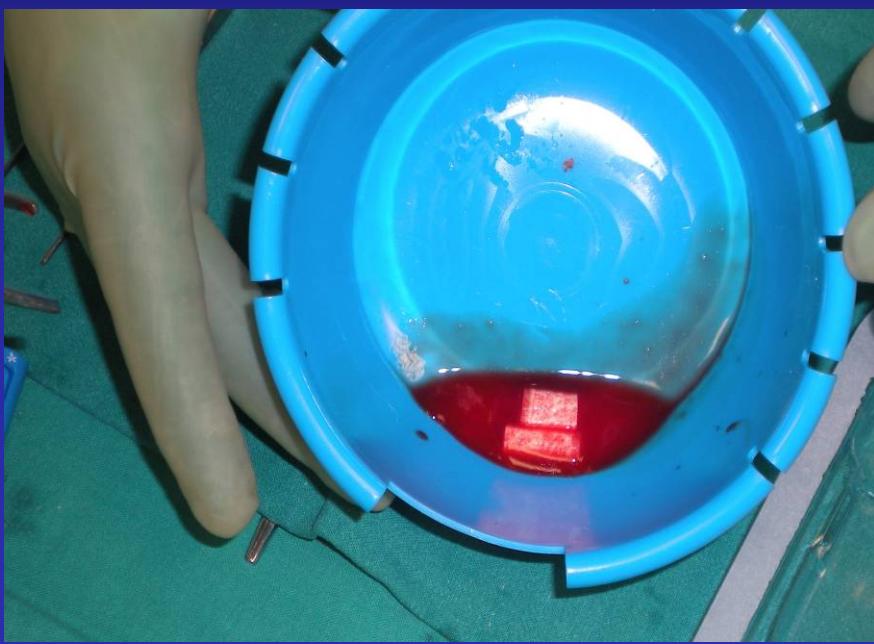
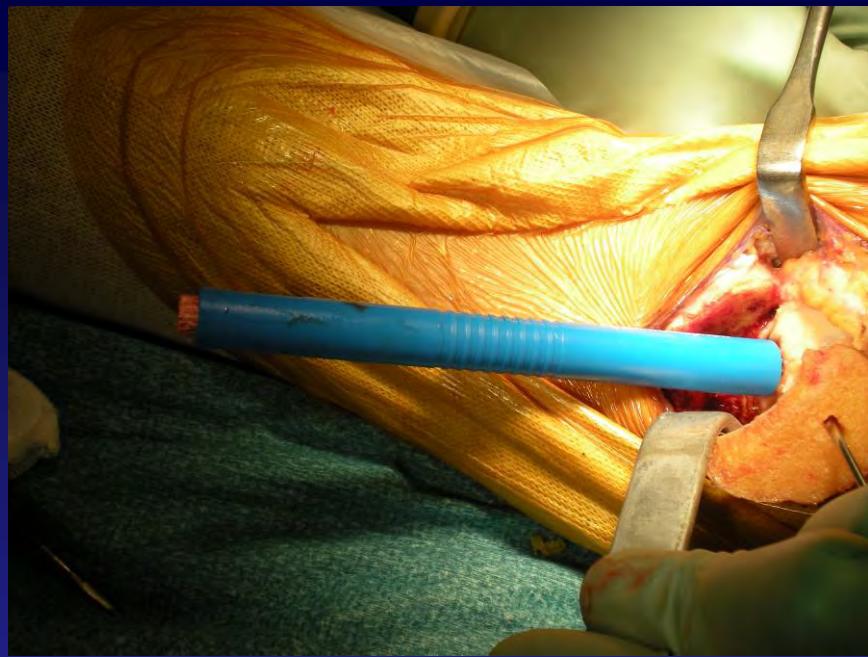
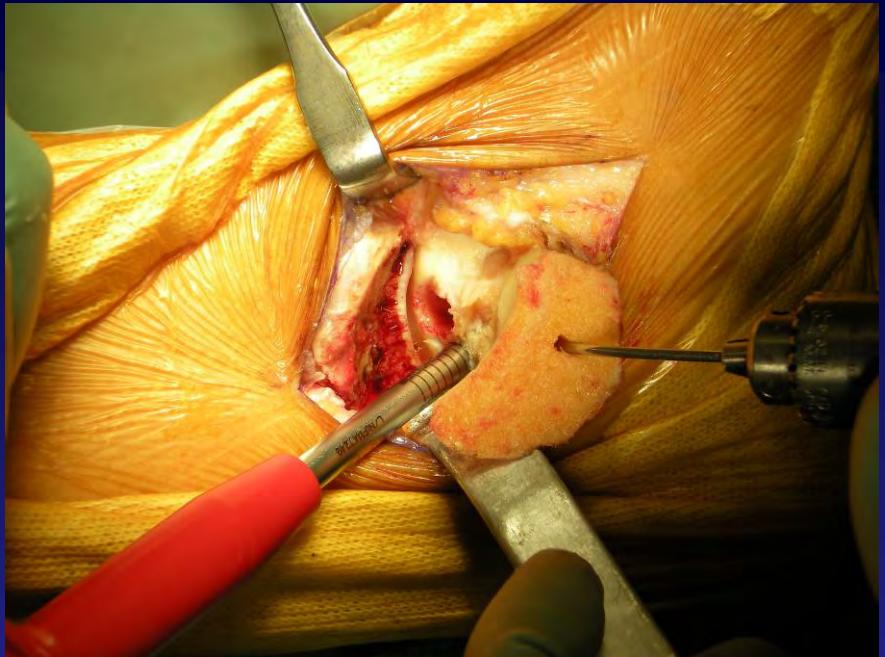


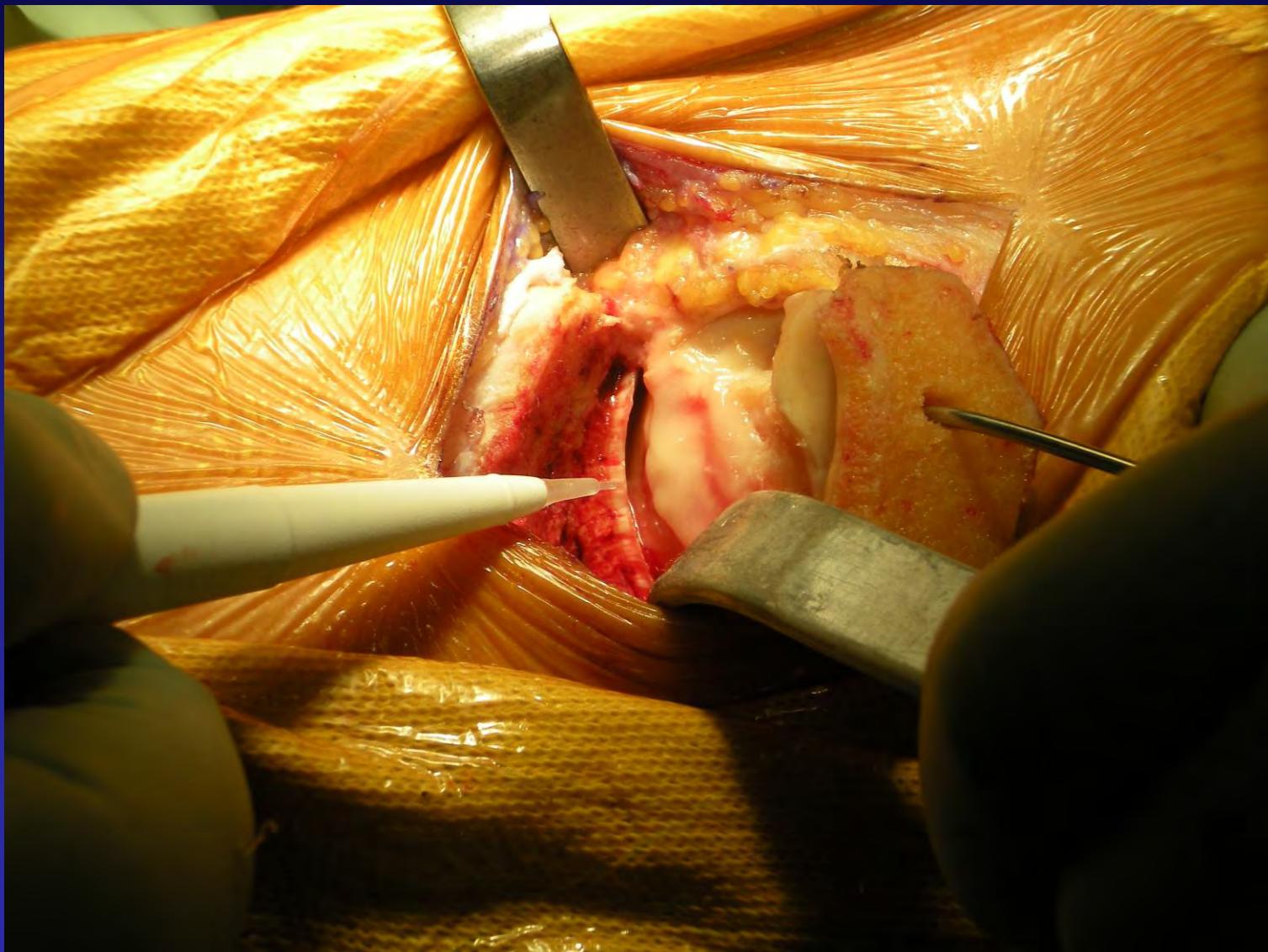


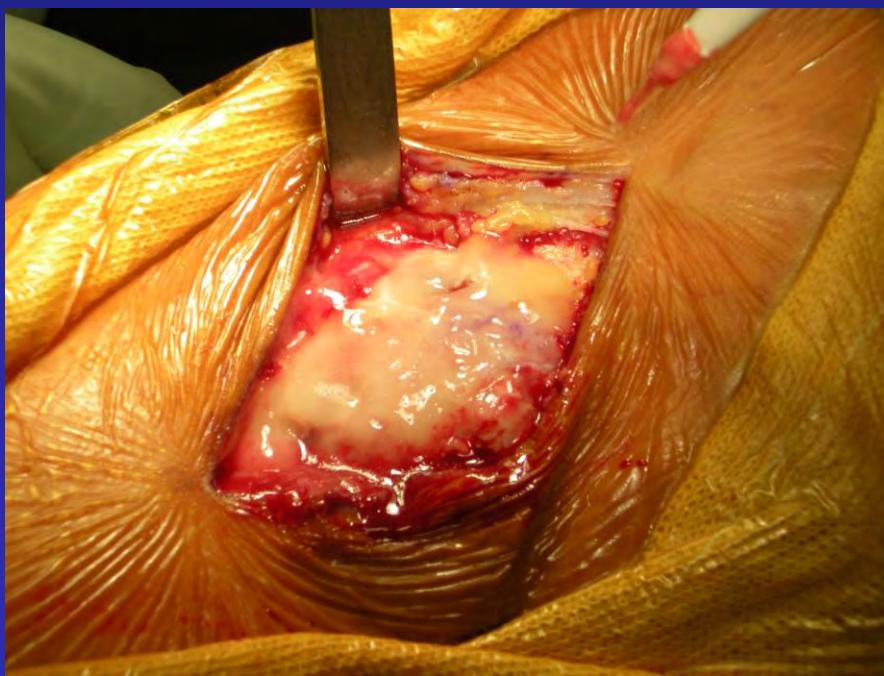
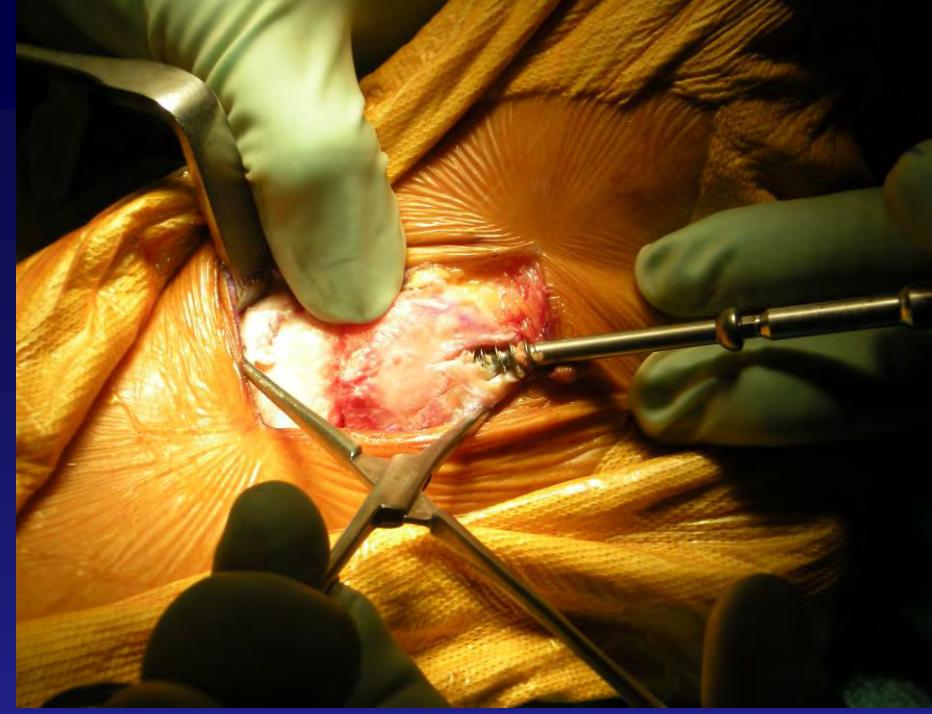
# Maschio 42 aa

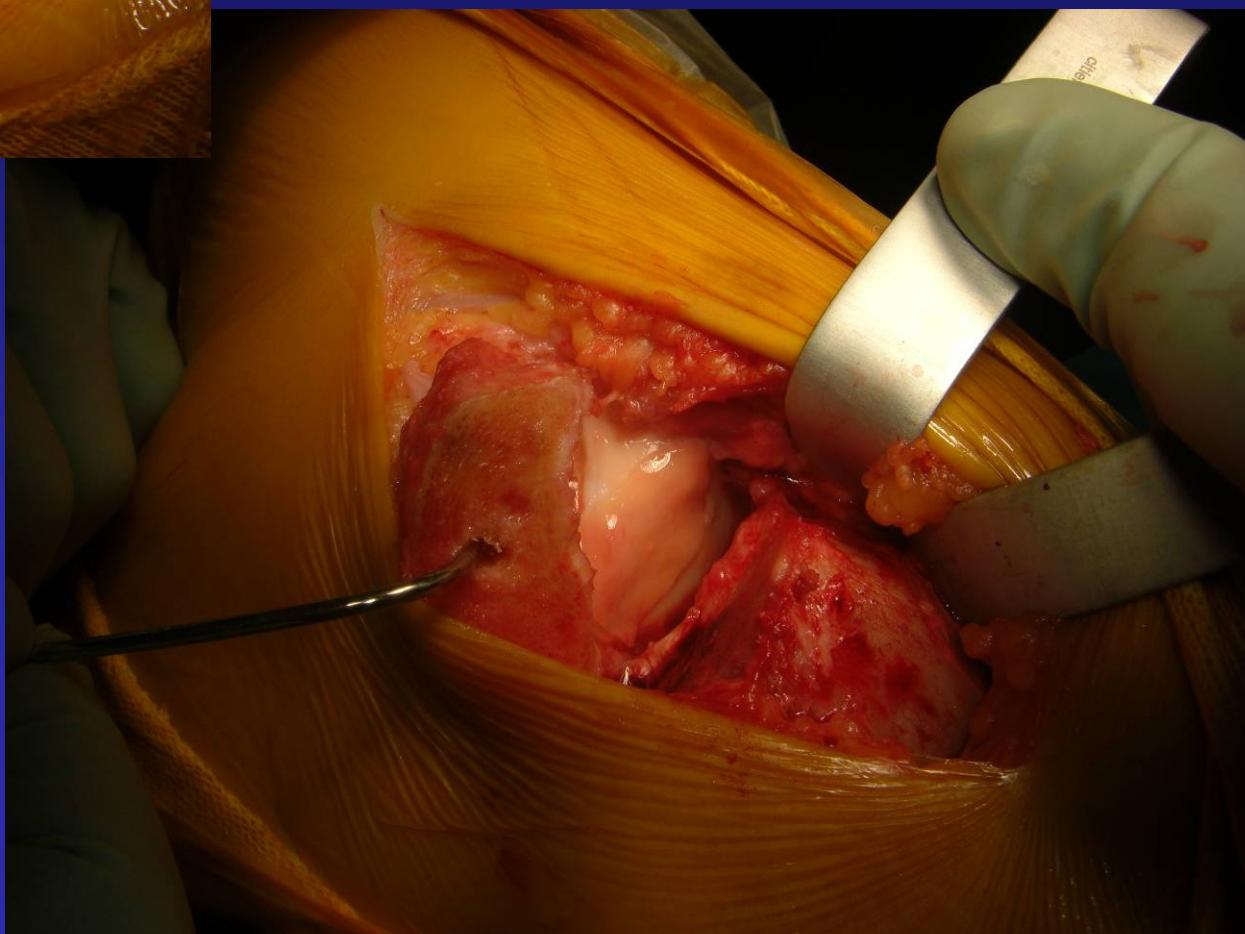




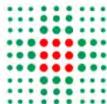








# NON-UNION



SERVIZIO SANITARIO REGIONALE  
EMILIA - ROMAGNA  
Istituto Ortopedico Rizzoli di Bologna  
Istituto di Ricovero e Cura a Carattere Scientifico





Non-union

decortication  
stabilization  
grafts, stromal cells  
and growth factors

**Tibia  
Femur  
Humerus  
Radio  
Ulna**

**25 casi  
21 casi  
13 casi  
11 casi  
7 casi**



**According to AO class.**

- hypertrophic 16%
- atrotrophic 28%
- Avascular 56%

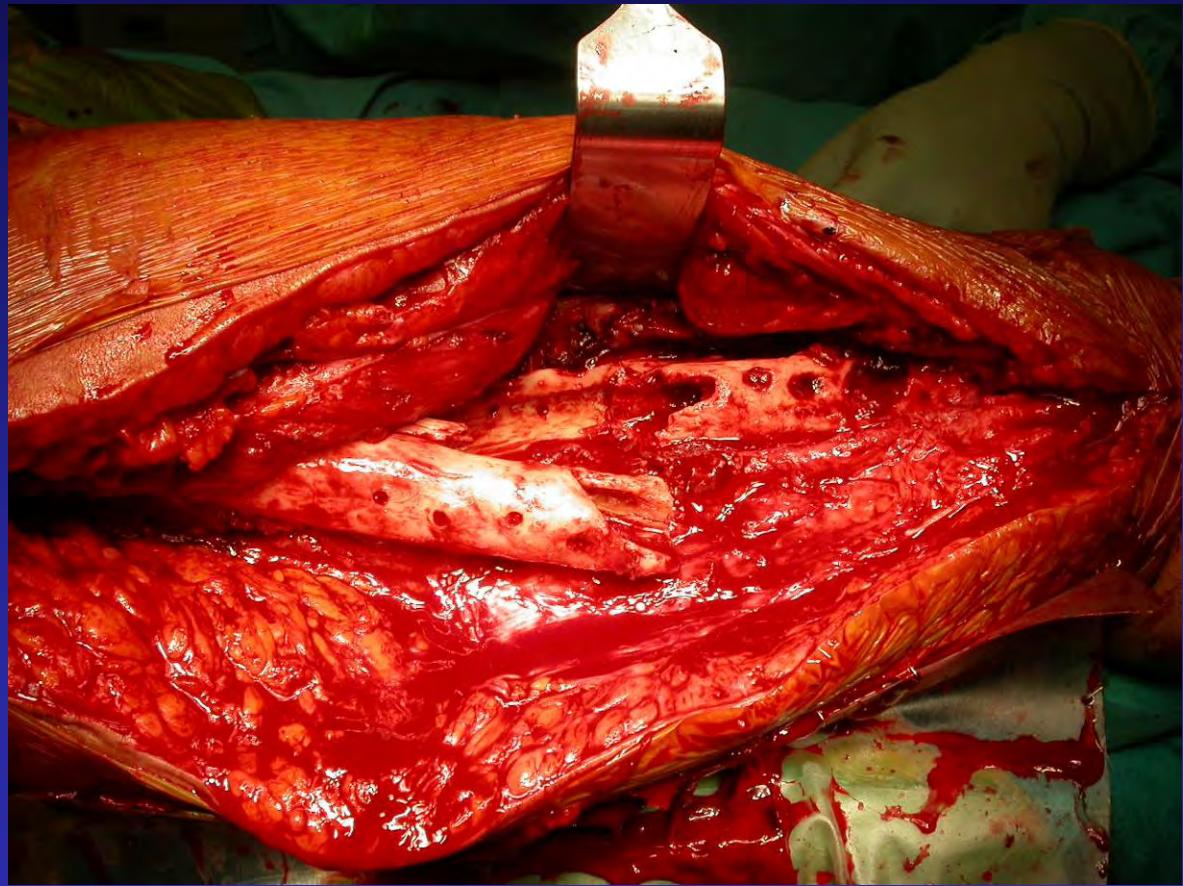
**41 patients (64.5%) with defect**

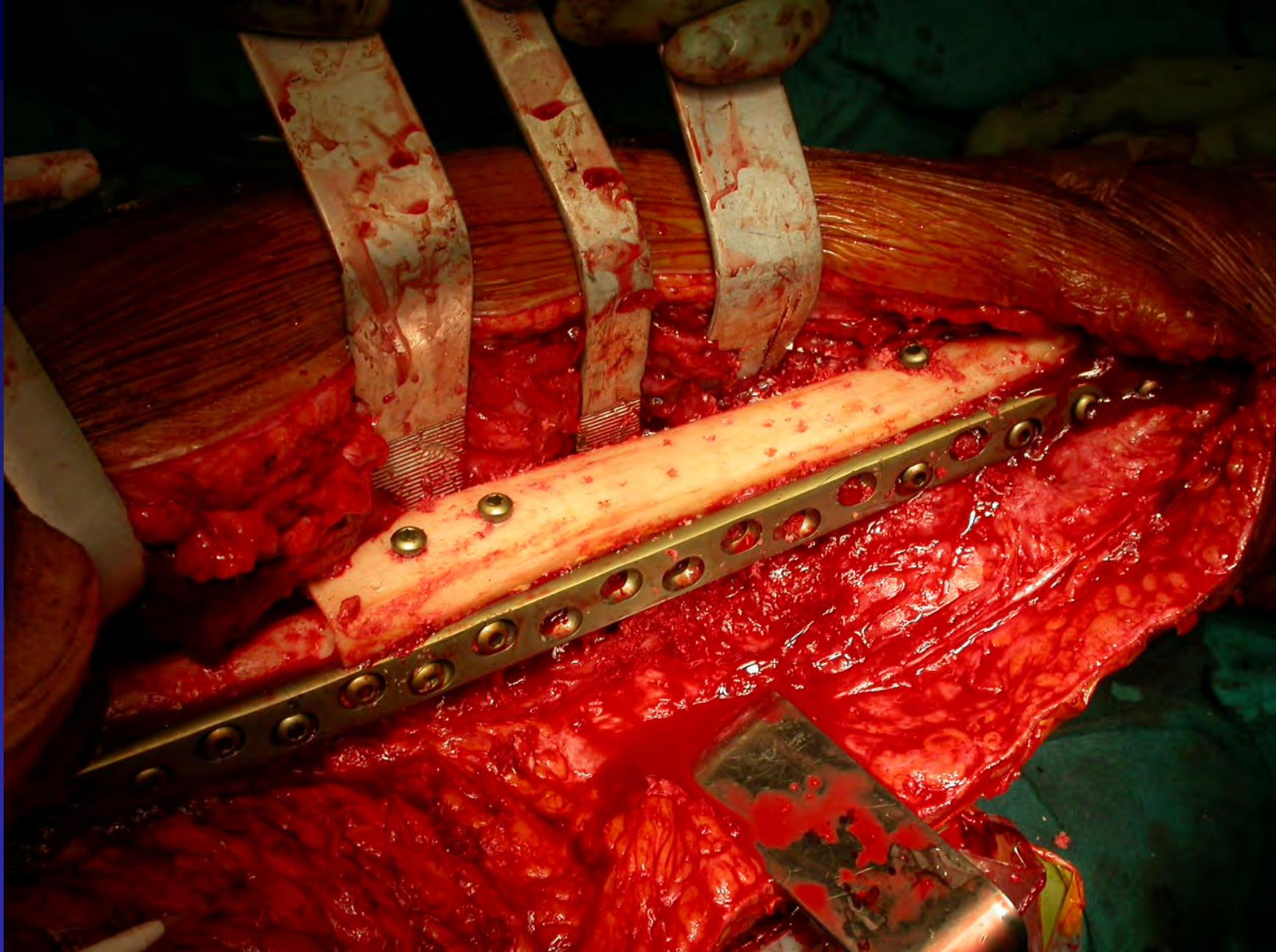


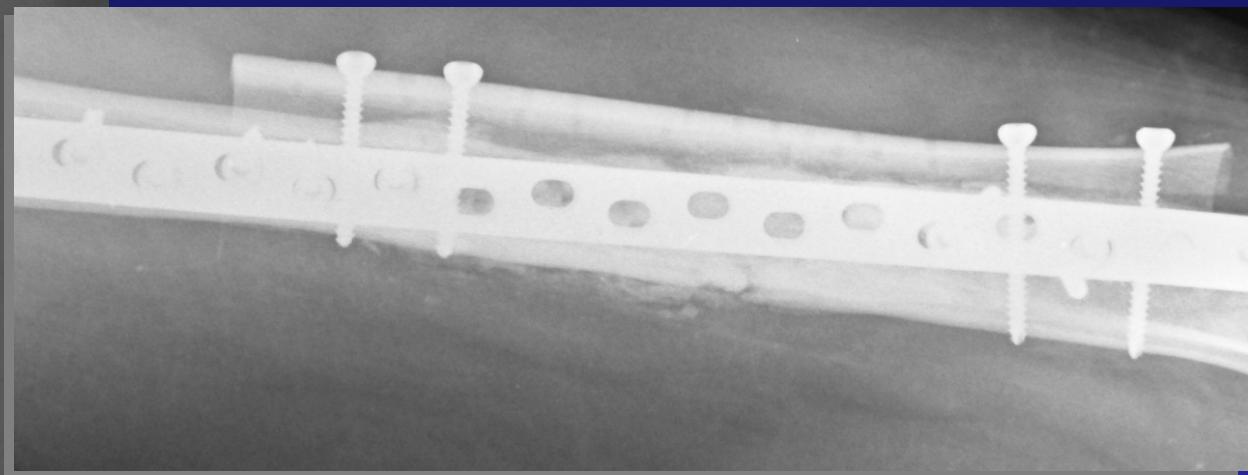
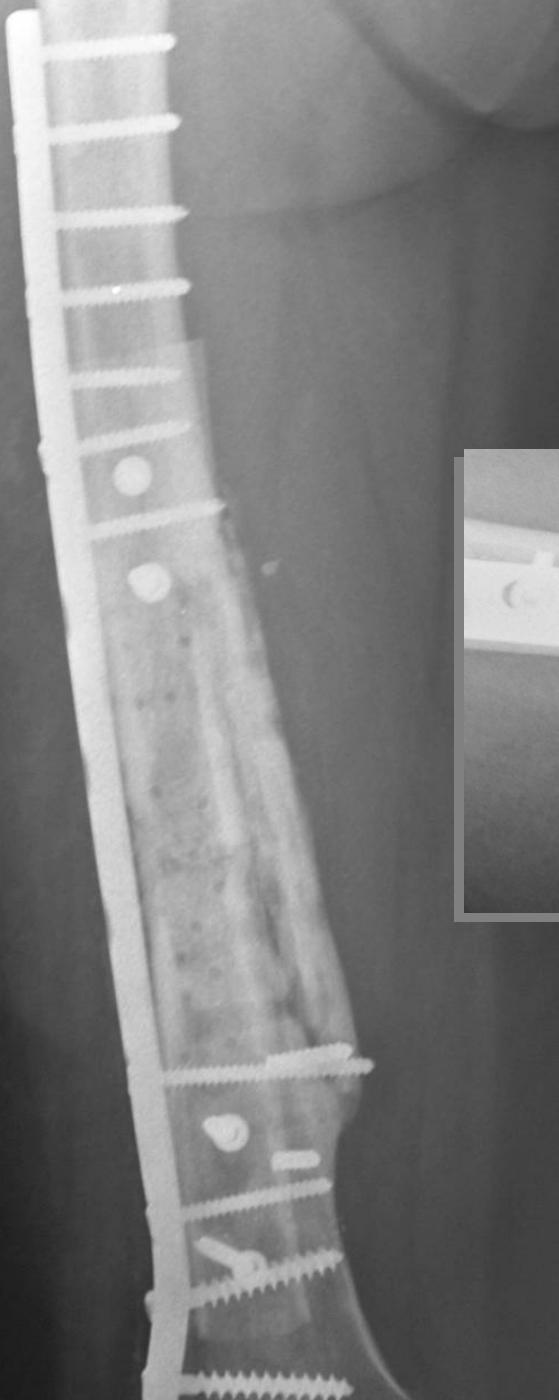
**Mean defect: 32 mm (range 10 - 70mm)**



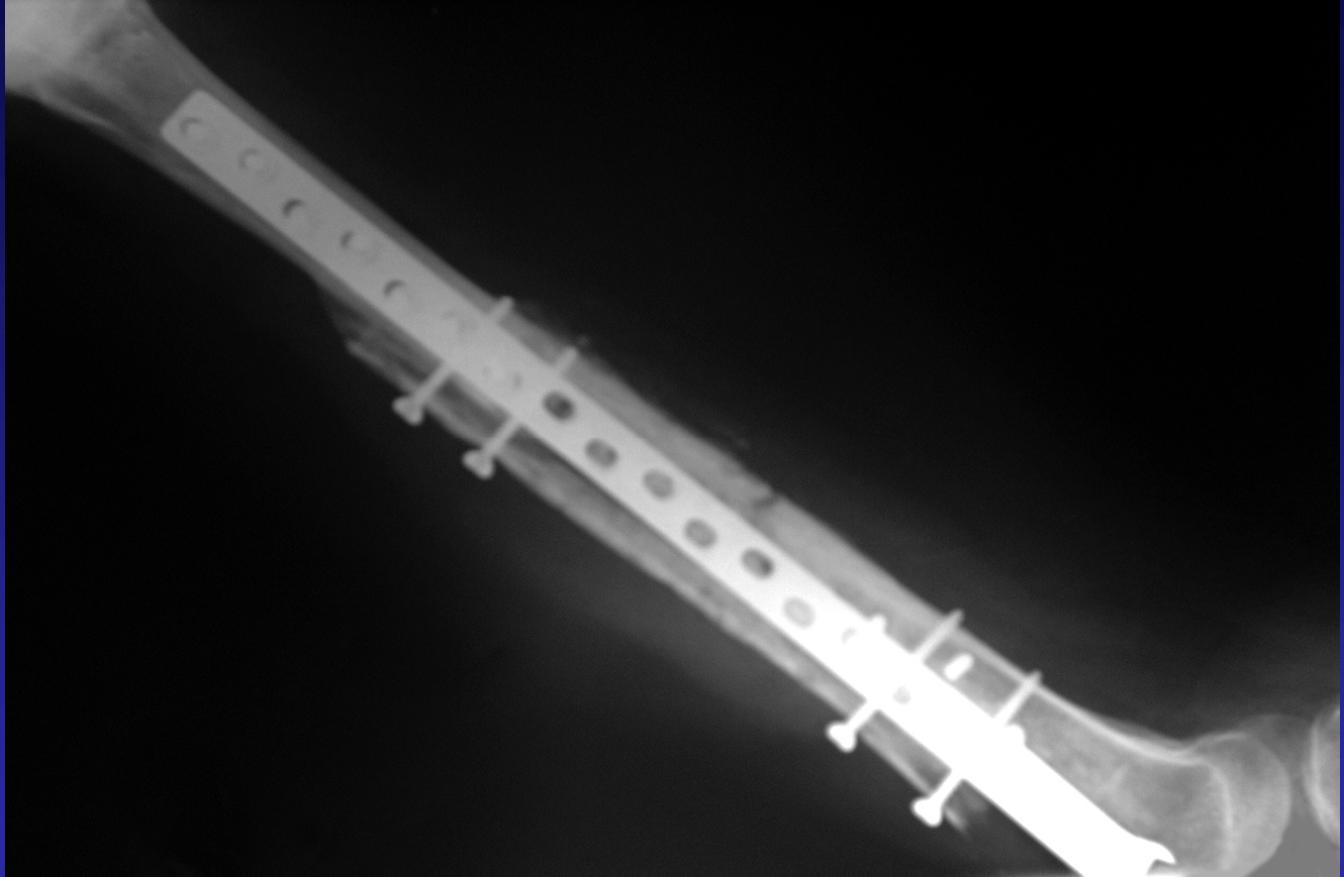
♀ 41 γ





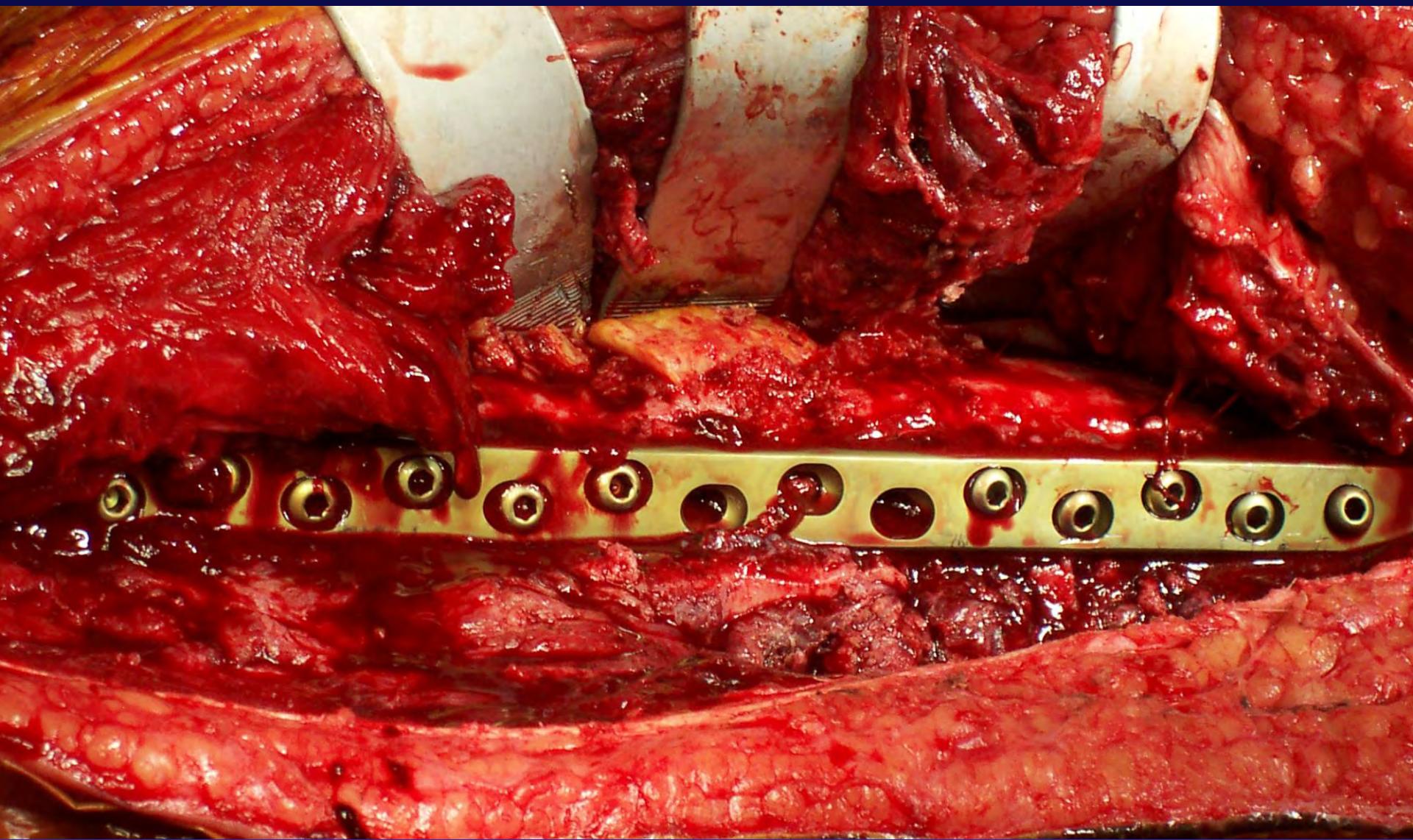


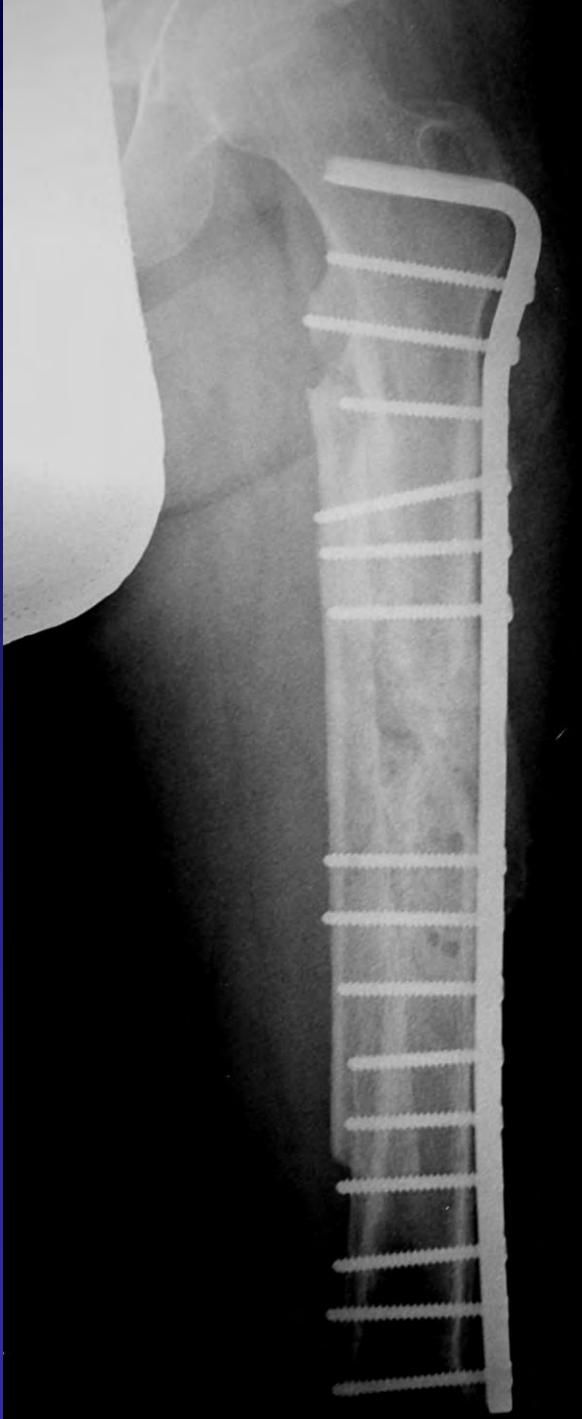
F. U. 45 days



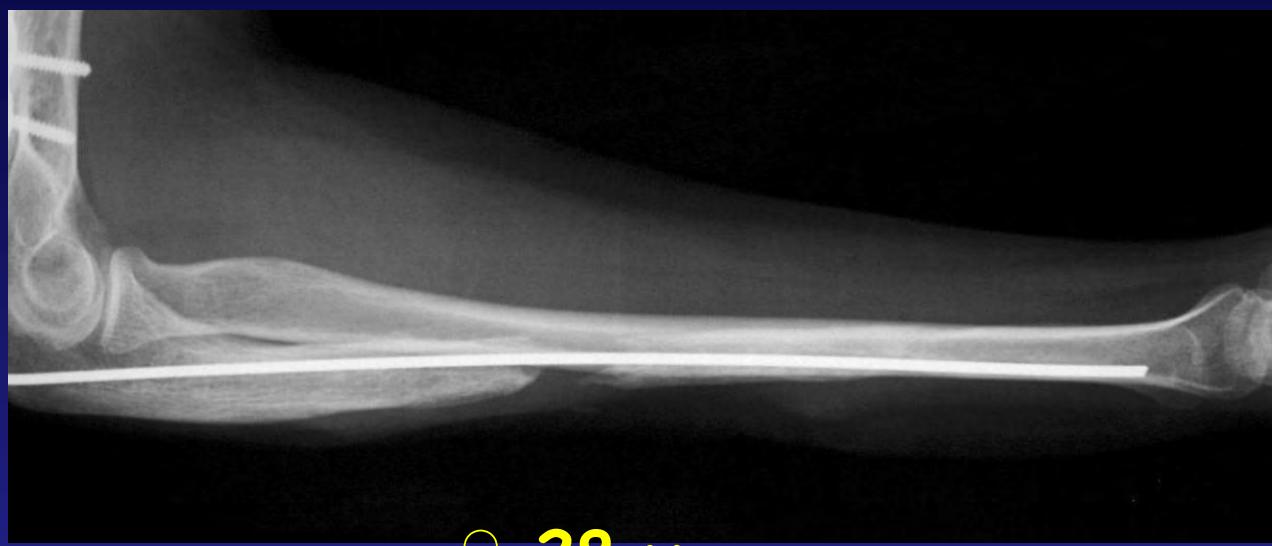
F.U. 6 months







F. U. 3 months



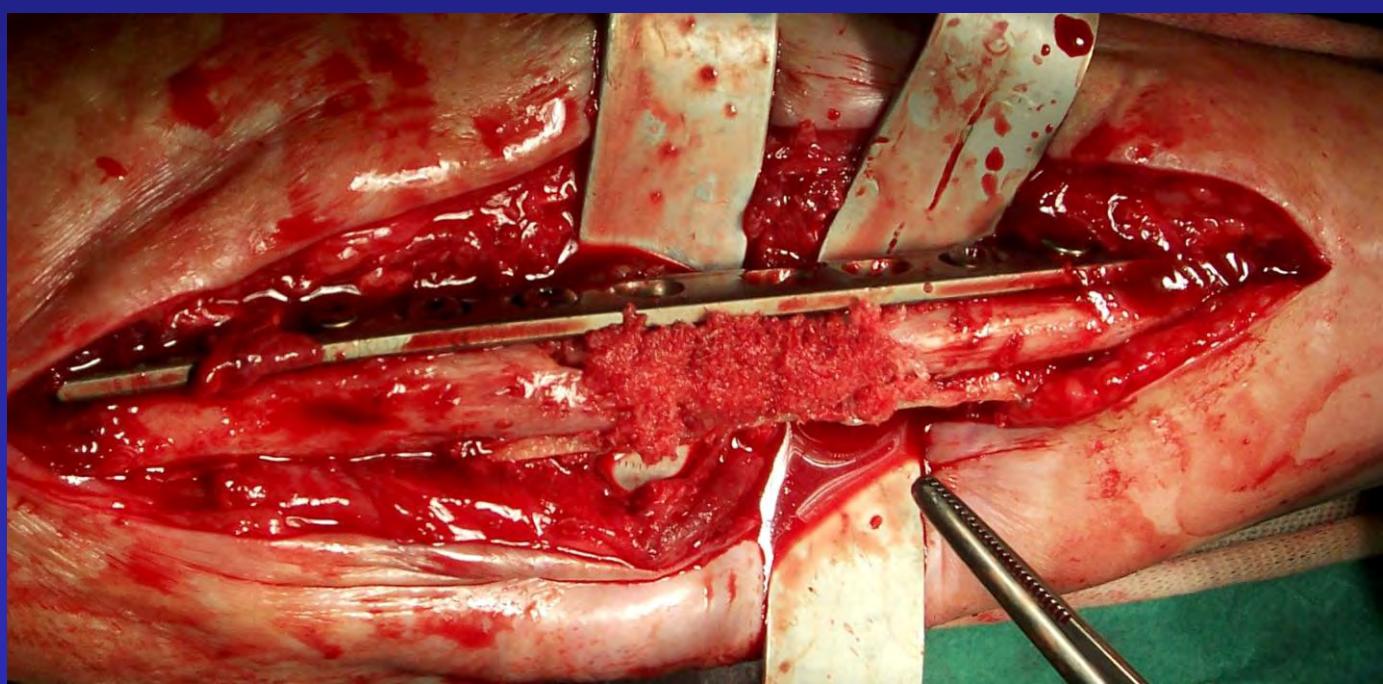
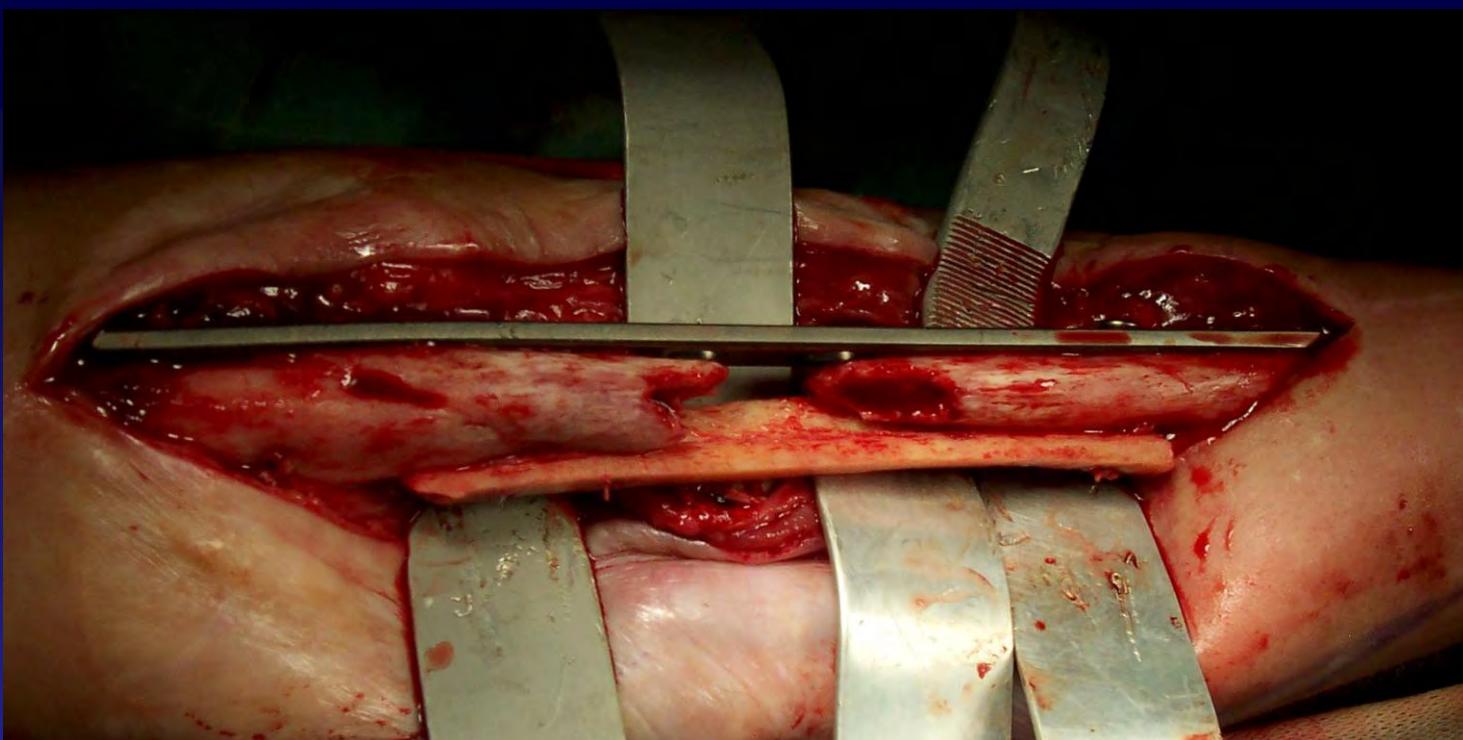
♀ 28 γ

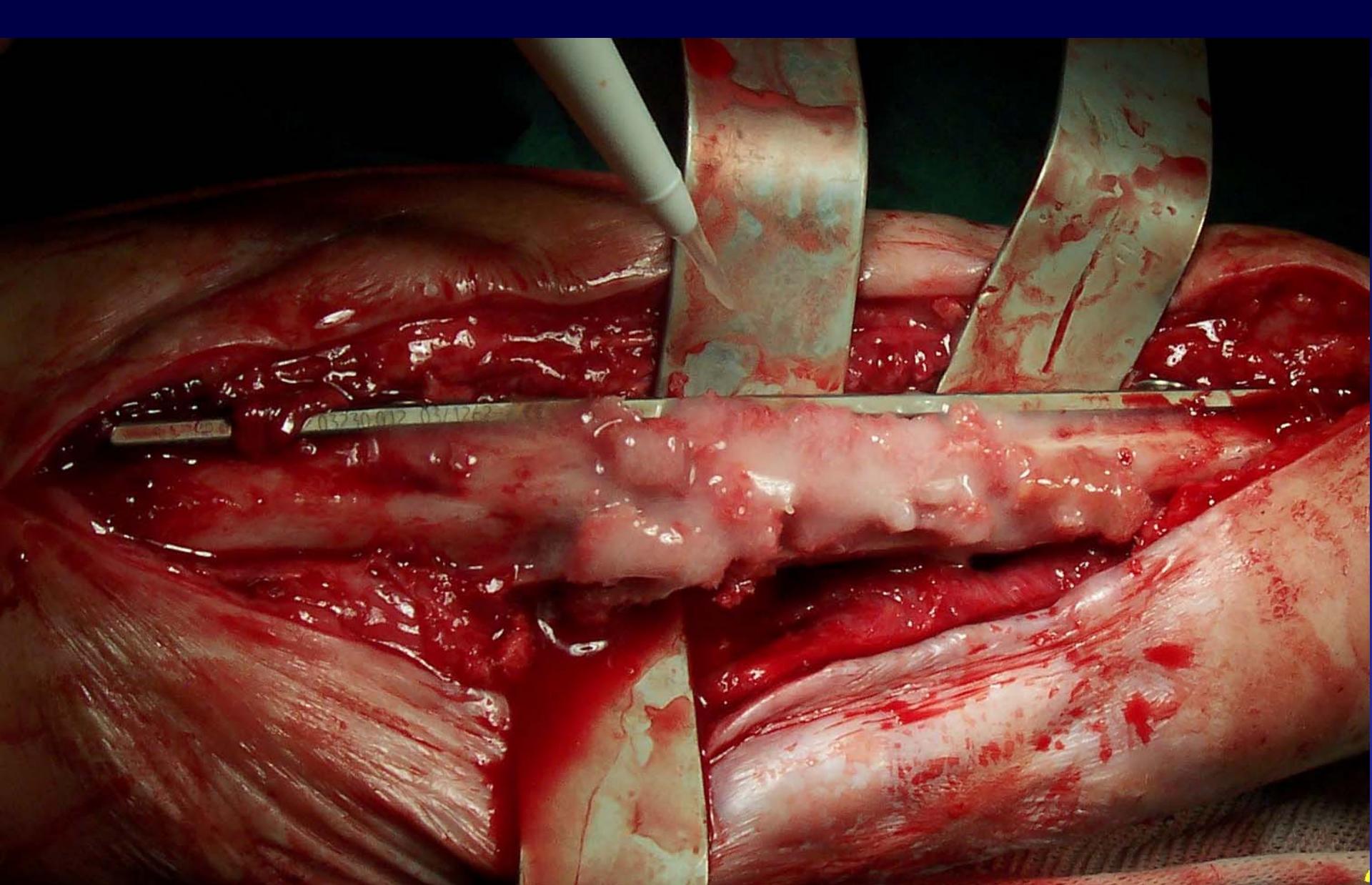


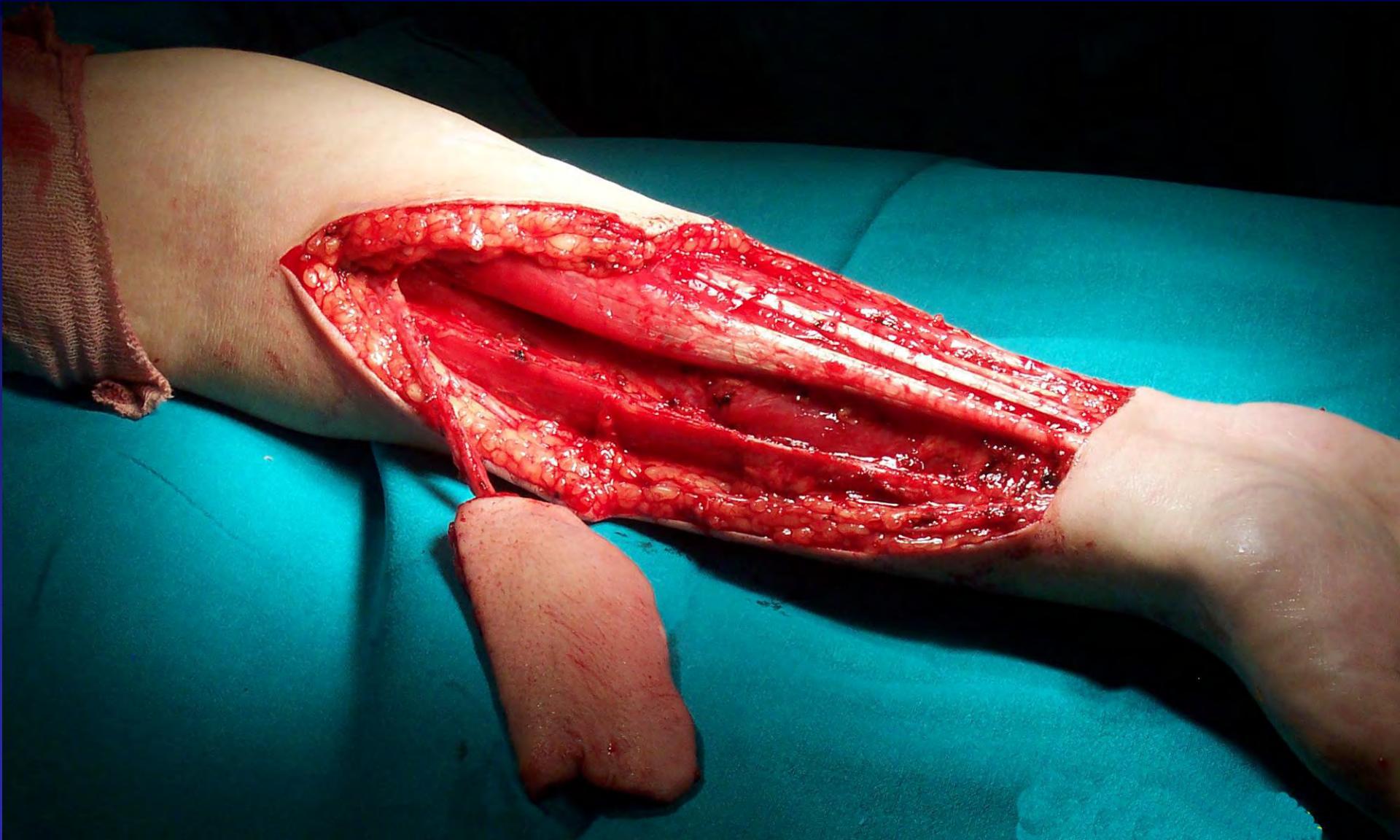


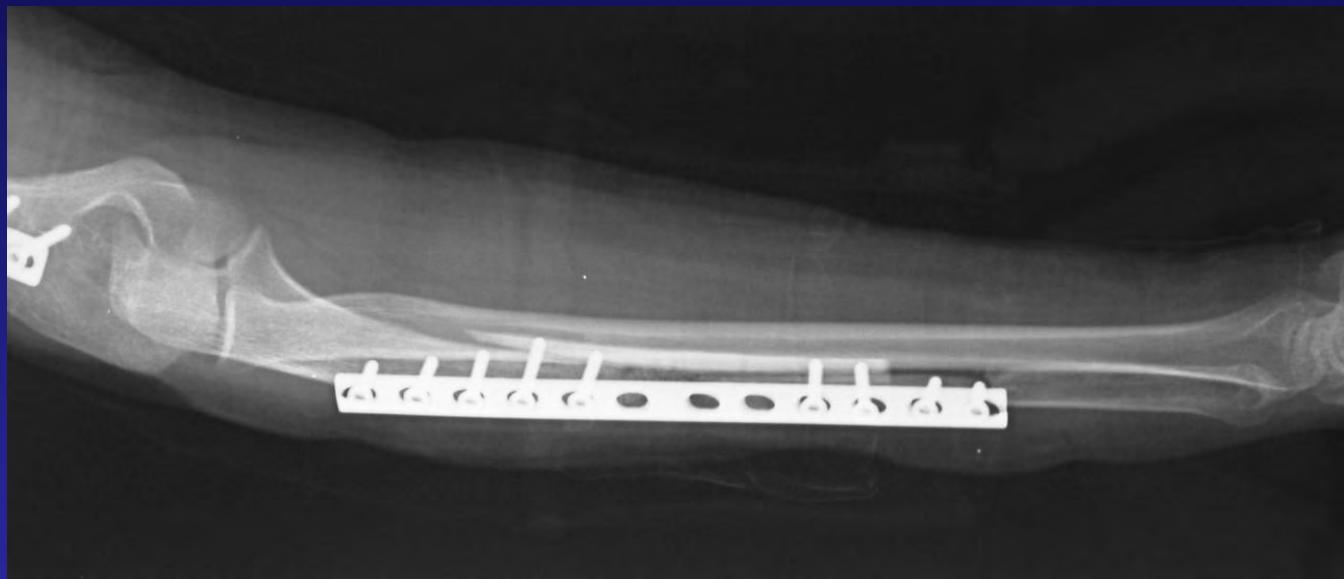




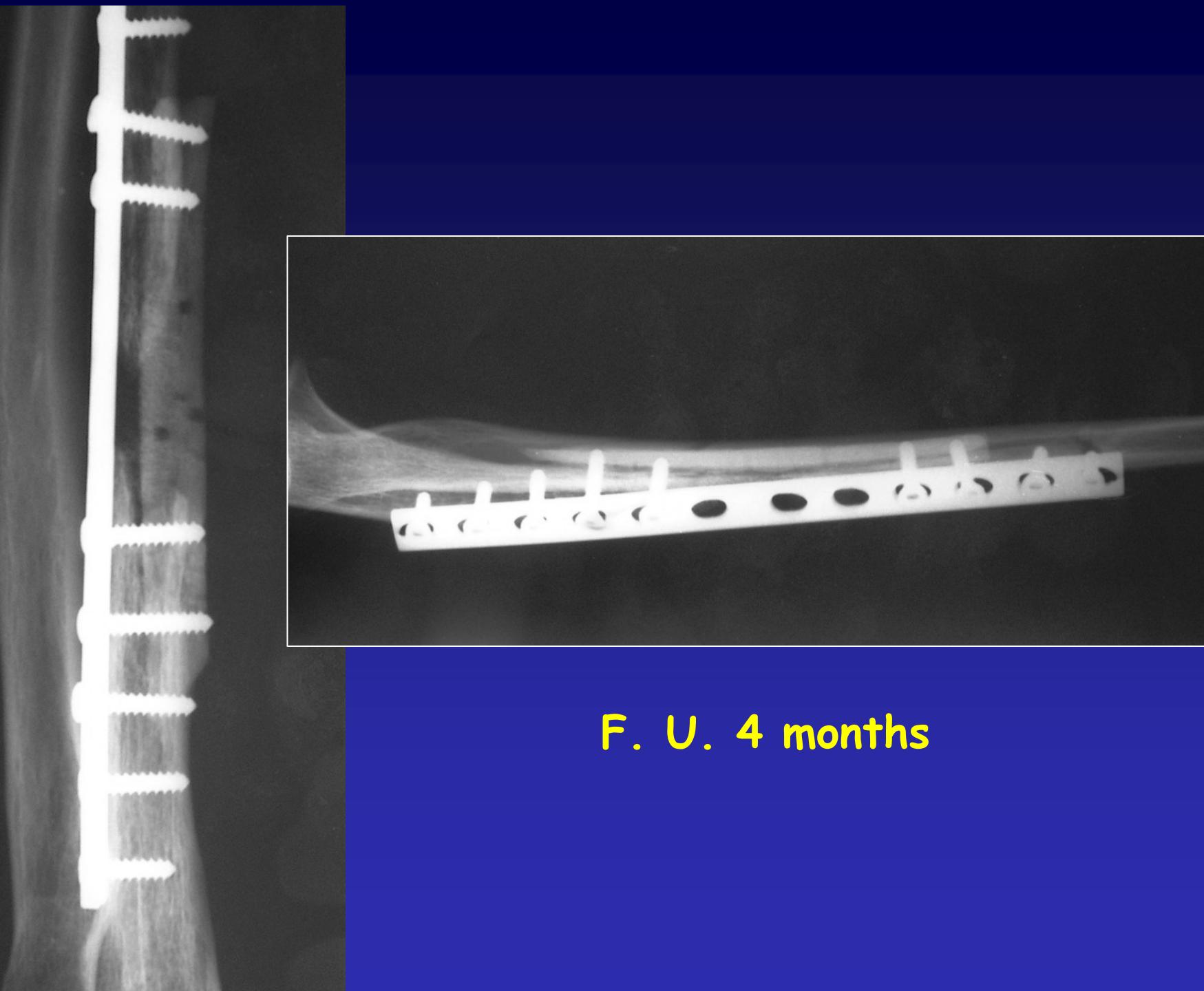








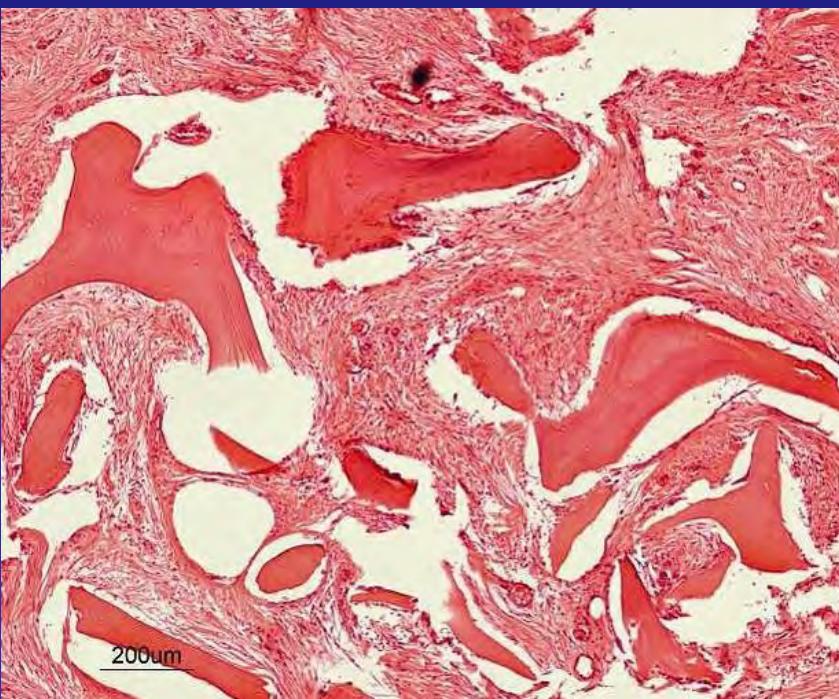
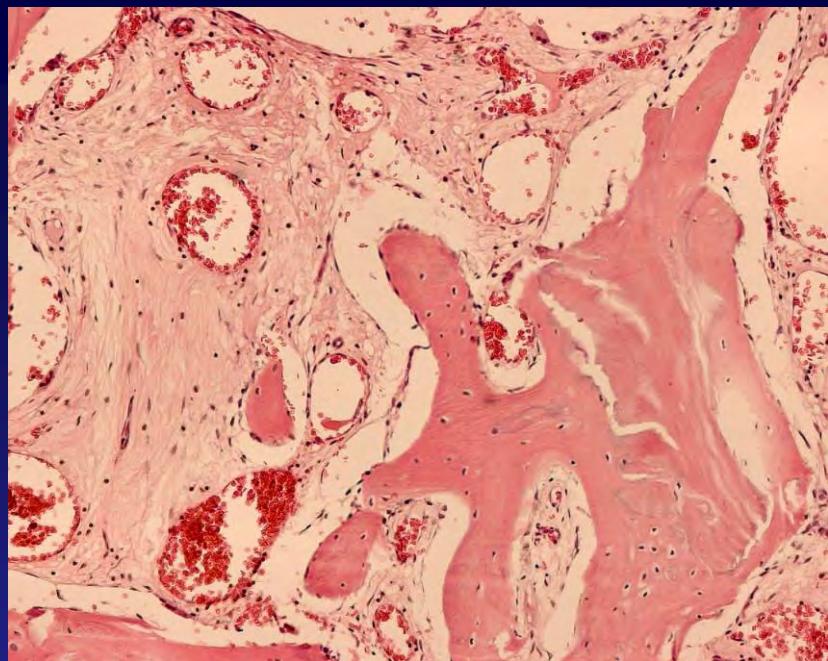
F. U. 2 months

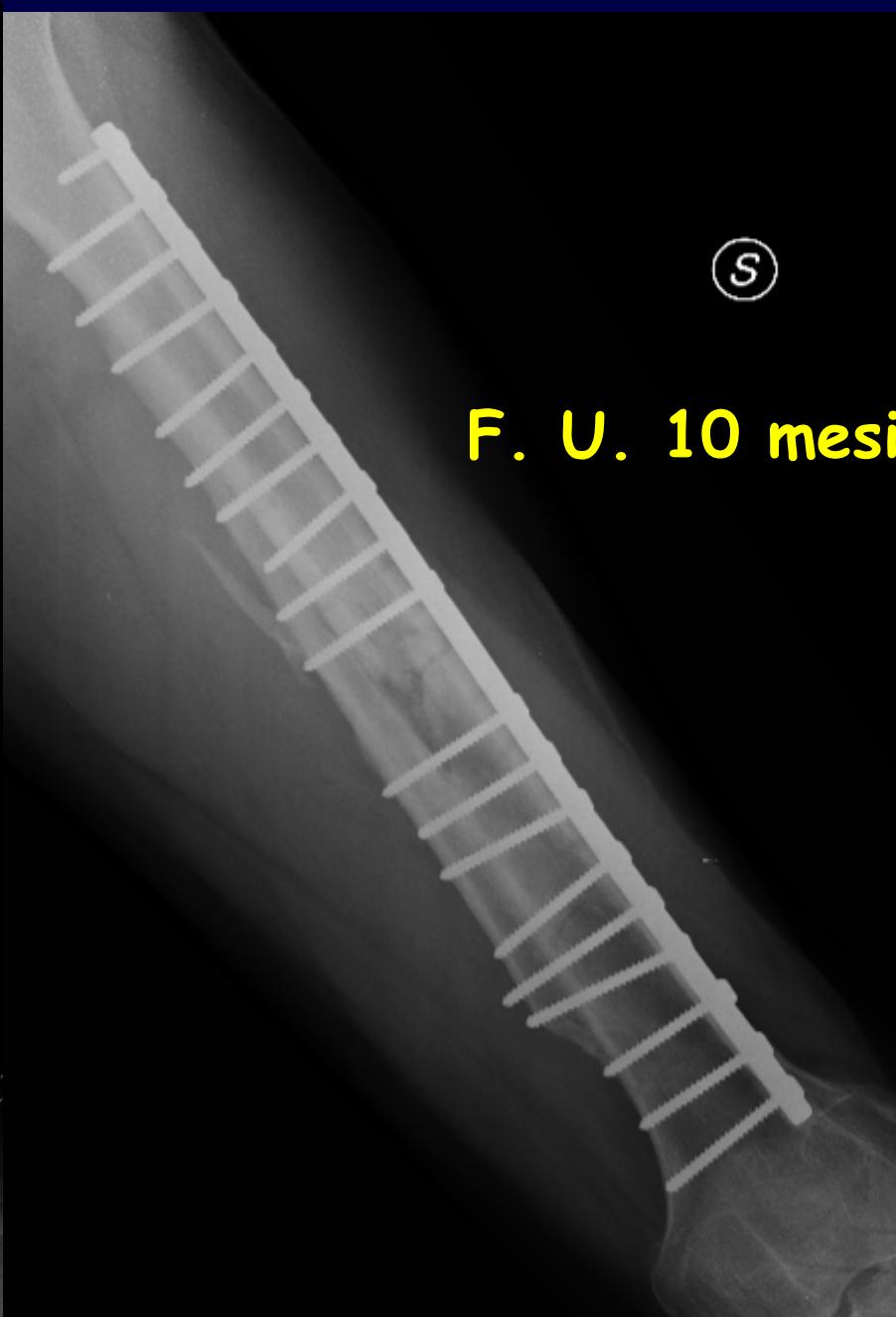


F. U. 4 months



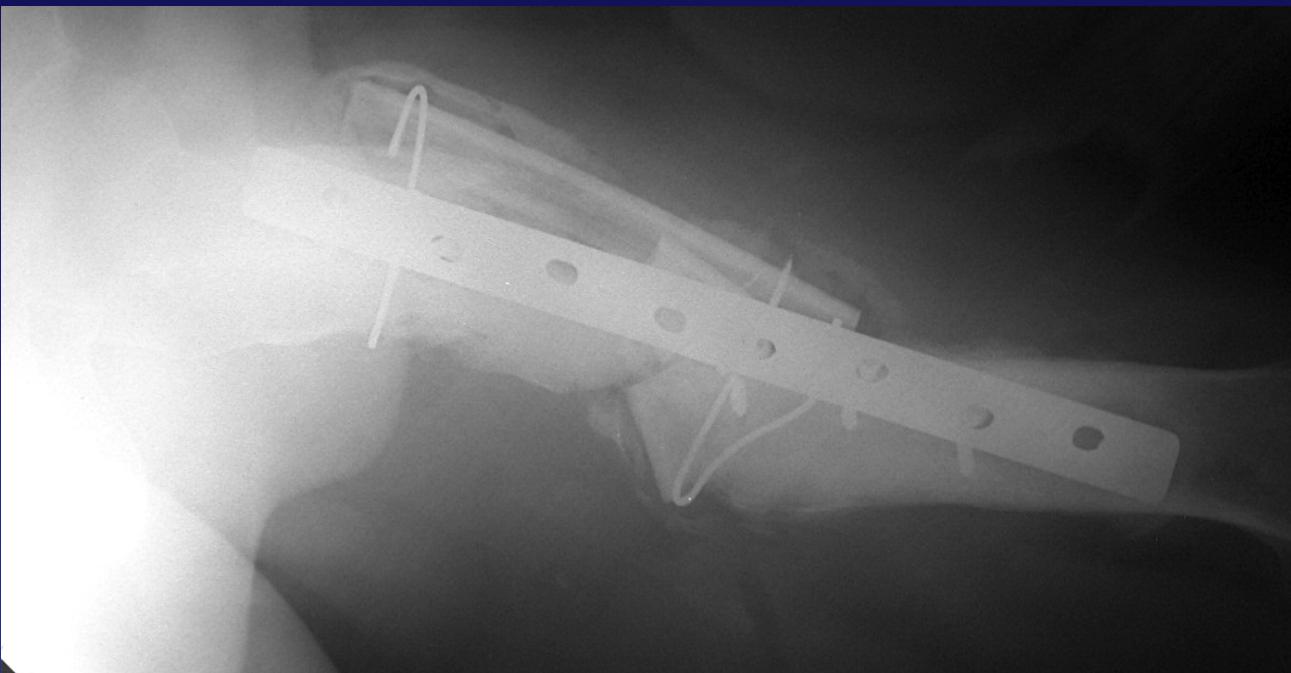
♂ 30 γ



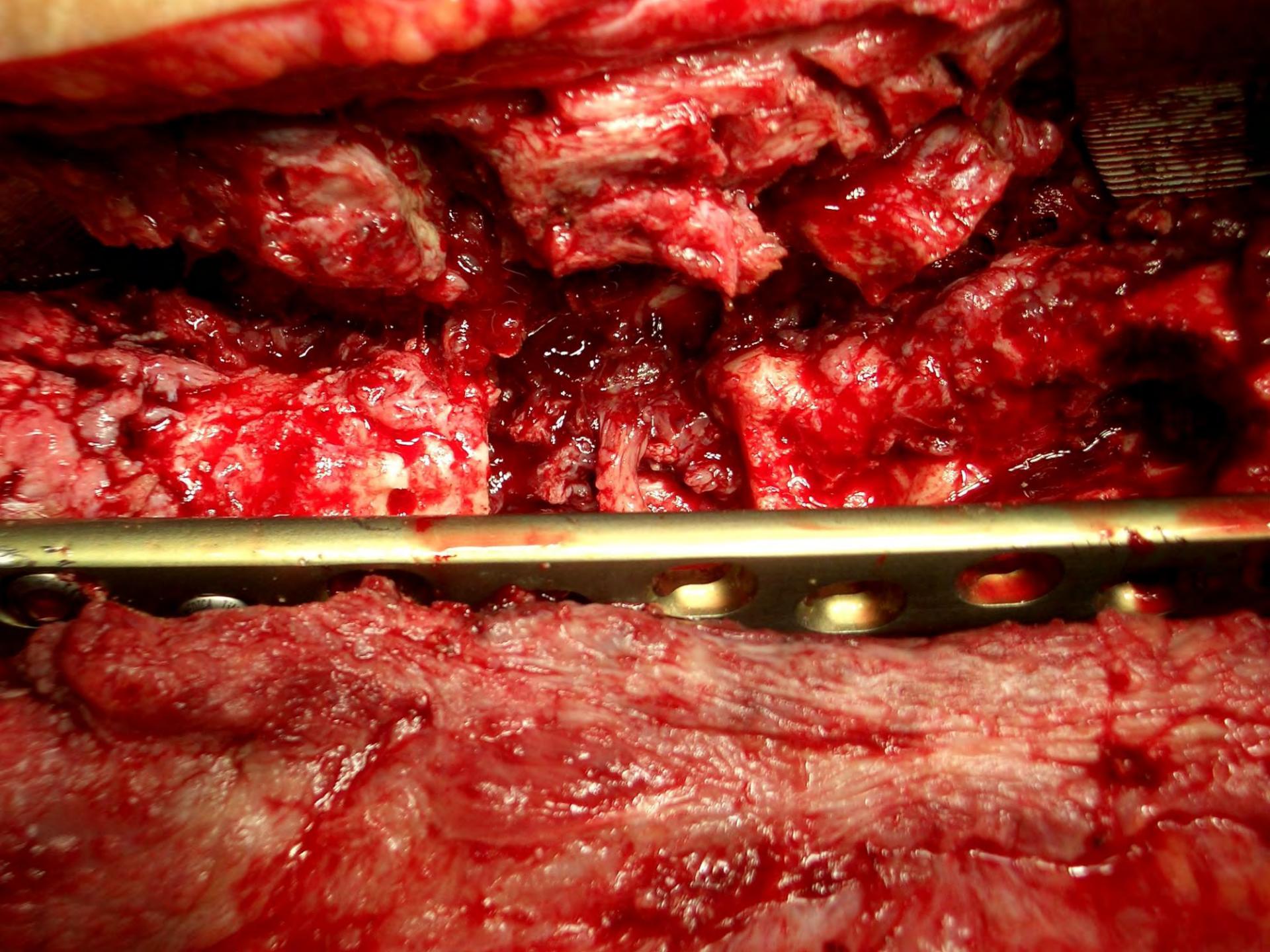


(S)

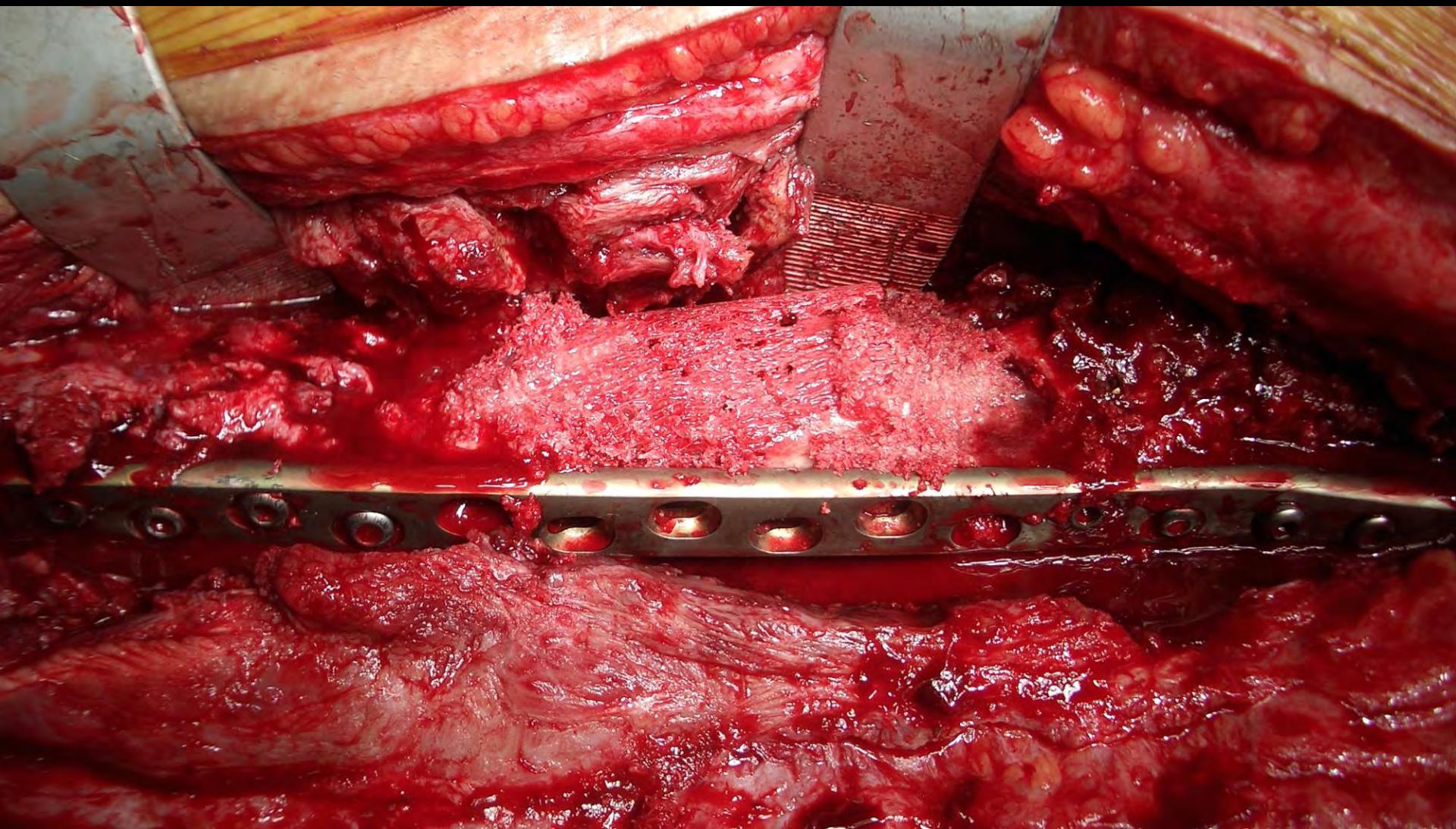
F. U. 10 mesi

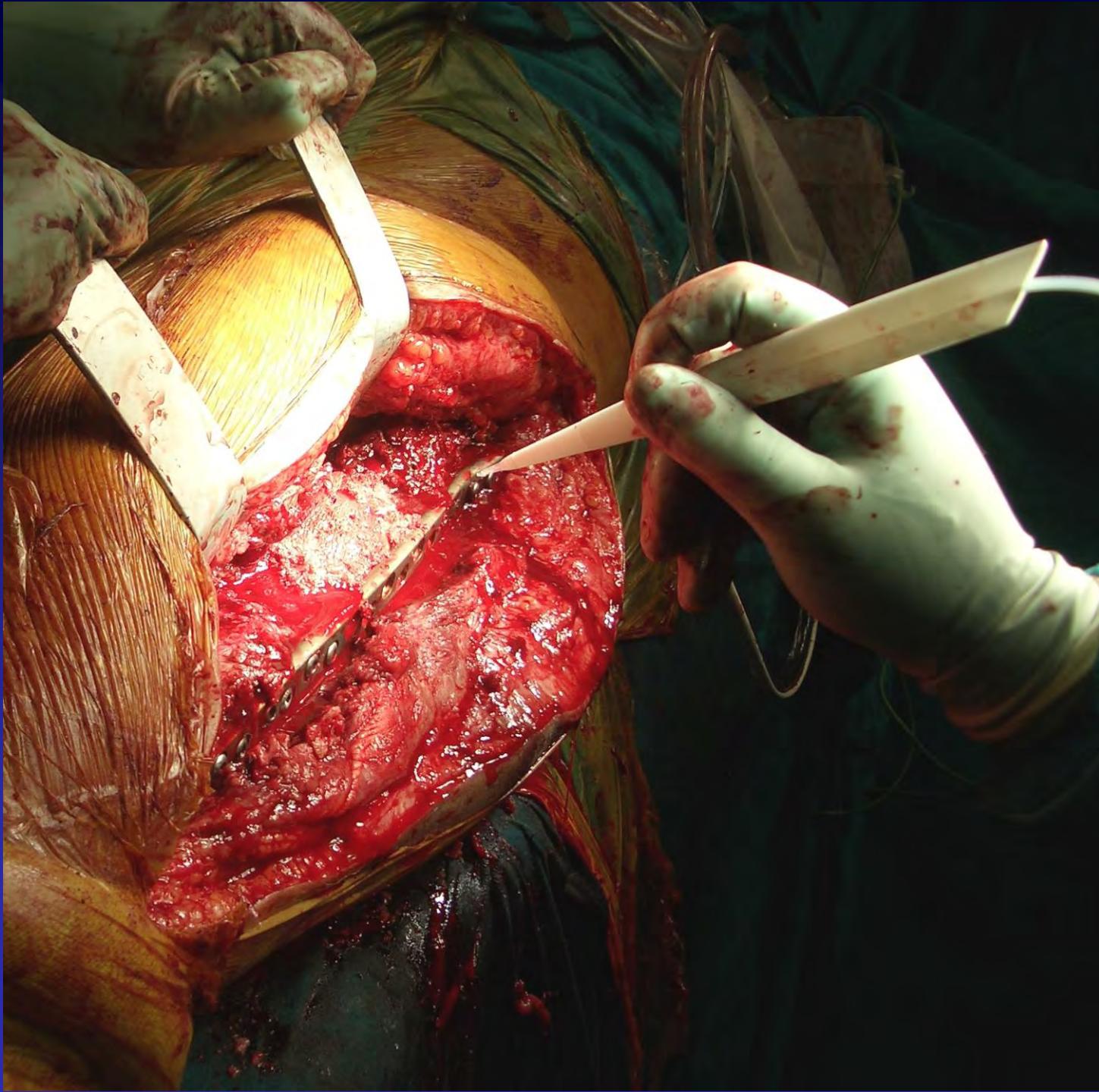


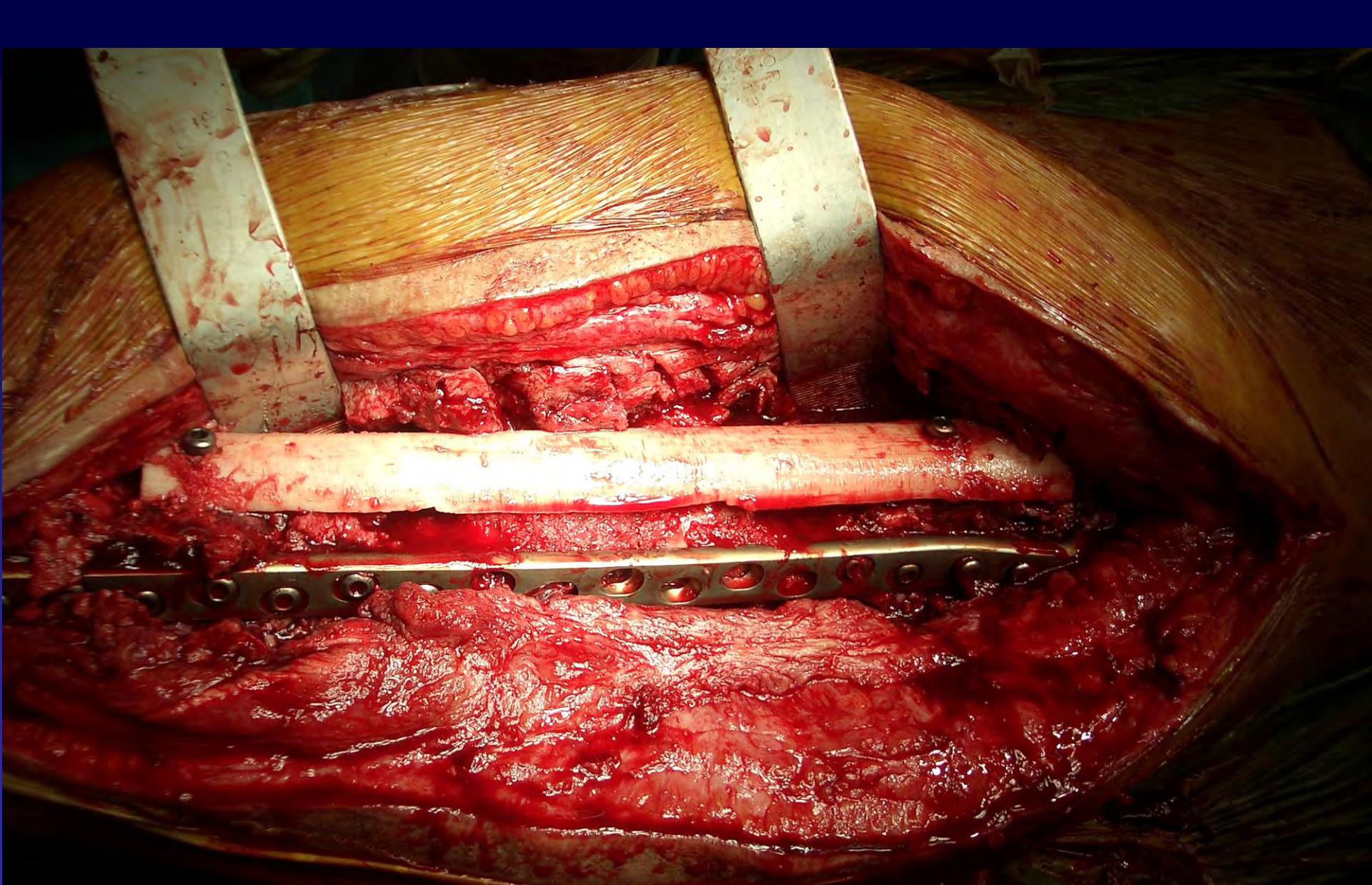
♂ 42 y

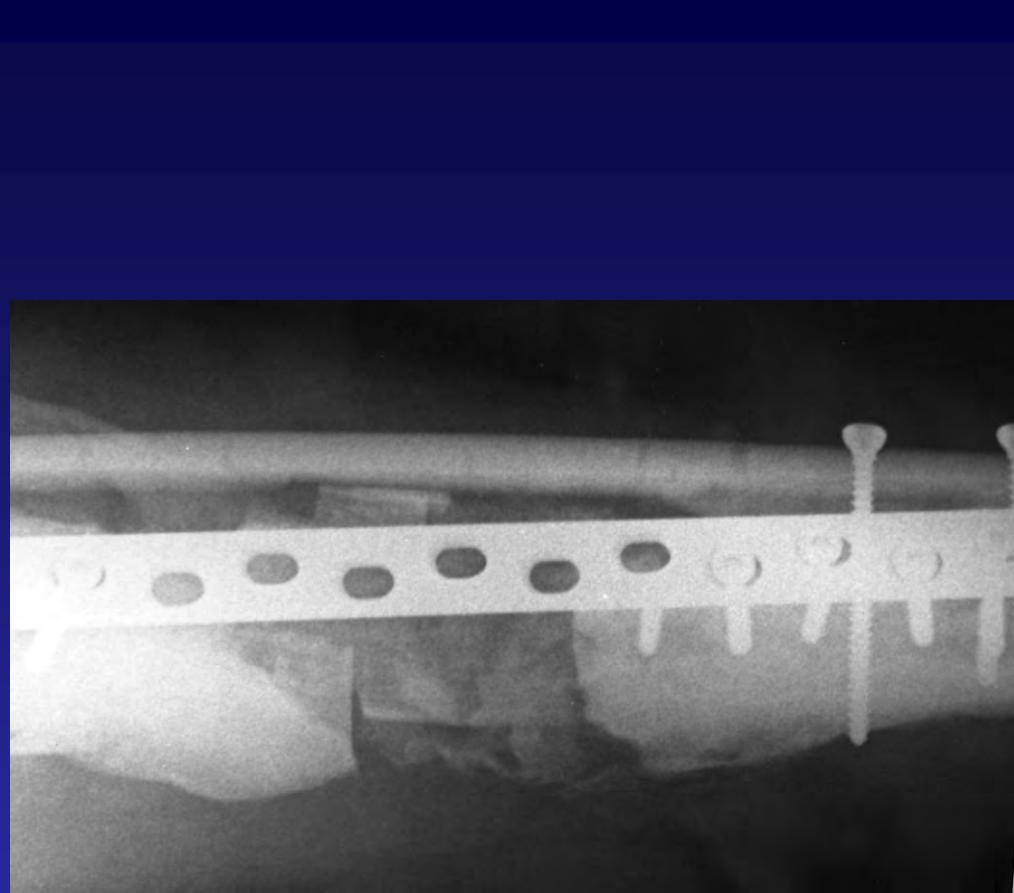
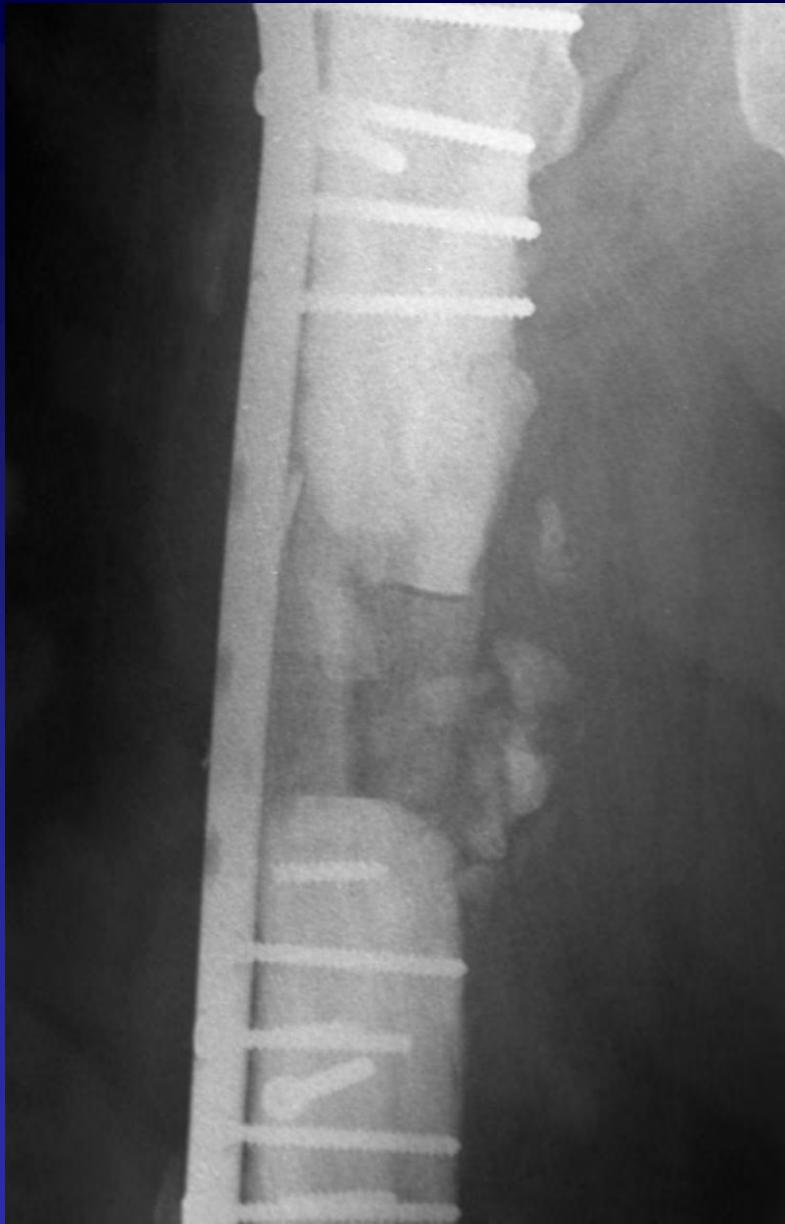




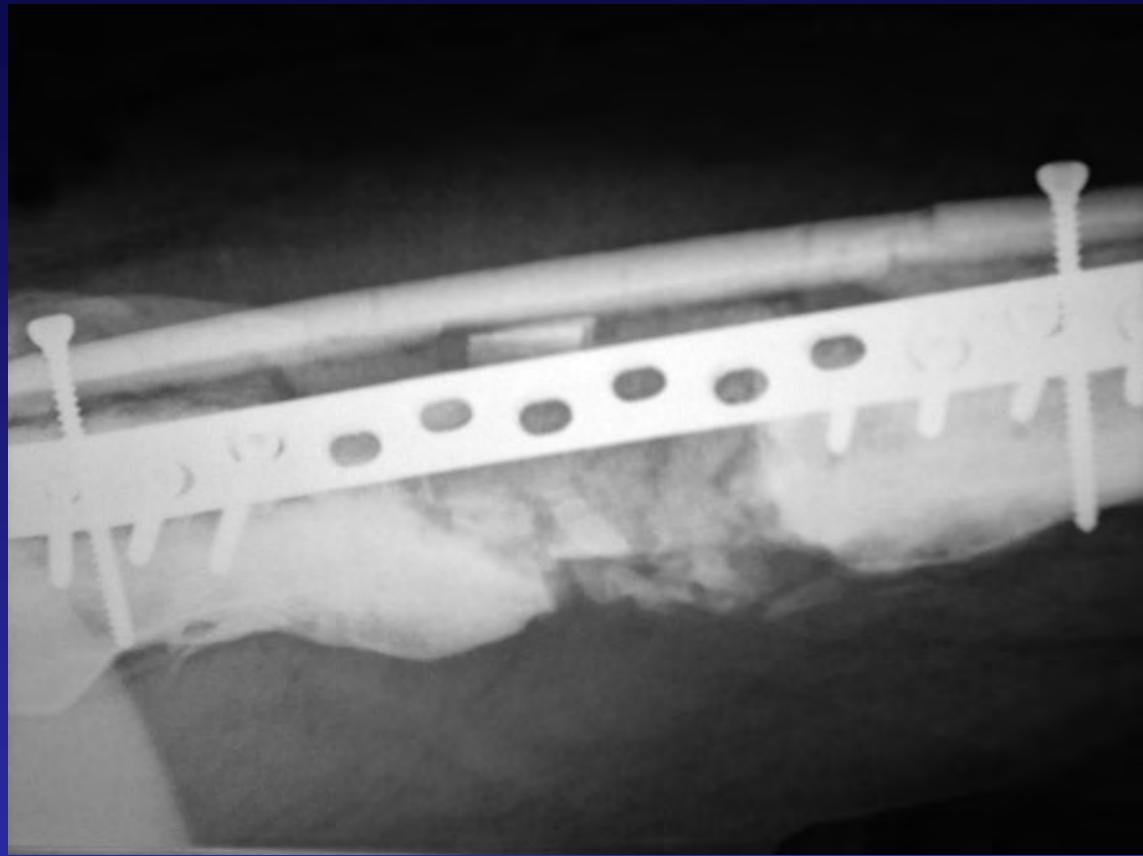








F. U. 40 days



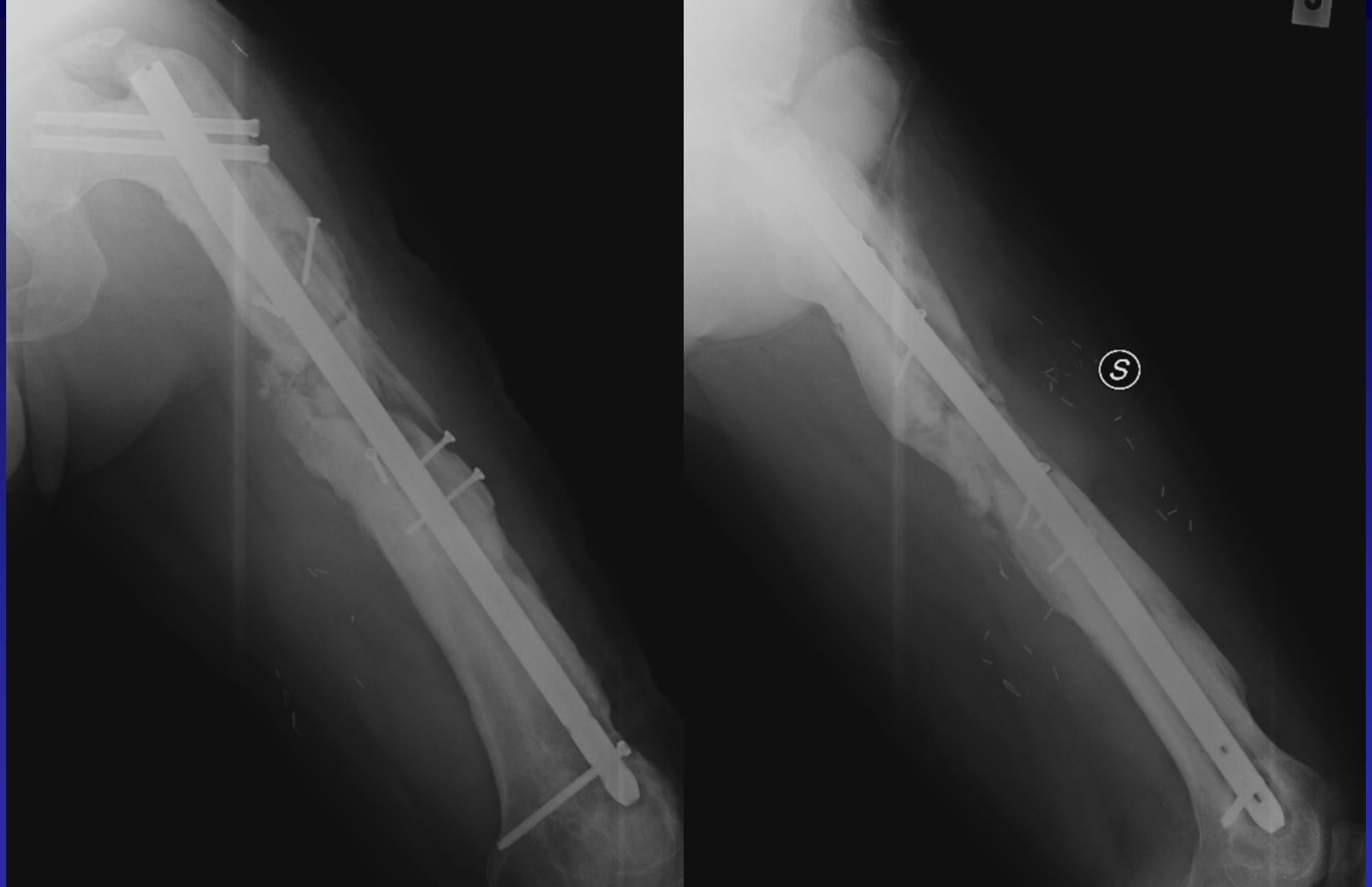
F. U. 4 months





Con perdita



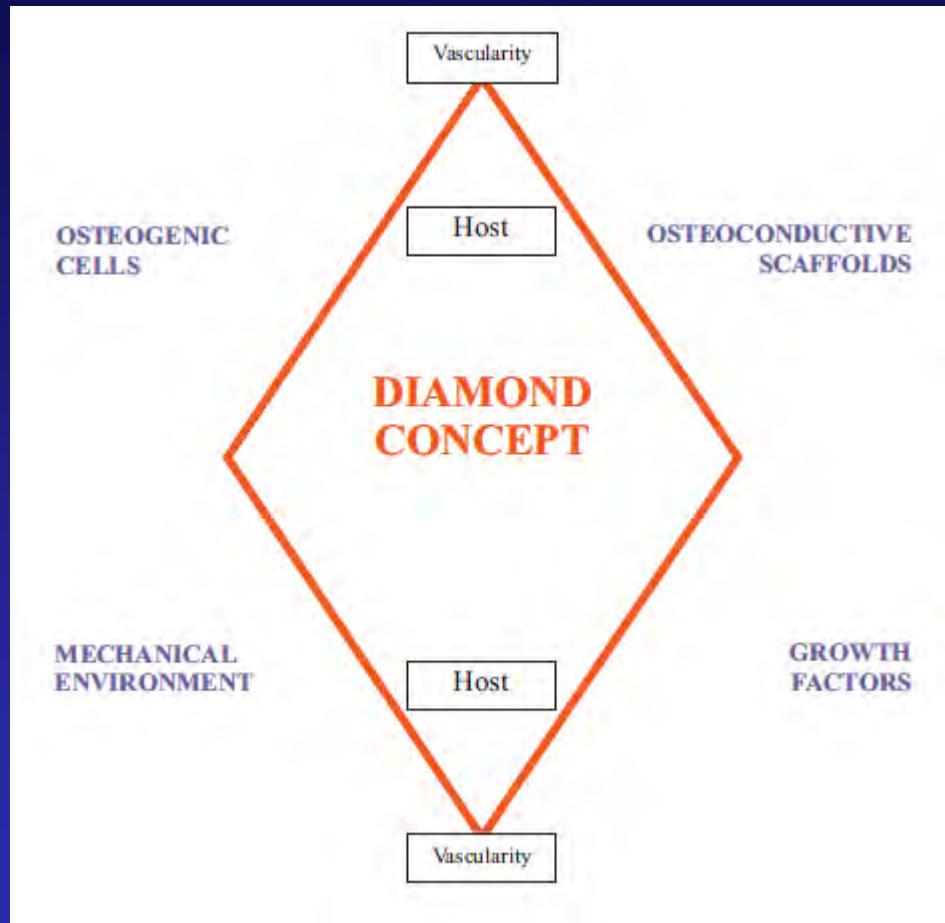


Dopo un anno di terapia  
con Teriparatide



## Rimozione dei mds per infezione cronica

# Regenerative Medicine





... thanks



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